

PVS 2018 14 & U Junior Olympic **Championships**

March 15-18, 2018 Sanction # PVS-18-66



Hosted for PVS by:

MEET DIRECTOR

MEET REFEREE

ADMIN OFFICIAL

Paris Jacobs paris@machineaquatics.com Jan van Nimwegen jnimwegen@earthlink.net Tukkie McMillan mushumail@yahoo.com

SANCTION	Held under the sanction of USA Swimming	ng through Potomac Valle	ey Swimming: PVS-18-66			
	 In granting this sanction it is understood Swimming, Machine Aquatics and Unive and harmless from any and all liabilities anyone during the conduct of this event 	rsity of Maryland, Eppley or claims for damages ari	Rec Center shall be held free			
FACILITY	Epple Colleg	aryland College Park Cam y Recreation Center ge Park, MD, 20740 301-266-4400 rtified in accordance with				
	deep at the starting end and 10.5' deep					
	Seven lanes of continuous warm up/cool down will be available.					
PARKING	Deck Parking will be available for advance purchase. A link will be posted on the <u>Potomac Valley Swimming website Schedule Page</u> . Cost of parking will be approximately \$10.00-\$12.00 per day.					
ENTRY DEADLINE	Tuesday, March 6, 2018, 7:00pm					
	IMPORTANT: The above date is the dear Director. Therefore, clubs usually set an Check with your club for this information	earlier deadline to receiv				
SCHEDULE		Warm Up	Events			
	Thursday, March 15 Timed Finals	4:30 - 5:30pm	5:40pm			
	Friday, Saturday, Sunday, Marc	h 16-18				
	11-14 Prelim Session	7:00 – 8:20am	8:30am			
	10 & U Prelim Session	12:40- 2:20pm	1:30pm			
	Finals Session	5:00 – 5:50pm	6:00pm			
	Meet Director reserves the right to adju-	st times/sessions after er	ntries are received.			
ELIGIBILITY	Open to all Potomac Valley Swimming re	egistered athletes.				
	,	Swimmers may only participate in his or her own age group, based upon their age on the first day				
	Swimmers must have equaled or bettered the applicable SCY or LCM qualifying times listed.					

	• Times achieved prior to March 10, 2016 will not be permitted. Qualifying times must have been achieved in USA Swimming sanctioned, observed or approved meets.
	• Entry times will be verified through SWIMS. Coaches will be asked to provide proof of times when asked by the Meet Director for any time not found in SWIMS. Failure to prove such a time before the event, will result in the swimmer being scratched from that event.
	• Distance Entries: Any swimmer who qualifies for the 1000yd and/or 1650 yd freestyle events may enter at their fastest time or at the Time Standard, if entered in two or more events on the day of the distance freestyle.
DISABILITY SWIMMERS	• PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
INCLEMENT WEATHER	• In the event of inclement weather, the Meet Director, Meet Referee and Age Group Chair will work with the facility manager to make any necessary changes. Information will be posted on the PVS web site and/or a Flash Mail will be sent out.
TIMING SYSTEM	Automatic Timing (touchpads primary) will be used for this meet.
RULES	Current USA Swimming rules shall govern this meet.
	No on-deck USA-S registration is permitted.
	 In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (i.e., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.
	Deck changes are prohibited.
	 Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
	 Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
	Dive-over starts will be used during the preliminary sessions.
EVENT RULES	All individual events are prelims and finals except the 11-12 and 10 & Under 500 yd Freestyle and the 14 & Under 1000 yd & 1650 yd Freestyle which are timed finals.
	• A swimmer may enter and compete in a maximum of 6 individual events and no more than 3 individual events per day.
	• A club may enter up to 3 relay teams per relay events, but only two relays teams per club per event may score.
	• Except where otherwise noted the 10 & Under events will have 1 heat at Finals, the 11-12, 12 & Under, 13-14 and 14 & Under events will have 2 heats at Finals, swum in the order of "B", "A".
	The 11-12 500 yd freestyle and the 14 & U 1000 yd and 1650 yd Freestyle events will be swum fastest to slowest.
	• The fastest heat of the Women's 14 & U 1000 yd and Men's 14 & U 1650 yd Freestyle and the Women's and Men's 10 & Under 500 yd Freestyle will be swum as the first events of the Finals session on Sunday.

