

# 2015 PVS 18 & Under Championships

February 20-22, 2015

Sanctioned by USA Swimming through Potomac Valley Swimming: **PVS-15-53**

Hosted for PVS by: Fort Belvoir Swim Team

**Entries due to Meet Manger by: Thursday, February 5, 2015 (check on club deadline)**

Warm up: Friday: Distance: 5:00-6:00 pm

Events: 6:10 pm

**Swimmers must provide their own timer for all events in the Friday night session**

Warm up: Sat. & Sun. 13 & O: 7:00-8:00 am

Events: 13 & O: 8:10 am

Warm up: Sat. & Sun. 11-12: 12:30-1:30 pm

Events: 11-12: 1:40 pm

Warm up: Sat & Sun. 9-10: 4:30-5:10 pm

Events: 5:20 pm

Meet Host/Director:	Fort Belvoir Swim Team Sam Burgi 1541 Colonial Dr #101 Woodbridge, VA 22192 703-249-9798 <a href="mailto:sburgj@fbswim.org">sburgj@fbswim.org</a>
Meet Referee:	John Kost <a href="mailto:John.kost@cgi.com">John.kost@cgi.com</a>
Club Official's Chair:	Mark Harris <a href="mailto:Mharris131@aol.com">Mharris131@aol.com</a>
Timing System:	Automatic Timing (touch pads primary) will be used at this meet
Facility	<b>Lee District Rec Center</b>
Facility Information:	Lee District Rec Center 6601 Telegraph Rd Alexandria, VA 22313 703-922-9840 <ul style="list-style-type: none"> <li>• 10 lane, 25 yards</li> <li>• Water Depth ranges from 4" to 9" at the start and turning ends of the pool</li> <li>• The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).</li> <li>• Automatic timing (touch pads primary) will be used for this meet.</li> </ul>
Eligibility:	Open to all Potomac Valley Swimming registered athletes ages 9-18. Swimmers shall compete at the age attained on the first day of the meet who meet the following criteria: <ul style="list-style-type: none"> <li>• All individual event's qualifying times will be governed by "No Faster Than" (NFT) time standards. The NFT time standards are equivalent to the SCY individual qualification time standards for the 2015 PVS 14 &amp; Under Junior Olympic Championships for the 14 &amp; under swimmers and PVS Junior Championships for the 15-18 swimmers.</li> <li>• Entries must be submitted in SCY – no converted times are permitted.</li> <li>• <b>Only entry times achieved since February 20, 2013 will be accepted.</b></li> <li>• IMPORTANT – Swimmers who attain a new age group between February 20 and March 5 for the 15 &amp; Over swimmers and March 12 for the 14 &amp; Under swimmers may compete as "exhibition" in any event where their time: (1) is faster than the 2015 PVS 18 &amp; U AG Championship NFT standard for their current age group; and (2) is slower than the 2015 PVS 14 &amp; Under JO's or Junior Champ "NST" standards for their new age group. These exhibition swims will prevent swimmers from potentially being excluded from both the 2015 18 &amp;</li> </ul>

	Under Champs, 2015 14 & U JO's or the 2015 Junior Champ meets. If you have any questions about eligibility please contact Age Group Chairman, Steve Menard at <a href="mailto:h20yea@gmail.com">h20yea@gmail.com</a>
Disability Swimmers:	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
Rules:	<ul style="list-style-type: none"> <li>• Current USA Swimming rules shall govern the meet.</li> <li>• All events are timed finals.</li> <li>• Seed times are short course yards. <b>No "NO TIME" entries will be accepted.</b> All swimmers must have a verifiable entry time to enter an event.</li> <li>• The meet will not be scored</li> <li>• No late entries will be permitted for this meet.</li> <li>• <b>A swimmer may enter no more than 3 events per day or 6 events for the meet.</b></li> <li>• No on-deck USA-S registration is permitted</li> <li>• <b>No Deck entries will be accepted.</b></li> <li>• Dive-over starts may be used at this meet at the discretion of the Meet Referee and Meet Management.</li> <li>• In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDS's etc.) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>• Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is not appropriate and is prohibited.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</li> </ul>
Positive Check In:	It is anticipated that all events 200 yards and longer will be positive check-in. The Meet Director will determine which events will be positive check in and will distribute a check-in schedule prior to the meet. Athletes who check into a deck-seeded event, have been seeded and fail to swim the event will be barred from their next schedule individual event, unless excused by the Meet Referee before the event takes place.
Warm Up:	The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of Warm-up; times/lane assignments.
Supervision:	Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.
Awards:	First through eighth place medals will be awarded for all individual events based on single age groups.
Programs:	All attempts will be made to have programs available for each session. In the event of the entire/majority session being positive check-in, programs will not be available until after the start of the meet. In the event that programs are not able to be sold, programs

	will be posted throughout the spectator areas. Working officials and coaches will receive a free program.
Officials & Timers:	<ul style="list-style-type: none"> <li>• Each participating club is requested to provide at least one table worker or official (Referee, Starter or Stroke &amp; Turn Judge) per session if entering 25 or more splashes</li> <li>• All certified officials wishing to volunteer please contact the appropriate Club Official's Chair prior to February 12.</li> <li>• Participating clubs are required to provide timers in proportion to their entries. One timer is required for each 25 entries.</li> <li>• The Meet Director may send out a request for timers based upon entries.</li> </ul>
Entry Procedures:	<ul style="list-style-type: none"> <li>• Entries should be submitted using Hy-Tek Team Manager.</li> <li>• Include in the subject of the email, "2015 PVS 18 &amp; Under Champs - ***" with the clubs initials in place of the asterisks. Also include training site if your club submits multiple entry files.</li> <li>• Include a WORD or PDF report of team entries by swimmer.</li> <li>• Meet Directors are requested to acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the meet director.</li> <li>• <b>Individual event fee: \$6.00 (make checks payable to PVS)</b></li> <li>• Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.</li> <li>• Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.</li> </ul>
<p><b>NOTE:</b> In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Lee District Rec Center and Fort Belvoir Swim Team shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>	

