

2016-17 USA Swimming **IM Xtreme Games-NE**

January 27 - January 29, 2017 **University of Maryland** College Park, MD

Official Event Information

LSCs PARTICIPATING IN THE NORTHEAST REGION MEET Adirondack, Allegheny Mountain, Connecticut, Maine, Maryland, Metropolitan, Middle Atlantic, New England, New Jersey, Niagara, Potomac Valley, Virginia, West Virginia **CeraVe**[®] 💓 at&t



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2016-17 USA Swimming IM Xtreme Games-NE

January 27—January 29, College Park, MD

Sanctioned by USA Swimming through Potomac Valley Swimming PVZ-17-501

Important Facts About the Meet



- The qualifying period for this event is September 1, 2015 through the entry deadline.
- Entry Deadline: All entries must be received no later than Tuesday, January 17, 2017 by 11:59 p.m. Eastern Standard Time.
- <u>E-Mail Entry Deadline</u>: Athletes achieving the qualifying time standards for the first time from Saturday January 21, through Sunday January 22, 2017 may be sent by e-mail. These entries must be received no later than 11:59 p.m. Eastern Standard Time on *Monday January 23, 2017*, and cannot be used to improve the seed time of a prior entry.
- ♦ All athletes that are 9-14 years on the first day of the meet are eligible for the meet if they have achieved the minimum qualifying score in any age during the qualifying period.
- This meet will follow IMX Challenge program guidelines.
- The qualifying standard will be a minimum IMX Challenge score of **1,800** points for all ages and genders. Qualifying standards are the same for SCY and LCM.
- At the discretion of the Meet Referee, the preliminary sessions may be conducted using "Flyover" starts. Details of any changes to normal meet operations protocol will be announced at the coaches meeting.
- ◆ All events will be pre-seeded. Known scratches should be sent to the Meet Director prior to January 20th.
- Swimmers' and Coaches' Responsibility—It shall be the swimmers' and coaches responsibility to acquaint themselves with all of the information contained in this meet information book and any details discussed at the coaches meeting.
- All swimmers MUST provide their own timer and counter for the 500 Free on Friday & a timer for the 13-14 400 IM on Sunday
- 2 courses will be used for the entire meet
- Session start times MAY be adjusted after all entries have come in.
- It may be necessary for swimmers in later heats of an event to swim on the opposite gender's course in
 order to balance timelines. Coaches will be informed and will be given the opportunity to concur in the
 event this becomes necessary

Age of the athlete will be the first day of the competition.

Any swimmer that is 9-14 year-old is eligible for the meet who has achieved the minimum qualifying score in any age during the qualifying period. That is, a swimmer who has achieved a minimum qualifying score as a 10-year-old and ages up to 11 prior to the start of the meet will be eligible to enter the meet and compete as an 11-year-old. A 12-year-old who has achieved the minimum qualifying score but ages up to 13 prior to the start of the meet will be eligible to enter the meet and compete as a 13-year-old.

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Order of Events



2016-17 USA Swimming IM Xtreme Games-NE Order of Events

Women's Events	Session 1– Friday January 27	Men's Events
1	13-14 500 Freestyle	2
3	11-12 500 Freestyle	4
	Session 2 - Saturday January 28	
5	13-14 200 Butterfly	6
7	13-14 200 IM	8
9	13-14 200 Breaststroke	10
	Session 3– Saturday January 28	
11	11-12 100 Butterfly	12
13	11-12 100 Breaststroke	14
	Session 4– Saturday January 28	
15	9-10 200 Freestyle	16
17	9-10 100 Butterfly	18
19	9-10 100 Breaststroke	20
	Session 5 - Sunday January 29	
21	13-14 200 Backstroke	22
23	13-14 400 IM	24
	Session 6 - Sunday January 29	
25	11-12 100 Backstroke	26
27	11-12 200 IM	28
	Session 7—Sunday January 29	
29	9-10 100 Backstroke	30
31	9-10 200 IM	32

SCHEDULE:

Friday, January 27, 2017 PM Session Warm ups will start at 1:00 PM Competition will start at 2:00 PM 500's will be swum fast to slow.