	 Swimmers of the 500 yd, 1000 yd and 1650 yd events are responsible for providing their own timer and counter; except for those swimming in Finals on Sunday.
	All relays are timed finals and will be swum in the preliminary sessions.
	Boys and girls will swim in separate courses for the preliminary sessions. Plan your events accordingly.
	SCY entry times are conforming times for this meet. LCM entry times are non-conforming times and will be seeded after SCY entries. NT entries will not be accepted.
	No late entries are permitted.
	No deck entries will be accepted.
WITHDRAWING FROM FINALS	1 v3 scratch raies apply for swiffiners scratching from finals.
	 If you do not wish to swim in the Final, you may "scratch" from the event by following this procedure:
	 You must fill out and sign a PVS Finals Scratch Slip within 30 minutes of the announcement of qualifiers for "A" or "B" finals, if scheduled.
	You may declare "intent to scratch". You must fill out and sign a PVS Finals Scratch Slip within 30 minutes of the announcement of qualifiers, marking the appropriate space for "intent". If you declare an "intent to scratch" and do not wish to swim finals, you must confirm your scratch on the PVS Finals Scratch Slip within 30 minutes after the conclusion of your last preliminary event of the day or you will be automatically seeded into the event.
	• If an athlete fails to properly scratch from an event and does not appear for the "Final" event, they "shall be barred from further competition for the remainder of the meet."
POSITIVE CHECK IN	 Positive check-in is required for all individual events and relays 400 yd and longer. Swimmers who do not check-in will not be seeded into that event. Athletes who have checked in, have been seeded, and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Meet Referee before the event takes place.
	• See the check-in deadlines later in this Meet Announcement. Note: check-in for the Sunday 1000 yd/1650 yd events must be done by 6:30 pm Saturday.
	• If the size of the PVS 14 & Under Championships warrants, positive check-in for individual events 200 yd and shorter may be announced.
TIME TRIALS	There are no time trials for this meet
WARM-UP	The prescribed PVS warm-up procedures and safety policies will be followed.
	The Meet Director may determine the structure of Warm-up, times/lane assignments.
	 During the meet there will be continuous warm-up/cool-down lanes. Marshals will be assigned to monitor these areas. If at any time conditions become unsafe, the area will be closed for the remainder of the session.
SUPERVISION	Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.
SCORING	 Individual: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2
AWARDS	Medals will be awarded 1 st through 8 th place for individual events and 1 st through 3 rd place for relay events.
	High point awards will be presented to the male and female athlete with the highest point total in individual events in the following age groups: 10 & Under, 11-12, 13-14.

	Relay events will not be used to determine high point awards.
PROGRAMS	 Programs for all sessions will be available for \$10, and will include coupons for finals programs for each evening free of charge; however if positive check in for all events is necessary, then programs may be made available session by session.
CONCESSIONS	Will be sold by the University of Maryland
CREDENTIALS	 Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
OFFICIALS	 This meet will be an Officials Qualifying Meet, under the USA Swimming National Certification program. Officials wishing to volunteer should submit an <u>Application to Officiate</u>; any official interested in being evaluated must submit an Application to Officiate no later than March 1, 2018, noting the request for evaluation. You can review information about the National Certification Program on the <u>USA Swimming Website</u>. Interested officials may also contact the Meet Referee, Jan van Nimwegen (<u>inimwegen@earthlink.net</u>). Walk-ons are welcome.
	• Each participating club is requested to provide at least one table worker or official (referee, starter or stroke & turn judge) per session if entering 25 or more splashes
	 Participating clubs are required to provide timers in proportion to their entries. One timer is required for each 25 entries.
	• The host club will strive to provide one timer per lane. The Meet Director may send out a request for timers based upon entries.
ENTRY PROCEDURES	Send all entries to: entries@machineaquatics.com
	• Include in the subject of the email, "2018 PVS 14 & U JO Champs - ***" with the clubs initials in place of the asterisks. Also include training site if your club submits multiple entry files.
	• Entry email must include a coach's cell phone number that they will answer between prelims and finals, in case a swimmer scratches into finals and needs to be notified. We will also try and provide text message accessibility in the weeks leading up to the meet.
	• The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the meet director.
	 Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.
	All Relay-only swimmers must be listed on the meet entry in order to participate in the meet.
ENTRY FEES *New Procedures*	Per Swimmer Surcharge: \$0.00 Relay event fee: \$12.00 Individual event fee: \$8.00 Deck entries: NA • Clubs will be invoiced by PVS for entry fees after completion of the meet. Payment will be due
	upon receipt of invoice. The invoice will outline the methods of payments and where to send a check.

