

RMSC February Qualifier Meet Announcement

February 19-21, 2016
At Martin Luther King, Jr. Swim Center
Sanctioned by USA Swimming through Potomac Valley Swimming
Meet Sanction # PVI-16-61

Meet Director: Christa Krukiel christa.krukiel@montgomerycountymd.gov (240) 777-8070

Meet Referee: Glenn Byrd byrdg@medimmune.com

Meet Officials Coordinator: Certified officials and trainees wishing to work the meet should contact Carrie Sanidad at sanidad@gmail.com at least one week in advance.

Clubs will be responsible for providing their fair share of timers, and will be assigned lanes by the meet director.

Location: Martin Luther King, Jr. Swim Center, 1201 Jackson Road, Silver Spring, MD (240) 777-8060

- 8 lane, 25 yard pool with separate area for warm up/cool down, continuous flow-through gutters, and non-turbulent lane dividers. Diving is not permitted in the warm up/cool down area.
- The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C), because it is a bulkhead pool, which is measured in length prior to the start of the meet.
- Water depth is 14' at the starting end and 4'9" at the turn end.
- Colorado Electronic Timing System, touch pads, horn start and an 8 lane scoreboard will be used.
- Automatic timing (touch pads primary) will be used for this meet.

Meet Schedule:

Friday Night – 12 & Unders

- Warm-ups: 4:30 – 5:20 PM
- Events Start: 5:30 PM

Saturday Morning – 12 & Unders

- Warm-ups: 9:00 – 9:50 AM
- Events Start: 10:00 AM

Sunday – 13 & Overs

- Morning Session
 - Warm-ups: 8:00 – 8:50 AM
 - Event Start: 9:00 AM
- Afternoon Session:
 - Warm-ups: 1:00 PM – 1:50 PM
 - Events Start: 2:00 PM

Warm-Up Procedures: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. It may be necessary to assign lanes for warm-up.

Deck Access: All PVS/USAS registered coaches and deck officials are required to show current 2016 USA Swimming membership credentials on the deck area. Anyone not displaying proper credentials will be asked to leave the deck area. **Parents not working the meet as a deck official, volunteer timers, or other meet position are not permitted on deck.**

Eligibility: This meet is open to **invited** athletes from FAST, JFD, Tollefson and RMSC. Swimmers will compete at the age attained on the first day of the meet.

Meet Format: Seed times are short course yards. The 500 Freestyle and 400 IM will be swum fastest to slowest, alternating Girls and Boys and swimmers must provide their own timers and counters.

Rules: Current USA Swimming rules will govern this meet. A contestant may enter no more than two events per session, and no more than four individual events for the meet. All events will be timed finals.

- No Faster Than (NFT) and No Slower Than (NST) entry time standards are listed at the bottom of the meet announcement. Coaches should only enter swimmers who have legitimate chance of qualifying for JO's or PVS Junior Champs.
- NT's will not be accepted for any 11 and over event;
- NT EXCEPTION for 10&Under swimmers: if a 10&Under swimmer has a NT in an event that the coach feels they will qualify for they may be entered in that event with a NT. They must however have at least 1 qualifying event (and entered in that one event) for the RMSC February Qualifier. A swimmer may only be entered in 1 NT event.
- Coaches' times will not be accepted.
- Swimmers who have already qualified for PVS 14&Under Junior Olympic Championships are allowed to enter up to 2 of those events ONLY. The Meet Director reserves the right to remove entries for swimmers who already have JO cuts due to time constraints of the meet.
- 15 & Over swimmers who have already qualified for the PVS Junior Championship meet or higher are NOT permitted to swim those events in the meet unless they meet the below exception.
- Exception: A swimmer who has already attained 2016 Sectionals may enter that specific event in order to attempt to qualify for NCSA/NASA Junior Nationals.
- It may be necessary to limit entries due to the time constraints at the facility and to maintain reasonable timelines. If adjustments are needed the process will start with swimmers who already have JO cuts per the rule above, then the swimmers with the slowest entry times.
- It may also be necessary to limit the number of entries/heats of the 500 Free/400 IM. If adjustments are needed the process will start with swimmers with the slowest entry times.
- Dive over starts will be used.

PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Warning: Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until the said fine is paid. All swimmers, coaches and officials must be properly registered with USA Swimming for 2016.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12 &U sessions in Rule 205.3.1F.

In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Positive Check In: Positive check-in will be required in events 400 yards and longer. Athletes who have not checked in prior to the specified time will be scratched from the event. The Meet Director will determine if positive check-in will be necessary for events 200 yards and longer or all events in order to maintain manageable timelines. Information regarding the possibility of additional check-in times and procedures will be available the week prior to the meet in the form of an email to each participating club.

Warning: Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until the said fine is paid. All swimmers, coaches and officials must be properly registered with USA Swimming for 2016.

Entry Information:

- Entry Fees: \$6.00 per individual event.
- Entry Deadline: Tuesday, February 9, 2016 at 5:00 PM.
- No late entries will be accepted.
- Deck entries will be accepted provided there is an empty lane available. A new heat will not be created.
- No on-deck USAS registration permitted.
- Deck Entry Fee: \$10.00 per individual event, due at time of acceptance.
- Meet Director is requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.

Electronic Entry Procedures:

- Email a Hy-Tek entries file (preferred) or a SDIF file to christa.krukiel@montgomerycountymd.gov.
- Email subject should be labeled "February Qualifier Entry".
- Email must include report by name. Include total number of swimmers and total number of events, along with contact information (name, phone number, e-mail) of a club representative in the body of the e-mail.
- Send entry fee check payable to **ActiveMontgomery** to: Christa Krukiel
Kennedy Shriver Aquatic Center
5900 Executive Boulevard
N. Bethesda, Maryland 20852
- Each club is requested to remit one check to cover the entry fees of the entire team. Please do not send cash. Entry Fees are due with entries.

Spectator: There will be no charge for admission. Heat sheets may be available for sale.

Swim Center Rules and Conduct

At the request of [Montgomery County Recreation](#), swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.

Special Note

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Martin Luther King Swim Center, Rockville Montgomery Swim Club and Montgomery County Recreation shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

RMSC February Qualifier

February 19-21, 2016

12 & Under Sessions

Friday Night

Warm-ups: 4:30 – 5:20 PM; Events: 5:30 PM

Girls Event #	No Slower Than SCY	No Faster Than SCY		No Faster Than SCY	No Slower Than SCY	Boys Event #
1	3:08.00 2:43.20	2:58.00 2:33.20	10&Under 200 IM 11-12 200 IM	2:58.00 2:33.40	3:08.00 2:43.40	2
3	1:36.40 1:18.60	1:30.40 1:12.60	10&Under 100 Fly 11-12 100 Fly	1:31.00 1:12.30	1:37.00 1:18.30	4
5	46.10 40.50	43.10 37.50	10&Under 50 Breast 11-12 50 Breast	43.60 37.60	46.60 40.60	6
7	1:28.50 1:17.00	1:22.50 1:11.00	10&Under 100 Back 11-12 100 Back	1:22.50 1:11.00	1:28.50 1:17.00	8
9	1:18.30 1:08.50	1:12.30 1:02.50	10&Under 100 Free 11-12 100 Free	1:12.00 1:02.40	1:18.00 1:08.40	10