Saturday, January 28, 2017 AM Session 13-14 Warm ups will start at 6:30 AM 13-14 Competition will start 7:30 AM 11-12 Warm ups will start no sooner than 12:00 PM 11-12 Competition will start no sooner than 1:00 PM 9-10 Warm ups will start no sooner than 3:15 PM 9-10 Competition will start no sooner than 3:55 PM

Sunday, January 29, 2017 AM Session

- 13-14 Warm ups will start at 6:30 AM
- 13-14 Competition will start at 7:30 AM
- 11-12 Warm ups will start no sooner than 12:00 PM
- 11-12 Competition will start no sooner than 1:00 PM
- 9-10 Warm ups will start no sooner than 4:15PM
- 9-10 Competition will start no sooner than 4:55 PM
- 2 courses will be used for the entire meet
- Session start times MAY BE adjusted and will be emailed out prior to the meet and announced at the coaches meeting

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General Information



Facility Address Eppley Recreation Center University of Maryland College Park, MD 20742

Meet Referee Scott Witkin—RMSC scottwitkin@verizon.net

Entry Chairperson

Bill Marlin 3768 Sudley Ford Court Fairfax, VA 22033 571-334-0987 Bill.Marlin@verizon.net Meet Director Bill Marlin 3768 Sudley Ford Court Fairfax, VA 22033 571-334-0987 Bill.Marlin@verizon.net

Co-Meet Director Terri Marlin 3212 Allness Lane Herndon, VA 20171 571-334-0871 marlinswimming@verizon.net

Meeting Schedule Friday, January 27 Saturday, January 28	1:45pm 3:35pm	Coaches General Meeting 9-10 Coaches General Meeting	Hospitality Hospitality
Friday January 27 All subsequent officials' brief	1:20pm fings TBA	Official's Briefing	Hospitality
Sunday, January 29 Sunday, January 29	6:45 am 4:35 pm	Coaches Evaluation Meeting 9-10 Coaches Evaluation Meetii	Hospitality ng Hospitality

LSCs PARTICIPATING IN THE NORTHEAST REGION MEET

Adirondack, Allegheny Mountain, Connecticut, Maine, Maryland, Metropolitan, Middle Atlantic, New England, New Jersey, Niagara, Potomac Valley, Virginia, West Virginia

Hotels

See page 5 for more detailed hotel information.

Officials

The Potomac Marlins welcomes any of your USA Swimming Officials to work on deck during this meet. Officials' uniforms will be white over blue. Shorts are acceptable throughout. Please contact Scott Witkin with any officials interested in working, <u>scottwitkin@verizon.net</u>

General Information	(Continued)	
Ticket Information		Meet Hotel Information—Request IMX Meet Rates
There will be no admis	ssion charge	The Marriott Inn & Convention Center —Host Hotel \$109 3501 University Blvd. East Hyattsville, MD 20783
Airlines:		.5 miles to University
Airlines serving Wash Air Canada Alaska Airlines American Airlines Delta Frontier JetBlue Southwest Sun Country United Virgin America Car Rental Agencies Alamo AVIS Budget Enterprise Hertz National <u>Off Airport</u> Advantage Dollar	sington D.C. Regan National 888/247-2262 800/252-7522 800/433-7300 800/221-1212 800/432-1359 800/432-1359 800/432-1359 800/432-1359 800/452-9792 800/359-6786 800/864-8331 877-359-8474 800/462-5266 800/331-1212 800/527-0700 800/736-8222 800/654-3131 800/227-7368 800/800-4000	1-800-228-9290 ask for 2016 IMX Meet room block Sheraton Washington North \$89 Breakfast Available 4095 Powder Mill Road Beltsville, MD 20705 301-937-4422 Ask for IMX Extreme room block Holiday Inn Washington—College Park \$93 10000 Baltimore Blvd. College Park, MD 2.4 miles to University 301-345-6700 Ask for IMX Swim Meet Room Block Greenbelt Marriott \$109 6400 Ivy Lane Greenbelt, MD 20770 301-441-3700 2.9 miles to University 866-712-4780 Hampton Inn College Park 1.9 miles to University 866-539-5072 Clarion Inn College Park 1.0 miles to University 866-925-9753 Comfort Inn & Suites
		1.1 miles to University

Media Credentials

Anyone wishing media access to the event must contact the Co-Meet Director Terri Marlin at <u>marlinswimming@verizon.net</u> for Media Credentials.

