



VIRGINIA STATE LONG COURSE CHAMPIONSHIP

Memorial Day Weekend,
May 22-23-24, 2015

The Virginia State Long Course Championship is an official PROUD SPONSOR of the Wounded Warrior Project. We invite you to help our courageous, wounded veterans and their families through a donation in the name of Potomac Valley Swimming and/or your individual swim clubs.

Donation checks will be accepted at the officials table throughout the three day meet. Checks should be made out to WOUNDED WARRIORS PROJECT. Include PVS and name of your club on the memo line. All checks will be gathered and mailed as a group donation from the "Families of Potomac Valley Swimming".

SUGGESTED WAYS IN WHICH TO DONATE (Swimmer Performance Incentives)

- Direct donation check (\$25, \$50, \$100, etc...)
- \$1-\$5 for every second of time drop produced by your swimmer (per event or total meet).
- \$5 -10 for heat winner.
- \$10-50 for event winner.
- \$1-10 for Personal Best Time
- Establish a pledge sheet using any or all of the above. (friends / relatives / co-workers).

Donation checks will be accepted at the Potomac Marlins mailing address through June 15th (P.O. Box 4190 Arlington VA 22204).

Total donations amount will be posted to the Potomac Marlins web site in late June. All swimmers who raise donations through pledges will be recognized.

Thank you for your support of the WOUNDED WARRIORS PROJECT! For more information on the WWP, please go to www.woundedwarriorproject.org

Barry and Bill Marlin

Potomac Marlins Swim Team

Potomac Valley Swimming