

# Spring Finale Meet Announcement

March 18-20, 2016

Sanctioned by USA Swimming through Potomac Valley Swimming

Meet Sanction # PVI-16-70

ROCKVILLE - MONTGOMERY  
SWIMMING CLUB

**Meet Director:** Christa Krukiel [christa.krukiel@montgomerycountymd.gov](mailto:christa.krukiel@montgomerycountymd.gov) (240) 777-8070

**Meet Referee:** Dan Solomich [dsolomich@comneticsinc.com](mailto:dsolomich@comneticsinc.com)

**Meet Officials Coordinator:** Certified officials and trainees wishing to work should contact Jayne Biafore at [dylansswimmom@gmail.com](mailto:dylansswimmom@gmail.com) at least one week in advance.

**Clubs will be responsible for providing their fair share of timers.**

**Location:** Germantown Indoor Swim Center, 18000 Central Park Circle, Boyds, MD 20841 (240) 777-6830

- 10 lane, 25-yard pool, with non-turbulent lane lines and continuous flow-through gutters
- Water depth is 17' in lane 1 and 6'9" in lane 10 at the starting end and 13'5" at all the turning end.
- Separate 7 lane, 25 yard pool will be available for continuous warm up/cool down. Diving is not permitted in this pool.
- The competition course has been certified in accordance with 104.2.2C, and is on file with USAS.
- Colorado Electronic Timing system, touch pads, horn start & a 10 lane scoreboard will be used.
- Automatic timing (touch pads primary) will be used for this meet.

## Meet Schedule:

- Friday
  - o Distance Events
    - Warm-ups: 4:30 – 5:15 PM
    - Event Start: 5:20 PM
  
- Saturday & Sunday
  - o 9-10 Events
    - Warm-ups: 7:00 – 7:40 AM
    - Events Start: 7:45 AM
  
  - o 11 – 12 and 12&Unders Events
    - Warm-ups: 11:00 – 11:50 AM
    - Event Start: 11:55 PM
  
  - o 13&Overs Events
    - Warm-ups: 3:00 – 4:00 PM
    - Event Start: 4:05 PM

**Warm-Up Procedures:** The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. It may be necessary to assign lanes for warm-up.

**Deck Access:** All PVS/USAS registered coaches and deck officials are required to wear current 2016 USA Swimming membership credentials on the deck area. Anyone not displaying proper credentials will be asked to leave the deck area. **Parents not working the meet as a deck official, volunteer timers, or other meet position are not permitted on deck.**

**Eligibility:** This meet is open to invited USA Swimming Athletes of the following clubs: NCAP (Maryland Sites), Tollefson, and RMSC. Swimmers will compete at the age attained on the first day of the meet. It may be necessary to limit entries due to the time constraints. No on-deck USAS registration permitted.

No 14&Under swimmer may enter an event if they have equaled or bettered the 2016 PVS 14&U JO Championship qualifying standard for their age as of 3/10/16. No 15&Over swimmer may enter an event if they have equaled or bettered the 2016 PVS Junior Championship qualifying standard for their age as of 3/3/16. Please refer to the link to review the above meet standards: <http://www.pvswim.org/schedule.html>.

PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

**Meet Format:** Seed times are short course yards.

**Rules:** Current USA Swimming rules will govern this meet. All events are timed finals. A contestant may enter no more than three individual events per day, and no more than seven individual events for the meet.

- The 500 Free & 400 IM will be swum fastest to slowest, alternating girls & boys heats.
- Swimmers must provide their own timers & counter for the 500 Free & 400 IM.
- Dive-over starts will be used at this meet.
- The meet director reserves the right to combine girls & boys events/heats in order to reduce timelines.

**The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12 &U sessions in Rule 205.3.1F.**

**In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.**

**Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**

**Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.**

**Positive Check In:** Positive check-in will be required for all events 400 yards and longer. The Meet Director will determine if positive check-in will be necessary for event 200 yards and longer or all events in order to maintain manageable timelines.

Athletes who have not checked in prior to the specified time will be scratched from the event.

Athletes who check into a deck-seeded event (positively checked in), have been seeded and fail to swim the event will be barred from their next scheduled individual event, unless excused by the referee before the event takes place.

Information regarding the possibility of additional check-in times and procedures will be available the week prior to the meet in the form of an email to each participating club.

**Warning:** Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until the said fine is paid. All swimmers, coaches and officials must be properly registered with USA Swimming for 2016.

**Entry Information:**

- Entry Fees: \$6.50 per individual event.
- Entry Deadline: Tuesday, March 8, 2016 at 11:59 PM.
- Late entries will not be accepted.
- Deck entries will be accepted provided there is an empty lane available. A new heat will not be created for a deck entry.
- No on-deck USAS registration is permitted.
- Deck entry fee of \$10 per event due at the time the entry is accepted.
- Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.

**Electronic Entry Procedures:**

- Email a Hy-Tek entries file (preferred) or a SDIF file to [christa.krukiel@montgomerycountymd.gov](mailto:christa.krukiel@montgomerycountymd.gov).
- Email subject should be labeled "Spring Finale Entry".
- Email must include report by name. Include total number of swimmers and total number of events, along with contact information (name, phone number, e-mail) of a club representative in the body of the e-mail.
- Send entry fee check payable to **ActiveMontgomery** to: Christa Krukiel  
Kennedy Shriver Aquatic Center  
5900 Executive Boulevard  
N. Bethesda, Maryland 20852
- Each club is requested to remit one check to cover the entry fees of the entire team. Please do not send cash. Entry Fees are due with entries.