Saturday Morning

Warm-ups: 9:00 – 9:50 AM; Events: 10:00 AM

Girls Event #	No Slower Than SCY	No Faster Than SCY		No Faster Than SCY	No Slower Than SCY	Boys Event #
11	2:47.00 2:26.00	2:37.00 2:16.00	10&Under 200 Free 11-12 200 Free	2:35.60 2:15.00	2:45.60 2:25.00	12
13	40.10 34.20	37.10 31.20	10&Under 50 Fly 11-12 50 Fly	37.40 32.00	40.40 38.00	14
15	1:39.40 1:27.20	1:33.40 1:21.20	10&Under 100 Breast 11-12 100 Breast	1:33.40 1:21.60	1:39.40 1:27.60	16
17	41.30 36.60	38.30 33.60	10&Under 50 Back 11-12 50 Back	38.50 33.70	41.50 36.70	18
19	1:28.10 1:18.20	1:22.10 1:12.20	10&Under 100 IM 11-12 100 IM	1:21.80 1:11.30	1:27.80 1:17.30	20
21	35.70 31.60	32.70 28.60	10&Under 50 Free 11-12 50 Free	32.60 28.40	35.60 31.40	22

RMSC February Qualifier

February, 19 – 21, 2016

13 & Over Sessions

Sunday Morning

Warm-ups: 8:00 – 8:50 AM; Events: 9:00 AM

Girls Event #	No Slower Than SCY	No Faster Than SCY		No Faster Than SCY	No Slower Than SCY	Boys Event #
23	2:10.00	2:04.00	13-14 200 Free 15&Over 200 Free	1:57.00	2:03.00	24
	2:10.70	2:04.70		1:54.00	2:00.00	
25	3:03.00	2:53.00	Open 200 Breast 12&Under 200 Breast 13-14 200 Breast 15&Over 200 Breast	2:53.70	3:03.70	26
	2:46.00	2:40.00		2:31.40	2:37.40	
	2:49.60	2:43.60		2:30.70	2:36.70	
27	1:09.00	1:05.00	13-14 100 Back 15&Over 100 Back	1:02.40	1:06.40	28
	1:10.60	1:06.60		1:00.40	1:04.40	
29	2:59.00	2:49.00	Open 200 Fly 12&Under 200 Fly 13-14 200 Fly 15&Over 200 Fly	2:44.00	2:54.00	30
	2:34.00	2:28.00		2:19.10	2:25.10	
	2:39.00	2:33.00		2:20.00	2:26.00	
31	28.90	26.90	13-14 50 Free 15&Over 50 Free	25.30	27.30	32
	28.90	26.90		24.20	26.20	
33	5:11.00	5:01.00	Open 400 IM 14&Under 400 IM 15&Over 400 IM	4:46.60	4:56.60	34
	5:18.90	5:08.90		4:41.90	4:51.90	

Sunday Afternoon

Warm-ups: 1:00 – 1:50 PM; Events: 2:00 PM

Girls Event #	No Slower Than SCY	No Faster Than SCY		No Faster Than SCY	No Slower Than SCY	Boys Event #
35	2:28.50	2:22.50	13-14 200 IM 15&Over 200 IM	2:13.60	2:19.60	36
	2:28.30	2:22.30		2:09.20	2:15.20	
37	1:18.50	1:14.50	13-14 100 Breast 15&Over 100 Breast	1:09.80	1:03.80	38
	1:21.60	1:17.60		1:09.60	1:13.60	
39	2:41.00	2:31.00	Open 200 Back 12&Under 200 Back 13-14 200 Back 15&Over 200 Back	2:32.70	2:42.70	40
	2:24.00	2:18.00		2:12.50	2:18.50	
	2:29.00	2:23.00		2:12.60	2:18.60	
41	1:08.60	1:04.60	13-14 100 Fly 15&Over 100 Fly	1:01.00	1:05.00	42
	1:10.20	1:06.20		59.00	1:03.00	
43	1:02.00	58.00	13-14 100 Free 15&Over 100 Free	54.00	58.00	44
	1:01.60	57.60		52.00	56.00	
45	7:15.00	7:00.00	Open 500 Free 10&Under 500 Free 11-12 500 Free 13-14 500 Free 15&Over 500 Free	7:00.00	7:15.00	46
	6:15.00	6:00.00		5:56.00	6:11.00	
	5:42.70	5:32.70		5:13.70	5:23.70	
	5:43.00	5:33.00		5:08.00	5:18.00	