Thursday, March 15, 2018

Distance Events

Warm up: 4:30-5:30pm, Events: 5:40pm

Women's Event #	SCY QT	LCM QT	Event	SCY QT	LCM QT	Men's Event #
1	19:39.99	21:26.69	14 & Under 1650 yd Freestyle			
			14 & Under 1000 yd Freestyle	11:09.99	10:47.09	2
3	5:55.99	5:28.39	11-12 500 yd Freestyle	5:55.99	5:28.69	4

All Events are Positive Check-in

Positive Check-in deadline for 1650 yd Freestyle and 1000 yd Freestyle is 5:00 pm Positive Check-in deadline for 500 Freestyle is 6:00 pm

The 11-12 500 yd, Women's 14 & U 1650 yd, and Men's 14 & U 1000 yd Freestyle are timed finals and will be swum fastest to slowest.

All swimmers are to provide their own timer and counter (if needed) for all events in this session.

Friday, March 16, 2018

11-14 Prelim Events

Warm up: 7:00-8:20 am, Events: 8:30 am

Women's Event #	SCY QT	LCM QT	Event	SCY QT	LCM QT	Men's Event #
5	2:12.99	2:23.49	11-12 200 yd Medley Relay	2:12.99	2:25.49	6
7			13-14 200 yd Medley Relay			8
9	2:30.99	2:51.69	12 & Under 200 yd Backstroke	2:32.69	2:53.79	10
11	1:14.49	1:26.59	13-14 100 yd Breaststroke	1:09.79	1:23.49	12
15	37.19	42.99	11-12 50 yd Breaststroke	37.59	44.09	16
17	2:03.99	2:20.49	13-14 200 yd Freestyle	1:56.99	2:15.49	18
21	1:01.39	1:10.99	11-12 100 yd Freestyle	1:02.39	1:10.19	22
23	1:04.59	1:13.99	13-14 100 yd Butterfly	1:00.99	1:10.99	24
27	31.19	36.89	11-12 50 yd Butterfly	31.99	36.79	28
29	5:00.99	5:49.59	14 & Under 400 yd Individual Medley	4:46.59	5:57.09	30
33	2:33.19	2:59.59	11-12 200 yd Individual Medley	2:33.39	2:59.59	34
35	8:59.99	10:45.19	13-14 800 yd Freestyle Relay	8:59.99	10:45.19	36

If your team qualifies for the 13-14 400 yd Medley Relay, it also qualifies for the 200 yd Medley Relay 400 yd Individual Medley and 800 yd Freestyle Relay are Positive Check-in

All 800 Freestyle Relays will be swum as Timed Finals during Prelims

Positive check-in deadline for 400 yd Individual Medley and 800 yd Freestyle Relay is 8:30 am

Friday, March 16, 2018

10 & Under Prelim Events

Warm up: 12:40-1:20 pm, Events: 1:30 pm

Women's Event #	SCY QT	LCM QT	Event	SCY QT	LCM QT	Men's Event #
13	43.09	49.59	10 & Under 50 yd Breaststroke	43.59	50.39	14
19	1:12.29	1:22.79	10 & Under 100 yd Freestyle	1:11.99	1:22.69	20
25	37.09	42.69	10 & Under 50 yd Butterfly	37.39	42.79	26
31	2:57.99	3:30.19	10 & Under 200 yd Individual Medley	2:57.99	3:31.29	32

