

# DC WAVE WINTER INVITATIONAL

January 9<sup>th</sup> & 10<sup>th</sup>, 2016

Sanctioned by USA Swimming through Potomac Valley Swimming

Sanction #: PVI-16-42

<b>FACILITY</b>	<p><b>H.D. Woodson Aquatic Center</b> 540 55<sup>th</sup> Street, NE Washington, DC 20019 (202) 673-2097</p> <p>One (1) 25-yard, 8 lane courses will be used. The water depth ranges from 4' at the turning end to 13.5' at the starting end. This competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).</p> <p>Lanes are 7 feet wide. Stainless steel gutter system. Colorado Timing Systems, multi-lane scoreboard. Semi-automatic timing (buttons primary) will be used for this meet. Stopwatches will be used as backups.</p>
<b>ENTRY DEADLINE</b>	<p><b>Entries are due Tuesday, December 29<sup>th</sup> 2015</b></p>
<b>MEET DIRECTOR</b>	<p>Rob Green – <a href="mailto:robert.green@dc.gov">robert.green@dc.gov</a>   (202) 256-4718</p>
<b>MEET REFEREE</b>	<p>Mohamed Chouikha – <a href="mailto:mohamed.chouikha@gmail.com">mohamed.chouikha@gmail.com</a></p>
<b>OFFICIALS CHAIR</b>	<p>Erika Livingston – <a href="mailto:erika@aimstutoring.com">erika@aimstutoring.com</a></p>
<b>TIMING SYSTEM</b>	<p>Semi-automatic timing (buttons primary) will be used for this meet. Stopwatches will be used as backups.</p>
<b>SCHEDULE</b>	<p><b>Saturday &amp; Sunday</b> Warm Up: 9:15 am – 10:00 am   Events: 10:10 am</p> <p><b><i>*Note: Meet manager will determine if session start times will need to be adjusted or if age groups need to be moved to a different sessions based on the number of entries received. A time line will be established and forwarded to each team by Wednesday, January 6<sup>th</sup>.</i></b></p>
<b>AGE GROUPS</b>	<p>Events will be swum 13 &amp; Over and 12 &amp; Under; but scored as 8 &amp; U, 9-10, 11-12, 13-14 and 15 &amp; Over.</p>
<b>ELIGIBILITY</b>	<p>This meet is open to invited teams: NCAP-PG, ERSC, AESC. Teams wishing to secure an invitation are asked to contact the Meet Director at <a href="mailto:robert.green@dc.gov">robert.green@dc.gov</a>. All swimmers must be registered with USA Swimming for the 2014 season. Swimmers must compete in events based upon their age on the first day of the meet.</p>

<p><b>INCLUSION POLICY</b></p>	<p>PVS and DPR are committed to the <a href="#">Potomac Valley Inclusion Policy for Swimmers with a Disability</a>. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete’s coach) is also responsible for notifying the session referee of any disability prior to competition.</p>
<p><b>RULES</b></p>	<p>Current USA Swimming rules shall govern the meet. All events are timed finals.</p> <ol style="list-style-type: none"> <li>1. In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA’s etc.) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>2. <b>Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</b></li> <li>3. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</li> </ol> <p>The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</p>
<p><b>AWARDS</b></p>	<p>Award Ribbons will be given out to 1<sup>st</sup> – 8<sup>th</sup> place finishers in each age group.</p>
<p><b>ENTRIES</b></p>	<p>Each swimmer may enter a maximum of four (4) individual events per day.</p> <p>Each team shall be limited to two (2) relay teams per event. Each swimmer shall be limited to two (2) relay events for the meet.</p> <p><u>Each team is asked to provide volunteer timers for the duration of each session.</u> Depending on the number of teams present, the meet director reserves the right to request teams to contribute a certain amount of timers proportional to their entries.</p> <p>Entries should be submitted via email to <a href="mailto:Robert.green@dc.gov">Robert.green@dc.gov</a>. Entries should be submitted using Hy-Tek Team Manager program. Entries will only be accepted from a USA Swimming registered coach and/or team administrator.</p>

	<p>Entry File: Include in the subject of the email, "DC Winter Wave Invitational - *****" with the clubs initials in place of the asterisks. Meet Directors are requested to acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the meet director.</p> <p>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00 and no further entries will be accepted from that club until the said fine is paid.</p>
<b>OFFICIALS</b>	<p>All certified USA Swimming officials wishing to volunteer to work this meet should contact the DC Wave Club Officials chair Erika Livingston at <a href="mailto:Erika@aimstutoring.com">Erika@aimstutoring.com</a> prior to January 8<sup>th</sup>, 2016. Please include your club affiliation, certifications held, and sessions you wish to work in your email message.</p> <p>Certified officials who have not been contacted should volunteer their services to the Meet Referee early during the warm-up period. Officials assigned to this meet should sign in at the results table at the start of warm- up.</p>
<b>FEES</b>	<p><b>Entries fees are to be made payable to the "DC TREASURER". Fees are non-refundable. Entries will not be considered received until all fees are paid.</b> Fees for individual events are \$4.00 and \$8.00 for relay events. Each team/club is requested to remit only one check or money order to cover entry fees. <b>NO CASH PAYMENTS WILL BE ACCEPTED.</b></p> <p>Entry fees should be sent to:  <b>Takoma Aquatic Center</b>  <b>Attn: Robert M. Green</b>  <b>300 Van Buren Street, NW</b>  <b>Washington, DC 20012</b></p>
<b>SUPERVISION</b>	<p>Coaches must be registered with USA Swimming. Coaches are responsible for the conduct of their athletes and families and friends, as well as maintaining clean team areas during and following each session. Only athletes, coaches, timers and USA Swimming certified deck officials (trainees) are permitted on the deck. Coaches and deck officials must display valid 2016 USA Swimming credentials.</p>
<b>LIABILITY</b>	<p>In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Takoma Aquatic Center and DC Wave Swim Team shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>

# ORDER OF EVENTS

Saturday		
GIRLS	Warm up 9:15 - 10:00 am Events: 10:10 am	BOYS
1	13 & Older 400 Freestyle Relay	2
3	12 & Under 200 Freestyle Relay	4
5	13 & Older 200 Freestyle	6
7	12 & Under 100 Breaststroke	8
9	13 & Older 200 Individual Medley	10
11	12 & Under 200 Individual Medley	12
13	13 & Older 100 Butterfly	14
15	12 & Under 50 Butterfly	16
17	13 & Older 200 Breaststroke	18
19	12 & Under 100 Backstroke	20
21	13 & Older 50 Freestyle	22
23	12 & Under 50 Breaststroke	24
25	13 & Older 200 Backstroke	26
27	12 & Under 100 Freestyle	28
29	13 & Older 200 Medley Relay	30

Sunday		
GIRLS	Warm up 9:15 - 10:00 am Events: 10:10 am	BOYS
31	12 & Under 200 Medley Relay	32
33	13 & Older 400 Medley Relay	34
35	12 & Under 200 Freestyle	36
37	13 & Older 100 Backstroke	38
39	12 & Under 50 Backstroke	40
41	13 & Older 200 Butterfly	42
43	12 & Under 100 Individual Medley	44
45	13 & Older 100 Freestyle	46
47	12 & Under 50 Freestyle	48
49	13 & Older 400 Individual Medley	50
51	12 & Under 100 Butterfly	52
53	13 & Older 100 Breaststroke	54
55	Open 500 Freestyle	56
57	13 & Older 200 Freestyle Relay	58