Image Authorization

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

Site information



Information/Lost & Found A Lost & Found booth will be available at the lifeguard office located on the pool deck under the stands.	Eppley Recreation Center Competition Pool
	Continuous warm-up and warm-down available.
Medical Assistance Medical assistance will be provided at the facility. Those needing medical assistance should go to the Lifeguard office located on the pool deck under the stands.	The Competition Pool of the Eppley Recreation Center is 50-meters by 25 yards with 16 SCY racing lanes. Two moveable bulkheads allow for long or short course events. There is a separate warm-up / Cool-down pool.
Parking Parking will be in the Terrapin Trail Parking Garage.	Course#1, water depth ranges from 11'-6" to 13' in for both the starting and turning ends.
Concessions Limited Concessions are provided at the facility.	Course #2, water depth ranges from 10"-9" to 5' in both the starting and turning ends
Hospitality Coaches' and Officials' hospitality will be available throughout the meet in the Equipment Room off deck.	Pool Certification The competition course has not been certified in accordance with 104.2.2C(4).
Coaches' Packet Current USA Swimming coach members who have swimmers in the meet (coach and swimmer(s) must be registered with the same team), may receive a deck pass which includes hospitality.	Pool Hours Friday, January 27, 2:00 p.m 9:00 p.m. Saturday & Sunday January 28-29: 6:30 a.m 15 minutes after the final event.
Credential Pick-Up & Registration Credentials are being issued upon building entry. Coaches must have their current USA Swimming Registration Card displayed.	Automatic timing (touch pads primary) will be used for this meet .
Credentials Restricted access to the facility will be strictly enforced. Please wear your USA Swimming Registration Card at all times.	
Team Banners Banners may be attached to the Window Cord using Zip Ties. Please do not use adhesives on the walls.	
Results (Live Results) After the meet at these championships, the results will be available at <u>www.potomacmarlins.com</u>	
 Facility Notes Seating Gallery: Open on the south side of the facility only. Contains bleacher seating only. The following rules will be strictly enforced: The Eppley Recreation Center is designated as a smoke free zone. Smoking is not permitted anywhere in the facility. No food or drinks with exception of plastic water bottles will be permitted on deck. Due to USA Swimming Insurance requirements only credentialed swimmers, coaches, officials and volunteers are allowed on deck. There are no exceptions. Anyone caught abusing the facility will be asked to leave IMMEDIATELY. Teams will be billed for any damages caused by their swimmers. 	



University of Maryland Eppley Recreation Center

University of Maryland College Park, Maryland 20742 301-226-44— 25 Yards - 16 lanes 50 Meters - 8 lanes

Directions: Capitol Beltway (MD) exit 25 US 1 South on Baltimore Ave. Proceed to off ramp for MD 193 west (follow signs for University of Maryland events) Proceed two traffic lights to Stadium Drive. Make u-turn at Stadium Drive and make next immediate right into Terrapin Trail Garage. There is a foot bridge that connects the Terrapin Trail Garage to the Eppley Recreation Center. Once you cross the bridge, you can enter the Recreation Center on the ground level and take either the stairs or an elevator up two levels to the spectator entrance level. For some meets, athletes, coaches and officials will be able to enter the building on the pool level by the Maryland Adventure Program complex (walk towards the 55 foot climbing wall).

There may be a charge at certain times/events for using the lower lot, Terrapin Trail Garage or other university lots. Terrapin Trail Garage is free on weekdays <u>after 4pm</u>, and all day Saturday and Sunday, unless an event is happening.

Please visit the UMD Department of Transportation website at <u>www.dots.umd.edu</u> for additional parking information and campus maps.

