

Fall Gator mini meet 2016 - 10/22/2016 to 10/23/2016
Warm-up Sheet

SATURDAY

Warm-up Starts at 08:00 AM

Session 1- Boys

Day of Meet: 1 Starts at 08:45 AM

Total Athletes: 164 - Men: 164

Session 1 Warm up: 8:00-8:20 a.m.

Lane 1- NCAP

Lane 2- NCAP

Lane 3- NCAP

Lane 4- NCAP

Lane 5- MACH

Lane 6- MACH

Lane 7- ASA

Lane 8- JFD / TIBU

Session 2 Warm up: 8:20-8:40 a.m.

Lane 1- AAC

Lane 2- AAC

Lane 3- HACC

Lane 4- HACC

Lane 5- FISH

Lane 6- FISH / TOLL

Lane 7- FBST

Lane 8- CSC / ERSC

SATURDAY

Warm-up Starts at 11:00 AM

Session 2- Girls

Day of Meet: 1 Starts at 11:45 AM

Total Athletes: 187 - Women: 187

Session 1 Warm up: 11:00-11:20 a.m.

Lane 1- NCAP

Lane 2- NCAP

Lane 3- NCAP

Lane 4- NCAP

Lane 5- NCAP

Lane 6- MACH

Lane 7- MACH

Lane 8- HACC / ERSC

Session 2 Warm up: 11:20-11:40 a.m.

Lane 1- AAC

Lane 2- AAC

Lane 3- ASA

Lane 4- ASA / JFD

Lane 5- FISH

Lane 6- CSC

Lane 7- FBST

Lane 8- TOLL / TIBU

Fall Gator mini meet 2016 - 10/22/2016 to 10/23/2016
Warm-up Sheet

SUNDAY

Warm-up Starts at 08:00 AM

Session: 3 Session 3- Boys

Day of Meet: 2 Starts at 08:45 AM

Total Athletes: 147 - Women: 0 - Men: 147

Session 1 Warm up: 8:00-8:20 a.m.

Lane 1- NCAP
Lane 2- NCAP
Lane 3- NCAP
Lane 4- NCAP
Lane 5- NCAP
Lane 6- HACC
Lane 7- HACC
Lane 8- ASA

Session 2 Warm up: 8:20-8:40 a.m.

Lane 1- MACH
Lane 2- MACH
Lane 3- FISH
Lane 4- FISH
Lane 5- AAC
Lane 6- TIBU / ERSC
Lane 7- FBST
Lane 8- TOLL / JFD / CSC

SUNDAY

Warm-up Starts at 11:00 AM

Session 4- Girls

Day of Meet: 2 Starts at 11:45 AM

Total Athletes: 161 - Women: 161

Session 1 Warm up: 11:00-11:20 a.m.

Lane 1- NCAP
Lane 2- NCAP
Lane 3- NCAP
Lane 4- NCAP
Lane 5- NCAP
Lane 6- MACH
Lane 7- MACH
Lane 8- HACC

Session 2 Warm up: 11:20-11:40 a.m.

Lane 1- AAC
Lane 2- AAC
Lane 3- ASA
Lane 4- ASA / JFD
Lane 5- FISH
Lane 6- FBST
Lane 7- TOLL / TIBU
Lane 8- CSC / ERSC