Friday, March 16, 2018

FINALS

Warm up: 5:00-5:50 pm, Events: 6:00 pm

Women's Event #	Event	Men's Event #
9	12 & Under 200 yd Backstroke	10
11	13-14 100 yd Breaststroke	12
13	10 & Under 50 yd Breaststroke	14
15	11-12 50 yd Breaststroke	16
17	13-14 200 yd Freestyle	18
19	10 & Under 100 yd Freestyle	20
21	11-12 100 yd Freestyle	22
23	13-14 100 yd Butterfly	24
25	10 & Under 50 yd Butterfly	26
27	11-12 50 yd Butterfly	28
29	14 & Under 400 yd Individual Medley	30
31	10 & Under 200 yd Individual Medley	32
33	11-12 200 yd Individual Medley	34

Saturday, March 17, 2018

11-14 Prelim Events

Warm up: 7:00-8:20 am, Events: 8:30 am

Women's Event #	SCY QT	LCM QT	Event	SCY QT	LCM QT	Men's Event #
37	1:56.99	2:15.59	11-12 200 yd Freestyle Relay	1:55.99	2:15.59	38
39	1:50.99	2:09.89	13-14 200 yd Freestyle Relay	1:44.99	2:04.29	40
41	2:48.99	3:10.19	12 & Under 200 yd Butterfly	2:43.99	3:12.09	42
43	2:21.19	2:44.99	13-14 200 yd Individual Medley	2:13.59	2:38.19	44
47	1:11.19	NA	11-12 100 yd Individual Medley	1:11.29	NA	48
49	2:39.99	3:08.09	13-14 200 yd Breaststroke	2:31.39	2:59.69	50
53	1:21.19	1:32.39	11-12 100 yd Breaststroke	1:21.59	1:34.59	54
55	1:04.99	1:15.49	13-14 100 yd Backstroke	1:02.19	1:14.29	56
59	32.59	38.79	11-12 50 yd Backstroke	33.09	39.19	60
61	26.29	30.59	13-14 50 yd Freestyle	24.99	28.99	62
65	2:15.99	2:35.89	11-12 200 yd Freestyle	2:14.99	2:39.19	66
67	5:28.09	5:01.69	13-14 500 yd Freestyle	5:13.69	4:57.39	68
69	4:50.99	5:38.99	11-12 400 yd Medley Relay	4:50.99	5:40.09	70
71	4:30.99	5:21.99	13-14 400 yd Medley Relay	4:12.99	5:17.49	72

500 Freestyle and 400 Medley Relay are Positive Check-in

Positive check-in deadline for 500 Free and 400 Medley Relay is 8:30 am

All swimmers are to provide their own timer and counter (if needed) for the 500 Freestyle Events

Saturday, March 17, 2018

10 & Under Prelim Events

Warm up: 12:40-1:20 pm, Events: 1:30 pm

Women's Event #	SCY QT	LCM QT	Event	SCY QT	LCM QT	Men's Event #
45	1:22.09	NA	10 & Under 100 yd Individual Medley	1:21.79	NA	46
51	1:33.39	1:48.49	10 & Under 100 yd Breaststroke	1:33.39	1:50.09	52
57	38.29	43.99	10 & Under 50 yd Backstroke	38.49	44.29	58
63	2:36.99	2:59.99	10 & Under 200 yd Freestyle	2:35.59	2:59.99	64
73	2:35.99	3:00.79	10 & Under 200 yd Medley Relay	2:35.99	3:00.79	74