## EVENTS

**Friday, February 20, 2015**

Warm up: 5:00-6:00 pm, Events: 6:10 pm

**Swimmers must provide their own timer for all events in the Friday night session**

Women's Events #	NFT SCY QT	Event	NFT SCY QT	Men's Event #
1	5:04.00	Open 400 IM	4:50.00	2
3	5:35.00	13-14 500 yd Freestyle	5:18.00	4
5	5:33.20	15-18 500 yd Freestyle	5:09.30	6
7	2:37.00	9-10 200 yd Freestyle	2:35.60	8
9	2:16.00	11-12 200 yd Freestyle	2:15.00	10
Positive Check-In by 5:30 pm (or 30 min after warm up begins)				

**Saturday, February 21, 2015**

**13 & Over Swimmers**

Warm up: 7:00-8:00 am, Events: 8:10 am

Women's Events #	NFT SCY QT	Event	NFT SCY QT	Men's Event #
11	1:05.80	13-14 100 yd Backstroke	1:02.70	12
13	1:07.00	15-18 100 yd Backstroke	1:00.70	14
15	2:05.00	13-14 200 yd Freestyle	1:58.30	16
17	2:05.00	15-18 200 yd Freestyle	1:54.00	18
19	1:15.10	13-14 100 yd Breaststroke	1:10.50	20
21	1:17.70	15-18 100 yd Breaststroke	1:10.20	22
23	2:30.70	13-14 200 yd Butterfly	2:22.80	24
25	2:33.00	15-18 200 yd Butterfly	2:22.10	26
27	27.00	13-14 50 yd Freestyle	25.30	28
29	26.90	15-18 50 yd Freestyle	24.20	30
Positive Check in for 200 Free & 200 Fly by 7:30 (or 30 minutes after warm up begins)				

**Saturday, February 21, 2015**  
**11-12 year old Swimmers**

Warm up: 12:30-1:30 pm, Events: 1:40 pm

Women's Events #	NFT SCY QT	Event	NFT SCY QT	Men's Event #
31	1:11.00	11-12 100 yd Backstroke	1:11.00	32
33	32.20	11-12 50 yd Butterfly	32.20	34
35	2:33.40	11-12 200 yd Individual Medley	2:33.40	36
37	1:21.50	11-12 100 yd Breaststroke	1:22.50	38
39	28.60	11-12 50 yd Freestyle	28.40	40
Positive Check-in for 200 IM by 1:00 pm (or 30 minutes after warm up begins)				

**Saturday, February 21, 2015**  
**9-10 year old Swimmers**

Warm up: 4:30-5:10 pm, Events: 5:20 pm

Women's Events #	NFT SCY QT	Event	NFT SCY QT	Men's Event #
41	1:22.50	9-10 100 yd Backstroke	1:22.50	42
43	37.30	9-10 50 yd Butterfly	37.40	44
45	2:58.00	9-10 200 yd Individual Medley	2:58.00	46
47	1:33.60	9-10 100 yd Breaststroke	1:33.40	48
49	32.70	9-10 50 yd Freestyle	32.60	50
Positive Check-in for 200 IM by 5:00 pm (or 30 minutes after warm up begins)				

**Sunday, February 22, 2015**  
**13 & Over Swimmers**

Warm up: 7:00-8:00 am, Events: 8:10 am

Women's Events #	NFT SCY QT	Event	NFT SCY QT	Men's Event #
51	2:42.10	13-14 200 yd Breaststroke	2:35.00	52
53	2:43.60	15-18 200 yd Breaststroke	2:31.70	54
55	2:23.70	13-14 200 yd Individual Medley	2:15.70	56
57	2:23.30	15-18 200 yd Individual Medley	2:09.80	58
59	58.10	13-14 100 yd Freestyle	54.00	60
61	57.90	15-18 100 yd Freestyle	52.00	62

63	2:21.20	13-14 200 yd Backstroke	2:13.90	64
65	2:23.50	15-18 200 yd Backstroke	2:14.40	66
67	1:05.50	13-14 100 yd Butterfly	1:01.80	68
69	1:06.40	15-18 100 yd Butterfly	59.40	70
Positive Check-in for 200 Breast, 200 IM & 200 Back by 7:30 am (or 30 minutes after warm-up begins)				

## Sunday, February 22, 2015

### 11-12 year old Swimmers

Warm up: 12:30-1:30 pm, Events: 1:40 pm

Women's Events #	NFT SCY QT	Event	NFT SCY QT	Men's Event #
71	1:12.20	11-12 100 yd Individual Medley	1:11.30	72
73	37.50	11-12 50 yd Breaststroke	37.60	74
75	1:12.60	11-12 100 yd Butterfly	1:12.30	76
77	33.60	11-12 50 yd Backstroke	33.70	78
79	1:02.50	11-12 100 yd Freestyle	1:02.40	80

## Sunday, February 22, 2015

### 9-10 year old Swimmers

Warm up: 4:30-5:10 pm, Events: 5:20 pm

Women's Events #	NFT SCY QT	Event	NFT SCY QT	Men's Event #
81	1:22.10	9-10 100 yd Individual Medley	1:21.80	82
83	43.10	9-10 50 yd Breaststroke	43.60	84
85	1:30.40	9-10 100 yd Butterfly	1:31.00	86
87	38.30	9-10 50 yd Backstroke	38.50	88
89	1:12.30	9-10 100 yd Freestyle	1:12.00	90