



Dive into Spring LC Meet

April 28, 2018

Sanction # PVC-18-74

Hosted by:



MEET DIRECTOR John Venit, 301-725-7711, dpws@aol.com	MEET REFEREE Cherlynn Venit, dpws@aol.com	CLUB OFFICIALS CHAIR Cherlynn Venit, dpws@aol.com
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SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Potomac Valley Swimming: PVC-18-74 In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Patuxent Aquatics Club and the Fairland Aquatics Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
FACILITY	<p style="text-align: center;">Fairland Aquatics Center 13820 Gunpowder Rd, Laurel MD 20707 301-362-6060</p> <ul style="list-style-type: none"> 8 lanes, 50 meters Water depth of 5' at the starting end and 13' at the turning end. The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2(C).
ENTRY DEADLINE	<p style="text-align: center;">April 16, 2018 at 11:59 PM</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
SCHEDULE	<p>SATURDAY ONLY</p> <p>13 & Over: Warm-up 7:00 – 8:00 AM Events 8:05 AM 12 & Under: Warm-Up 12:00 – 1:00 PM Events 1:05 PM</p> <ul style="list-style-type: none"> Meet Director reserves the right to adjust times/sessions after entries are received.
ELIGIBILITY	<ul style="list-style-type: none"> Open to all registered Potomac Valley Swimmers. Also open to Out of Town Teams. Swimmers shall compete at the age attained on the first day of the meet.
DISABILITY SWIMMERS	<ul style="list-style-type: none"> PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
TIMING SYSTEM	<ul style="list-style-type: none"> Colorado Timing System Pads, buttons and manual timing (Stopwatches) will be used for this meet

RULES	<ul style="list-style-type: none"> • Current USA Swimming rules shall govern this meet. • No on-deck USA-S registration is permitted • Deck entries must be submitted with payment (\$10.00 per event) no later than 30 minutes prior to the first event. No new heats will be created. • In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (i.e., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Dive-over starts will be used at this meet. • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	<ul style="list-style-type: none"> • All events are timed finals. • A swimmer may enter no more than four (4) individual events. <p>Rules: Current United States Swimming rules shall govern the meet.</p>
POSITIVE CHECK IN	<ul style="list-style-type: none"> • All events are pre-seeded
WARM-UP	<ul style="list-style-type: none"> • The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.
SUPERVISION	<ul style="list-style-type: none"> • Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.
SEEDING	<ul style="list-style-type: none"> • Standard seeding will be used
SCORING	<ul style="list-style-type: none"> • N/A
AWARDS	<p>Awards:</p> <ul style="list-style-type: none"> • 12 & under event results will be awarded as “10 & under” and “11-12”. • 13 & over event results will be awarded as “13-14” and “15 & over”. • Open event results will be awarded as 10 & under, 11-12, 13-14 and 15 & over. • For each age group, there will be 3 levels of awards given out based on achieved time standard: <ul style="list-style-type: none"> ♣ Swimmers achieving USA “A” times or faster will receive ribbons for 1st – 8th place. ♣ Swimmers achieving times equal or faster than USA “B” times but slower than USA “A” times will receive ribbons for 1st – 8th place.

	♣ Swimmers achieving times slower than USA “B” times will receive ribbons for 1st – 8th place.
PROGRAMS	<ul style="list-style-type: none"> • Programs will be sold for \$2.00 each
CREDENTIALS	<ul style="list-style-type: none"> • Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
SPECTATOR ENTRY FEE	<ul style="list-style-type: none"> • None
OFFICIALS	<ul style="list-style-type: none"> • Each participating club is requested to provide at least one table worker or official (Referee Starter, Chief Judge or Stoke & Turn Judge) per session if entering 25 or more splashes. • Officials interested in volunteering should contact: Cherlynn Venit email: dpws@aol.com • Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.
TIMERS	<ul style="list-style-type: none"> • Participating clubs are requested to provide timers in proportion to their entries. One timer is requested for each 25 entries. • Sign-Up Genius will be used for Timer Sign-Up and will be posted.
ENTRY PROCEDURES	<ul style="list-style-type: none"> • Entries should be submitted by email to the Meet Director. • Include in the subject of the email, “2018 Dive into Spring LC - ****” with the club’s initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email. • Entries MUST be submitted as LCM times. Time conversions are permitted. Entries with a no time (NT) will be accepted. • Include in entry email: entry file, report of entries by name, report of entries by event. • In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). • Entries directly from individual team members will not be accepted • Entries by phone or fax will not be accepted • The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.
ENTRY FEES	<p style="text-align: center;">Per Swimmer Surcharge: \$3.00 Relay event fee: N/A</p> <p style="text-align: center;">Individual event fee: \$6.00 Deck entries: \$12.00</p> <ul style="list-style-type: none"> • Make checks payable to PAC. • Checks may be mailed to:

Patuxent Aquatics Club
 414 Forest Bridge Ct
 Laurel MD 20724

- Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.

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Girls	13 & Over Events Warm-ups 7-8 AM Events 8:05 AM	Boys
1	13 & Over 200 Free	2
3	13 & Over 100 Back	4
5	13 & Over 100 Breast	6
7	13 & Over 100 Fly	8
9	13 & Over 100 Free	10
11	13 & Over 200 IM	12
13	13 & Over 50 Free	14
	12 & Under Events Warm-ups 12 Noon -1 PM Events 1:05 PM	
15	10 & Under 200 IM	16
17	11-12 200 IM	18
19	10 & Under 100 Back	20
21	11-12 100 Back	22
23	10 & Under 100 Breast	24

25	11-12 100 Breast	26
27	10 & Under 50 Back	28
29	11-12 50 Back	30
31	10 & Under 50 Breast	32
33	11-12 50 Breast	34
35	10 & Under 100 Fly	36
37	11-12 100 Fly	38
39	10 & Under 100 Free	40
41	11-12 100 Free	42
43	10 & Under 50 Fly	44
45	11-12 50 Fly	46
47	10 & Under 50 Free	48
49	11-12 50 Free	50