

6/8: ASA and RMSC-Germantown will be moved to the Audrey Moore site

NCAP and RMSC-Rockville will be move to the Lee District site

PVS Long Course Open 1

June 12, 2016

Sanctioned by USA Swimming through Potomac Valley Swimming: **PVS-16-86**

Hosted for PVS by: Machine Aquatics, Patuxent Aquatic Club and Fort Belvoir

Entries due to Meet Manger by: Thursday, June 2, 2016 (check on club deadline)

Warm up: 13 & Over: 6:30-7:20 am Event: 13 & O: 7:30 am
12 & Under: 12:00– 12:50pm Event: 12 & Under: 1:00 pm

The PVS Technical Committee and Administrator reserve the right to alter the session times for each age group after all meet entries are received to ensure that all timeline requirements are met.

Meet Host/Director:	Machine Aquatics: Paris Jacobs paris@machineaquatics.com 571-238-7657 204-D Mill St Vienna, VA 22180	Patuxent Aquatic Club, John Venit dpws@aol.com 301-725-7711 414 Forest Bridge Ct Laurel, MD 20724	Fort Belvoir, Chris Brandenberger 3736 Mary Evelyn Way Alexandria, VA 22309 631-384-965 Chris_brandenberger@hotmail.com
Meet Referee:	Stewart Gordan officials@machineaquatics.com 703-850-8594	Morgan Hurley mhurley@peerreview.com	Mark Harris Mharris131@aol.com
Club Official's Chair:	Stewart Gordan officials@machineaquatics.com 703-850-8594 Contact club chair if you are available to officiate at the meet	Cherlynn Venit dpws@aol.com Contact club chair if you are available to officiate at the meet	Mark Harris Mharris131@aol.com Contact club chair if you are available to officiate at the meet
Facility:	Audrey Moore Rec Center 8110 Braddock Rd Annandale, VA 703-321-7080 <ul style="list-style-type: none">8 lanes, 50 metersWater depth range of 4.5' at the starting and 15' at the turning end.The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).	Fairland Aquatic Center 13820 Old Gunpowder Rd Laurel, MD 20707 301-362-6060 <ul style="list-style-type: none">8 lane, 50 meter, 13' at the starting end and 4.5' at the turning endThe competition course has not been certified in accordance with USA Swimming	Lee District Rec Center 6601 Telegraph Rd Alexandria, VA 22310 703-703-922-4841 <ul style="list-style-type: none">8 lane, 50 meter, 13' at the starting end and 4.5' at the turning end The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).

		Rules and Regulations Article 104.2.2(C).	
Timing System:	Automatic Timing (touch pads as primary) will be used for this meet.		
Team Assignments :	MACH, BWST, NCAP-Tysons, NCAP-Burke, FISH, GMU, HACC, MAKO, OCCS, PM, RIPS, SNOW, YORK, DSS, SSCT, JCCW, MAC, NCAP-West	PAC, ASA, BTSC, FAST, JFD, MSSC, RMSC, TIBU, TOLL, NCAP (Germantown, Georgetown Prep, PG), PGKS, PGPR, UMAC	FBST, ERSC, NCAP-Alex, NCAP-AU, NCAP-Holton Arms, LCL, YSS, YASD, VLAC, AAC, ANSC, SDS, TANK, CSC, RY, LMAC, DRAG, DCPR
	Note: Assignments of clubs to pool sites will be reviewed, by the PVS Administrator after all entries are received. If necessary to achieve reasonable balance, clubs may be reassigned.		
Eligibility:	Open to all Potomac Valley Swimming registered athletes. Swimmers shall compete at the age attained on the first day of the meet. It may be necessary to limit entries due to time constraints.		
Disability Swimmers:	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session Referee of any disability prior to competition.		
Rules:	<ul style="list-style-type: none"> • Current USA Swimming rules shall govern the meet. • All events are timed finals. • A swimmer may enter no more than 3 events. • Seed times are long course meters. Converted times and coach's times are preferred over NT entries. • No on-deck USA-S registration is permitted • Deck entries will be accepted, and are \$10 per individual event. All deck entries must be submitted no later than 45 minutes prior to first event of each session. Swimmers will be entered into open lanes in existing heats on a first come, first served basis. In the event of a significantly over subscribed session, the Meet Director reserves the right to not accept deck entries. • Evidence of current USA-S registration will be required for deck entries. • In compliance with USA Swimming Rules and Regulation, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. • Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is ot appropriate and is prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of 		