Saturday, March 17, 2018

FINALS

Warm up: 5:00-5:50 pm, Events: 6:00 pm

Women's Events #	Event	Men's Event #			
41	12 & Under 200 yd Butterfly	42			
43	13-14 200 yd Individual Medley	44			
45	10 & Under 100 yd Individual Medley	46			
47	11-12 100 yd Individual Medley	48			
49	13-14 200 yd Breaststroke	50			
51	10 & Under 100 yd Breaststroke	52			
53	11-12 100 yd Breaststroke	54			
55	13-14 100 yd Backstroke	56			
57	10 & Under 50 yd Backstroke	58			
59	11-12 50 yd Backstroke	60			
61	13-14 50 yd Freestyle	62			
63	10 & Under 200 yd Freestyle	64			
65	11-12 200 yd Freestyle	66			
67	13-14 500 yd Freestyle	68			
Positive check-in deadline for Sunday's 1000 yd/1650 yd events					

is 6:30 pm Saturday

Sunday, March 18, 2018

11-14 Prelim Events

Warm up: 7:00-8:20 am, Events: 8:30 am

Women's Event #	SCY QT	LCM QT	Event	SCY QT	LCM QT	Men's Event #
75	4:15.99	4:49.29	11-12 400 yd Freestyle Relay	4:15.99	4:49.29	76
77	4:05.99	4:42.49	13-14 400 yd Freestyle Relay	3:49.79	4:28.69	78
81	2:52.99	3:23.59	12 & Under 200 yd Breaststroke	2:53.69	3:23.59	82
83	2:17.99	2:43.29	13-14 200 yd Backstroke	2:12.49	2:39.99	84
87	1:10.99	1:22.49	11-12 100 yd Backstroke	1:10.99	1:22.99	88
89	57.59	1:04.89	13-14 100 yd Freestyle	53.99	1:02.99	90
93	28.19	32.79	11-12 50 yd Freestyle	28.39	32.59	94
95	2:27.99	2:55.29	13-14 200 yd Butterfly	2:19.09	2:47.59	96
99	1:11.99	1:23.99	11-12 100 yd Butterfly	1:12.29	1:25.89	100
101	11:39.99	10:42.59	14 & Under 1000 yd Freestyle			
			14 & Under 1650 yd Freestyle	18:49.99	21.32.89	102

400 Freestyle Relay is positive Check-in

Positive check-in deadline for 400y Free Relay is 7:30 am

1000 yd/1500 yd Freestyle are Timed Finals events; Top 8 swimmers swim at finals

Positive check-in deadline for 1000/1650 is 6:30 pm Saturday

All swimmers must provide their own timer & counter (if needed) for the 1000/1650 Freestyle Events

Sunday, March 18, 2018

10 & Under Prelim Events

Warm up: 12:40-1:20 pm, Events: 1:30 pm

Women's Event #	SCY QT	LCM QT	Event	SCY QT	LCM QT	Men's Event #
79	2:14.79	2:35.89	10 & Under 200 yd Freestyle Relay	2:14.39	2:38.19	80
85	1:22.49	1:36.29	10 & Under 100 yd Backstroke	1:22.49	1:37.59	86
91	32.69	37.29	10 & Under 50 yd Freestyle	32.59	37.19	92
97	1:30.39	1:44.19	10 & Under 100 yd Butterfly	1:30.99	1:47.59	98
103	6:59.99	6:37.19	10 & Under 500 yd Freestyle	6:59.99	6:26.39	104

500 yd Freestyle is Positive Check-in

500 yd Freestyle is a Timed Finals event; Top 8 swimmers swim at finals

Positive check-in deadline for 500 Freestyle is 1:30 pm

All swimmers are to provide their own timer and counter (if needed) for the 500 Freestyle events

Sunday, March 18, 2018

FINALS

Warm up: 5:00-5:50 pm, Events: 6:00 pm

Women's Events #	Event	Men's Event #
101	14 & Under 1000 yd Freestyle	
	14 & Under 1650 yd Freestyle	102
103	10 & Under 500 Freestyle	104
81	12 & Under 200 yd Breaststroke	82
83	13-14 200 yd Backstroke	84
85	10 & Under 100 yd Backstroke	86
87	11-12 100 yd Backstroke	88
89	13-14 100 yd Freestyle	90
91	10 & Under 50 yd Freestyle	92
93	11-12 50 yd Freestyle	94
95	13-14 200 yd Butterfly	96
97	10 & Under 100 yd Butterfly	98
99	11-12 100 yd Butterfly	100