

## 2016 June LC Invite Warm Ups

### Friday

Open

1 - Closest to admin table / Spectator side of pool

A - **This lane is closed during competition**; no warm-ups/cool-downs allowed in this lane

B - Athlete side of pool; this lane is open during competition for warm ups/cool down. All athletes must enter the warm up lane at the bulk head end of the pool

### Sat 13 & Over

1	BWST / LMAC
2	HACC / FAST
3	SDS / RPST
4	WST / GETY
5	YORK / SNOW
6	SNOW
7	SNOW
8	NCAP
A	NCAP
B	NCAP

### Sun 13 & Over

1	YORK / GETY
2	BWST / LMAC
3	RY / FAST
4	HACC / RPST
5	SDS / WST
6	SNOW
7	SNOW
8	NCAP
A	NCAP
B	NCAP

### Sat 12 & Under

1	YORK / FAST
2	RPST / RY
3	WST / SDS
4	BWST / LMAC
5	BWST
6	HACC
7	SNOW
8	NCAP
A	NCAP
B	NCAP

### Sun 12 & Under

1	RY / FAST
2	YORK / WST
3	RPST / SDS
4	BWST / LMAC
5	BWST
6	HACC
7	SNOW
8	NCAP
A	NCAP
B	NCAP

### Sat Finals

Open

### Sun Finals

Open