

2013 Fall Senior Invitational Swim Meet

Sponsored by the Maryland Suburban Swim Club

October 26-27, 2013

Sanctioned by USA Swimming through Potomac Valley Swimming

Sanction # PVI-14-10

Meet Director: Christopher T. Huott
240-417-5569
entries@msscswimming.com

Meet Referee: Lynne Gerlach
240-286-2319
gerlach@msscswimming.com

Club Official's Chair: Lynne Gerlach
240-286-2319
gerlach@msscswimming.com

MEET LOCATION: [Robert I. Bickford Natatorium](#)
Prince George's Community College
301 Largo Road
Largo, MD 20772
301-322-0980
25 Yards - 8 Lanes

One 25 yard course will be used during the meet. Warm-up, warm-down lanes will be available throughout the competition.

The water depth ranges from 5'6" to 6'9" at both the starting end and the turn end of the racing course.

The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).

Automatic timing (touch pads primary) will be used for this meet.

DIRECTIONS: Capital Beltway (MD) Exit 15 East Central Avenue (Rt 214). Continue east on Route 214 approx 1 mile and turn right onto Route 202. Continue approx. 1 mile to Prince George's County Community College. Turn right at main entrance and continue to parking and pool.

ELIGIBILITY:

Open to all invited teams. If your team is interested in participating in this meet, please contact the meet director to request an invitation. Swimmers must be registered with USA Swimming Inc. and should be training at the senior level. Swimmers for this meet should be 13&Over unless the 12 & Under swimmer has achieved USA Swimming "A" time standards in the 13-14 age group. In that case the swimmer may participate in the event where they achieved the time standard and if 3 or more times are achieved at the 13-14 age group then that swimmer may swim up to the maximum allowed for the meet. Age on October 26, 2013 will determine age for the entire meet. No on-deck registration will be permitted.

SCHEDULE:

Day	Session	Warm-up Times	Start Time
Saturday	Session 1	12:00 – 12:50 PM	1:00 PM
Sunday	Session 2 - Distance	6:30 – 7:200 AM	7:30 AM
	Session 3	8:30 – 9:20 AM	9:30 AM

Warm-up times will be adjusted if warranted by the number of athletes registered in one of the sessions listed above.

Notes for events #13-14, 1000 Yd. Freestyle: Swimmers are responsible for providing their own timer and counter; these events will be swum fastest to slowest and limited to the top 48 swimmers (combined genders) based on times. Times slower than 15:00 or NT's will not be accepted.

MEET FORMAT:

All events will be **Timed Finals**. All entry times must have been achieved in USA Swimming sanctioned or approved competition.

Swimmers may enter (4) individual events per session. Swimmers may enter the 1000 Free plus 4 events on Sunday.

RULES:

The 2013 USA Swimming Code and Rules apply. In accordance with the Potomac Valley Swimming Policy, only those coaches who display current valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet

Dive-over starts may be used at this meet at the discretion of the Meet Manager and/or Meet Referee. Coaches are requested to review [Guidance for Dive-Over Starts for Coaches](#). Officials are requested to review [Protocol for Dive-Over Starts](#).

Any swimmers entered in this meet must be certified by a USA Swimming member- coach as being proficient in performing a racing start or must start each race from within the water.

When unaccompanied by a member- coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDS's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

No on-deck USA-S registration will be permitted.

INCLUSION POLICY:

PVS and host clubs along with their Meet Directors are committed to the [Inclusion Policy as adopted by the BOD](#). Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

SUPERVISION:

Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.

Only athletes, USA Swimming certified coaches, and deck officials are permitted on the pool deck. Coaches & deck officials are required to display their 2013 USA Swimming card. Parents not working the meet as a deck official, volunteer lane timer, or other meet position are **not** permitted on deck.

OFFICIALS:

We ask for your team's help in supplying officials for the meet. Anyone in the process of achieving certification through on-deck training is welcome. Contact Lynne Gerlach at gerlach@msscswimming.com . Thank you for your help in advance.

TIMERS:

Teams will be assigned the number of timers based on their entry count. If needed, each team will be contacted as to their assigned lanes for timers by October 22. All teams are responsible for providing timers for their swimmers competing in events 23 & 24 (1000 Free).

RESULTS: Results will be posted on the PVS website <http://www.pvswim.org>

GENERAL:

Meet programs will be sold for \$10.00 and will include all sessions of the meet. Due to PGCC regulations, concessions will not be available in the spectator area. Club hospitality will be offered on the pool deck to all those who volunteer at this meet.

FEES: Fees for individual events are \$6.00. Neither cash nor telephone entries will be accepted.

DEADLINE: Deadline for receipt of entries is October 15, 2013.

WARM-UPS:

Potomac Valley Swimming warm-up procedures and policies for Open warm-up will be in effect.

SEEDING:

400 IM and 500 Free may require positive check in. Please inquire at the scorer's table. Check in for the 1000 free closes at 6:30 AM Sunday morning.

NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Prince George's Community College and Maryland Suburban Swim Club shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

ENTRIES: Deadline for receipt of entries is Tuesday, October 15, 2013

Club entries will be accepted by email. Submission of entries by email must include the following files: the Hy-Tek Commlink II file, The Team Manager Meet Entry Report files (one by SWIMMER and one by EVENT) and an [Entry Cover Sheet](#). The name and phone number of the Club representative submitting the email must be included. INDIVIDUAL OR UNATTACHED ENTRIES WILL ONLY BE ACCEPTED BY delivery to the Post Office Box address below and will not be accepted by e-mail, unless those swimmers are training with a club and that club is submitting their entries in the required above Hy-Tek format. Clubs submitting by email may submit entries to entries@msscswimming.com, in the subject heading type, "2013 Fall Senior Invitational - *****" with the club's initials substituted in place of the asterisks.

NO DECK ENTRIES.

E-Mail Entries To: entries@msscswimming.com

FEES: Individual Events..... \$6.00

Make checks payable to: MSSC and mail to:

**MSSC/Christopher T. Huott
P. O. Box 160
Laurel, MD 20725**

**ORDER OF EVENTS
SESSION 1**

SATURDAY PROGRAM -- OCTOBER 26, 2013
WARM-UP: 12:00 – 12:50 PM / EVENTS 1:00 PM

Women Event #	Events	Men Event #
1*	400 Yard Individual Medley	2*
3	200 Yard Breaststroke	4
5	100 Yard Butterfly	6
7	100 Yard Freestyle	8
9	200 Yard Butterfly	10
11	100 Yard Backstroke	12
*May require positive check-in		

SESSION 2
SUNDAY PROGRAM -- OCTOBER 27, 2013
WARM-UP: 6:30-7:20 AM / EVENTS 7:30 AM

Women Event #	Events	Men Event #
13 %	1000 Yard Freestyle	14%
% - Check-in time closes at 7:00 AM		

SESSION 3
SUNDAY PROGRAM -- OCTOBER 27, 2013
WARM-UP: 8:30-9:20 AM / EVENTS 9:30 AM

Women Event #	Events	Men Event #
15	200 Yard Freestyle	16
17	50 Yard Freestyle	18

19	200 Yard Backstroke	20
21	100 Yard Breaststroke	22
23	200 Yard Individual Medley	24
25**	500 Yard Freestyle	26 **
** May require positive check-in		