Link to Yahoo Map

Link to "Most Current" University of Maryland Map

<u>Link to current Parking Map</u> Look for Terrapin Trail Garage Northside Near Atrium. It's a short walk to the pool across the foot bridge.



 Entries not submitted by e-mail will be subject to a \$25 processing fee for teams with more than 3 swimmers. Telephone entries or FAX entries will not be accepted. For entries received by e-mail, an acknowledgement that 24 hours of submission. Should you not receive an acknowledgement of your entry file has been received notification of receipt of your entry file given a point value; swimmers' scores from all events will be given a point value; swimmers' scores from all events will be given a point value; swimmers' scores from all events will be combined for an overall IMX point total. Disqualifications will receive zero points. An atthese used to improve the sachering January 1, 2017 Entries will close January 17, 2017 Entries will be accepted starting January 22, 2017, and cannot be used to improve the seed time of a prior entry. Please E-Mail these last minute entries to the Meet Director. Dualifying Period The qualifying theriod through the entry deadline. Proof of Entry Score Toe ther the meet an athlete must have a minimum IMXX challenge qualifying the meet meet an athlete must have a minimum IMXX 		
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3768 Studiey Ford Court \$25.00 per 13-12 athlete total entry Fairax, VA 22033 Mumber of Events All Entry questions should be directed to: Mumber of Events Bill Marlin-Entry Chair Aswimmer must enter and swim all IMX Challenge events within their age group and gender to be eligible for team scoring and awards. All entry times must be proven. Fittes not Submitted by e-mail, an acknowledgement of your entry file has been received will be emailed within 24 hours of submission. Submitted by e-mail, an acknowledgement of your entry file has been received notification of receipt of your entry file hours, please contact the entry chair by e-mail or telephone immediately. 11 & 12-year olds: 400 Free (LC) or 500 Free (SC), 100 Back, 100 Breast, 100 Fly, 200 IM 13 & 14-year olds: 400 Free (LC) or 500 Free (SC), 200 Back, 200 Breast, 200 Fly, 200 IM. 13 & 14-year olds: 400 Free (LC) or 500 Free (SC), 200 Back, 200 Breast, 200 Fly, 200 IM. 14 & 12 yoar olds: 400 Free (LC) or 500 Free (SC), 200 Back, 200 Breast, 200 Fly, 200 IM. 13 & 14-year olds: 400 Free (LC) or 500 Free (SC), 200 Back, 200 Breast, 200 Fly, 200 IM. 13 & 14-year olds: 400 Free (LC) or 500 Free (SC), 200 Back, 200 Breast, 200 Fly, 200 IM. 13 & 14-year olds: 400 Free (LC) or 500 Free (SC), 200 Back, 200 Breast, 200 Fly, 200 IM. 14 Submer bear and teles use and for teles to may be and the scoring by an and release of a no areal IMX point total. State submit and the address above. First smill be accepted. Mater and fees to Bill Mariin at the address above. <		
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 Entries not submitted by e-mail will be subject to a \$25 processing fee for teams with more than 3 swimmers. Telephone entries or FAX entries will not be accepted. For entries received by e-mail, an acknowledgement that 24 hours of submission. Should you not receive an acknowledgement of your entry file has been received notification of receipt of your entry file given a point value; swimmers' scores from all events will be given a point value; swimmers' scores from all events will be given a point value; swimmers' scores from all events will be combined for an overall IMX point total. Disqualifications will receive zero points. An atthese used to improve the sachering January 1, 2017 Entries will close January 17, 2017 Entries will be accepted starting January 22, 2017, and cannot be used to improve the seed time of a prior entry. Please E-Mail these last minute entries to the Meet Director. Dualifying Period The qualifying theriod through the entry deadline. Proof of Entry Score Toe ther the meet an athlete must have a minimum IMXX challenge qualifying the meet meet an athlete must have a minimum IMXX 	(Bill.Marlin@verizon.net)	Events
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Rules

USA Swimming Rules and Regulations will govern the conduct of these Games and will serve as the official guide for technical and procedural rules.

It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information book.