	<p>the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p> <ul style="list-style-type: none"> • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F. •
Positive Check In:	All events 200 yd and longer will be deck seeded. The Meet Director and Meet Referee reserve the right to positive check in all events if they need to manage timelines. Athletes who check into a deck-seeded event, have been seeded and fail to swim the event will be barred from their next schedule individual event, unless excused by the Meet Referee before the event takes place.
Warm Up:	The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of Warm-up times/lane assignments.
Supervision:	Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.
Awards:	There are no awards for this meet.
Programs:	Programs will be available for each session for a price not to exceed \$2. In the event of the entire session being positive check –in, programs may not be available until after the start of the meet. In the event that programs are not able to be sold, programs will be posted throughout the spectator areas.
Credentials:	Parents not working the meet as a deck official, volunteer timer or other position are not permitted on the deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have their current USA Swimming card with them at all times.
Officials & Timers:	<ul style="list-style-type: none"> • Each participating club is requested to provide at least one table worker or official (Referee, Starter or Stroke & Turn Judge) per session if entering 25 or more splashes • All certified officials wishing to volunteer please contact the appropriate club official’s chair prior to June 11. • Participating clubs are required to provide timers in proportion to their entries. One timer is required for each 25 entries. • The Meet Director may send out a request for timers based upon entries.
Entry Procedures:	<ul style="list-style-type: none"> • Entries should be submitted using Hy-Tek Team Manager. • Include in the subject of the email, “2016 PVS LC Open 1 - ***” with the clubs initials in place of the asterisks. Also include training site if your club submits multiple entry files. • Meet Directors are requested to acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the meet director. • Individual event fee: \$4.75 (make checks payable to PVS) • Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet. • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.
<p>NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Lee District Rec Center, Fort Belvoir Swim Team, Fairland Aquatic Center and Patuxent Aquatic Club, Audrey Moore Rec Center and Machine Aquatics shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>	

13 & Over Senior Session

Warm up: 6:30-7:20 am, Events: 7:30 am

Women's Events #	Event	Men's Event #
1	13 & Over 400 M Freestyle	2
3	13 & Over 100 M Backstroke	4
5	13 & Over 200 M Breaststroke	6
7	13 & Over 100 M Butterfly	8
9	13 & Over 200 M Individual Medley	10
11	13 & Over 50 M Freestyle	12
Positive Check-In for all events by 7:00 am (or 30 minutes after the start of warm up). Meet Director has the right to determine if all events will be positive check-in.		

12 & Under Session

Warm up: 12:00 pm-12:50 pm, Events: 1:00 pm

Women's Event #	Events	Men's Event #
13	11-12 400 M Freestyle	14
15	10 & Under 400 M Freestyle	16
17	11-12 100 M Backstroke	18
19	10 & Under 100 M Backstroke	20
21	11-12 200 M Breaststroke	22
23	10 & Under 100 M Butterfly	24
25	11-12 100 M Butterfly	26
27	10 & Under 50 M Freestyle	28
29	11-12 50 M Freestyle	30
31	10 & Under 200 M Individual Medley	32
33	11-12 200 M Individual Medley	34
35	10 & Under 50 M Breaststroke	36
37	11-12 50 M Breaststroke	38
Positive Check-In for all 200 & above events by 12:30 pm (or 30 minutes after the start of warm up). Meet Director has the right to determine if all events will be positive check-in.		