

Spring LC Classic Meet Announcement

May 5 – 7, 2017

At Kennedy Shriver Aquatic Center

Sanctioned by USA Swimming through Potomac Valley Swimming

Meet Sanction # PVI-xx-xx

Meet Director: Christa Krukiel christa.krukiel@montgomerycountymd.gov (240) 777-8070

Meet Referee: Barb Ship barb@ships3.com

Meet Officials Coordinator: Certified officials wishing to work should contact Matt James, mrjswimhome@gmail.com, at least one week in advance.

Clubs will be responsible for providing their fair share of timers, and will be assigned by the meet director prior to the meet.

Location: Kennedy Shriver Aquatic Center

5900 Executive Boulevard, N. Bethesda, MD 20852 (240) 777-8070

- 8 lane, 50 meter pool with continuous flow-through gutters and non-turbulent lane dividers.
- There is no separate warm up/cool down pool.
- Water depth is 17' in lane 1 and 7' in lane 8 at the deep end and 4' at the shallow end of the pool.
- The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C), because it is a bulkhead pool, which is measured in length prior to the start of the meet.
- Colorado Electronic Timing System, touch pads, horn start and a 1 lane scoreboard will be used.
- Automatic timing (touch pads primary) will be used for this meet.

Meet Schedule: Warm-up/Start times may be adjusted after entries are received to allow for warm up/cool down breaks during competition.

Friday Night Distance:

13 & Over

Warm-ups: 3:45 – 4:15 PM; Events Start: 4:20 PM

Check-in Closes at 4:00 PM

12 & Under

Warm-ups: immediately after the conclusion of the 13 & Over 400 Freestyle; for 25 minutes

Events Start: 5 minutes after the conclusion of the 25 minute warm-up period

Approximate warm-up/start times will be posted once entries are received.

Positive check-in will close 10 minutes after the beginning of the 25 minute warm-up period.

Saturday & Sunday:

13 & Over

Warm-ups: 6:00 – 7:00 AM; Events Start: 7:05 AM

11 - 12

Warm-ups: 12:30 – 1:20 PM; Events Start: 1:30 PM

10 & Under

Warm-ups: 4:40 – 5:30 PM; Events Start: 5:40 PM

Deck Access: All PVS/USAS registered coaches and deck officials are required to show current 2017 USA Swimming membership credentials on the deck area. Anyone not displaying proper credentials will be asked to leave the deck area. **Parents not working the meet as a deck official, volunteer lane timer, or other meet position are not permitted on deck.**

Warm-Up Procedures: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. Due to meet size the meet director may assign lanes and warm-up times based on team size.

Eligibility: Open to all registered Potomac Valley and USA Swimming athletes from Team Tollefson and RMSC. This meet has no qualifying times. No on-deck USAS registration permitted.

PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Rules: Current USA Swimming rules will govern this meet. All events will be swum as MIXED events and are timed finals. Swimmers may enter a maximum of 3 events/session with a meet maximum of five (5) events.

Long course entry times will be considered conforming times for this meet. Coaches' times are preferred over NT's for seeding and timeline purposes.

Swimmers in the 400 Free and 400 IM are required to supply their own timer. These events will be swum fastest to slowest.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12 &U sessions in Rule 205.3.1F.

In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Positive Check In: Will be required for all 400 meter events. The Meet Director will determine if positive check-in will be necessary for 200 meter events or all events in order to maintain manageable timelines.

Athletes who check into a deck-seeded event (positively checked in), have been seeded and fail to swim the event will be barred from their next scheduled individual event, unless excused by the referee before the event takes place.

Information regarding check-in closing times and the possibility of additional check-in events and times will be available the week prior to the meet in the form of an email to each participating club.

Warning: Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until the said fine is paid. All swimmers, coaches and officials must be properly registered with USA Swimming for 2017. No on-deck USAS registration permitted.

Entry Information:

- Entry Fees: \$6.50 per event.
- Entry Deadline: Tuesday, April 25, 2017 at 11:59 PM.
- Late entries will not be accepted.
- Meet Director will acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.

Electronic Entry Procedures:

- Email a Hy-Tek entries file (preferred) or a SDIF file to christa.krukiel@montgomerycountymd.gov .
- Email subject should be labeled "Spring LC Classic Entry".
- Email must include entry report by name. Include total number of swimmers (boys and girls) and total number of events, along with contact information (name, phone number, e-mail) of a club representative in the body of the e-mail.
- Send entry fee check payable to **Active Montgomery** to: Christa Krukiel
Kennedy Shriver Aquatic Center
5900 Executive Boulevard
N. Bethesda, Maryland 20852
- Each club is requested to remit one check to cover the entry fees of the entire team. Please do not send cash. Entry fees are due with entries.

Awards: There will be no awards for this meet.

Spectator Admission and Heat Sheets: There will be no charge for admission. Heat sheets may be available for each session.

Swim Center Rules and Conduct

At the request of [Montgomery County Recreation](#), swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.

Special Note

- In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Kennedy Shriver Aquatic Center, Rockville Montgomery Swim Club and Montgomery County Recreation shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

RMSC Spring LC Classic

ROCKVILLE - MONTGOMERY
 MAY 5 - 7, 2017

Order of Events

Friday

Warm-ups for 13 & Over Events: 3:45 – 4:15; Start 4:20 PM

12 & Under Events: immediately after the conclusion of the 13 & Over Events; for 25 minutes

400 Free and 400 IM Events

Swum Fastest to Slowest & MUST provide their own timer

Mixed	Event Description
1	13& O 400 Freestyle
2	12& U 400 Freestyle

Saturday Events

13 & Over Session

Warm-ups: 6:00 – 7:00; Start 7:05 AM

Mixed	Event Description
3	13&Over 200 Freestyle
4	13&Over 100 Breaststroke
5	13&Over 200 Butterfly
6	13&Over 100 Backstroke
7	13&Over 50 Freestyle
8	Open 400 IM

11 - 12 Session

Warm-ups: 12:30 – 1:20; Start 1:30 PM

Mixed	Event Description
9	11-12 200 Freestyle
10	12&U 200 Breaststroke
11	11-12 50 Butterfly
12	11-12 100 Backstroke
13	11-12 50 Breaststroke
14	12&U 200 Butterfly
15	11-12 50 Freestyle

10 & Under Session

Warm-ups: 4:50 – 5:30; Start 5:40 PM

Mixed	Event Description
16	10&U 200 Freestyle
17	10&U 50 Butterfly
18	10&U 100 Backstroke
19	10&U 50 Breaststroke
20	10&U 50 Freestyle

Sunday Events

13 & Over Session

Warm-ups: 6:00 – 7:00; Start 7:05 AM

Mixed	Event Description
21	13&Over 200 IM
22	13&Over 100 Freestyle
23	13&Over 200 Breaststroke
24	13&O 200 Backstroke
25	13&Over 100 Butterfly

11 – 12 Session

Warm-ups: 12:30 – 1:20; Start 1:30 PM

Mixed	Event Description
26	11-12 200 IM
27	11-12 100 Freestyle
28	11-12 50 Backstroke
29	11-12 100 Breaststroke
30	11-12 100 Butterfly
31	12&U 200 Backstroke

10 & Under Session

Warm-ups: 4:50 – 5:30; Start 5:40 PM

Mixed	Event Description
32	10&U 200 IM
33	10&U 100 Freestyle
34	10&U 100 Breaststroke
35	10&U 50 Backstroke
36	10&U 100 Butterfly