No swimmer will be issued a credential without a coach member present. If the home club coach is not planning to attend the event, the swimmer (s) must be assigned a supervising coach (per USA Swimming rule 202.5.3). Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach, the Meet Director will arrange for a coach to serve this role. Please inform the Meet Director prior to the meet if a coach must be found.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Changing into or out of swimsuits other than in locker rooms or other designated areas is <u>prohibited</u>.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12&U sessions in Rule 205.3.1F.

Operaton of a drone or any other flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) anytime athletes, coaches, officials and/or spectators are present.

ELIGIBILITY:

Swimmer(s) must be registered with USA Swimming and be between the ages of 9 and 14 to be accepted in this meet. Age as of January 27, 2017 shall determine swimmer's age for the entire meet.

Membership Requirement

All coaches and officials expecting to be on deck should be prepared to show their current USA Swimming Registration Card. Deck Pass on a mobile device is acceptable. There will be no <u>on deck</u> registration. The Meet Referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current.

Check-In

Coaches are responsible for all business conducted at the Coaches General Meeting. If, for any reason, you cannot attend the meeting, be sure to find out what occurred.

- A. Coaches must present their current USA Swimming Registration Card to gain access to the deck. Deck Pass on a mobile device is acceptable.
- B. After you have been cleared, you will receive your coaches heat sheet at the computer table.
- C. Present any questions to the Meet Referee or Meet Director.

Positive Check-In for Athletes

The meet is pre-seeded. There will be no positive check -in for swimmers. Please inform the Meet Director of any known scratches by January 20th, 2017.

Warm-Up and Safety

Meet Management will provide a complete schedule of warm-up procedures to include lane usage and times, which must be adhered to by all participants. This information will be distributed with the meet information at registration or via e-mail prior to the meet, posted throughout the venue, announced on a regular basis before and during the meet, and monitored by the Meet Referee (or his/her special designees). Flagrant violation of these procedures may result in a disqualification from the meet for unsportsmanlike activity. Encourage your swimmers to cooperate with marshals.

Swimsuits

All swimmers entered into the competition must comply with the USA Swimming Rulebook Section 102.8 regarding swimwear and taping.

Note: In granting this sanction, it is understood and agreed that USA Swimming, Potomac Valley Swimming, Potomac Marlins and the University of Maryland shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.



SUMMARY OF ENTRIES

THIS FORM IS REQUIRED WITH PAYMENT (If utilizing Fed Ex/Overnight mail you must check the waive signature box to insure timely delivery-received no later than Tuesday, January 17th 2017

Please fill out the information requested below and mail with your entry form and check. Please refrain from sending cash and make checks payable to: Marlin Meet Management Thank you.

Send to:	Bill Marlin (IMX) 3768 Sudley Ford Court Fairfax, VA 22033		
NAME OF CLUB		CLUB CODE	
Number of swimmers (and alternates) entered: Athlete Surcharge Boys: Girls: Number of 9-10 yr. old individuals entered:	X X X	\$ 8.50 = \$ 8.50 = \$ 25.00 =	
Number of 11-12 yr. old individuals entered:	X	\$ 25.00 =	
Number of 13-14 yr. old individuals entered:	X	\$30.00 =	

Club Official Submitting Entry: TOTAL AMOUNT ENCLOSED:

Coaches:

Name:		
Address:		
City:		
State:	Zip:	Club Official FAX:
Daytime Phone: ()	Club Official E-mail:

Release and Hold Harmless Agreement In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assignees, hereby releases and forever discharges the host club (Potomac Marlins), University of Maryland, USA Swimming, the host club and each of their respective officers, agents, employees, members, successors, and any other persons in any way connected with this meet, form any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the host club, University of Maryland, USA Swimming, the host club and the officers, trustees, agents, employees, and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Signature of Club Official/Coach

Date

*Person who signs above is responsible for any fines imposed on the club. *You may have one designated spokesperson for your team to talk to the Meet Referee. The coach would be the logical person.

Please list the name of your spokesperson:

Did you submit?

Electronic entries
Check for entries
I have read the meet information , the entry and competition procedures and understand all of them.
This completed form