**Awards:** Ribbons will be given out for 1<sup>st</sup> – 10<sup>th</sup> place for all 9-10, 11-12 and 12 & Under individual events.

**Spectator Admission and Heat Sheets:** There will be no charge for admission. Heat sheets may be available for sale.

**Concessions & Hospitality** will be offered.

**Swim Center Rules and Conduct**

At the request of [Montgomery County Recreation](#), swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.

**Special Note**

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Germantown Indoor Swim Center, Rockville Montgomery Swim Club and Montgomery County Recreation shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

# RMSC Spring Finale

March 18 – 20, 2016

ROCKVILLE - MONTGOMERY  
SWIM CLUB  
Order of Events

## Friday

Warmup 4:30-5:15 pm

Events: 5:20 pm

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
1	7:00.00	10&Under 500 Freestyle	7:00.00	2
	6:00.00	11-12 500 Freestyle	5:56.00	
3	5:32.70	13-14 500 Freestyle	5:13.70	4
	5:33.00	15&Over 500 Freestyle	5:08.00	

## 9 – 10 Year Old Events

### Saturday

Warmup: 7:00-7:40 am

Events: 7:45 am

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
5	2:58.00	9-10 200 Individual Medley	2:58.00	6
7	38.30	9-10 50 Backstroke	38.50	8
9	1:30.40	9-10 100 Butterfly	1:31.00	10
11	43.10	9-10 50 Breaststroke	43.60	12
13	1:12.30	9-10 100 Freestyle	1:12.00	14

### Sunday

Warmup: 7:00-7:40 am

Events: 7:45 am

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
39	2:37.00	9-10 200 Freestyle	2:35.60	40
41	37.10	9-10 50 Butterfly	37.40	42
43	1:33.40	9-10 100 Breaststroke	1:33.40	44
45	1:22.50	9-10 100 Backstroke	1:22.50	46
47	32.70	9-10 50 Freestyle	32.60	48
49	1:22.10	9-10 100 Individual Medley	1:21.80	50

## 11 – 12 and 12 & Under Events

### Saturday

Warmup: 11:00-11:50 am

Events: 11:55 am

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
15	2:33.20	11-12 200 Individual Medley	2:33.40	16

17	2:53.00	12&Under 200 Breaststroke	2:53.70	18
19	33.60	11-12 50 Backstroke	33.70	20
21	1:12.60	11-12 100 Butterfly	1:12.30	22
23	37.50	11-12 50 Breaststroke	37.60	24
25	2:31.00	12&Under 200 Backstroke	2:32.70	26
27	1:02.50	11-12 100 Freestyle	1:02.40	28

## 11 – 12 and 12 & Under Events (continued)

### Sunday

Warmup: 11:00-11:50 am

Events: 11:55 am

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
51	2:16.00	11-12 200 Freestyle	2:15.00	52
53	31.20	11-12 50 Butterfly	32.00	54
55	1:21.20	11-12 100 Breaststroke	1:21.60	56
57	1:11.00	11-12 100 Backstroke	1:11.00	58
59	28.60	11-12 50 Freestyle	28.40	60
61	2:49.00	12&Under 200 Butterfly	2:44.00	62
63	1:12.20	11-12 100 Individual Medley	1:11.30	64

## 13 & Over Events

### Saturday

Warmup: 3:00-4:00 pm

Events: 4:05 pm

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
29	1:05.00	13-14 100 Backstroke	1:02.40	30
	1:06.60	15&Over 100 Backstroke	1:00.40	
31	2:28.00	13-14 200 Butterfly	2:19.10	32
	2:33.00	15&Over 200 Butterfly	2:20.00	
33	1:14.50	13-14 100 Breaststroke	1:09.80	34
	1:17.60	15&Over 100 Breaststroke	1:09.60	
35	58.00	13-14 100 Freestyle	54.00	36
	57.60	15&Over 100 Freestyle	52.00	
37	2:22.50	13-14 200 Individual Medley	2:13.60	38
	2:22.30	15&Over 200 Individual Medley	2:09.20	

### Sunday

Warmup: 3:00-4:00 pm

Events: 4:05 pm

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
65	2:04.00	13-14 200 Freestyle	1:57.00	66
	2:04.70	15&Over 200 Freestyle	1:54.00	
67	1:04.60	13-14 100 Butterfly	1:01.00	68

	1:06.20	15&Over 100 Butterfly	59.00	
69	2:40.00 2:43.60	13-14 200 Breaststroke 15&Over 200 Breaststroke	2:31.40 2:30.70	70
71	2:18.00 2:23.00	13-14 200 Backstroke 15&Over 200 Backstroke	2:12.50 2:12.60	72
73	26.90 26.90	13-14 50 Freestyle 15&Over 50 Freestyle	25.30 24.20	74
75	5:01.00 5:08.90	14&Under 400 Individual Medley 15&Over 400 Individual Medley	4:46.60 4:41.90	76