### Sanctioned by:



#### Welcome to the

### **2012 FISH June Invitational**



on June 16 and 17, 2012 at Fairland Aquatics Center in Laurel, MD

SANCTION	Sanctioned by USA Sw Sanction # PVI-12-70	vimming through Potomac V	alley Swimming	
	Sanction # PVI-12-70	Fairland A	quatics Center	
			Sunpowder Road	
			•	
	Laurel, MD 20707-3116			
	(301) 362-6060			
	An 8 lane, 50m course will be used for all competition, with a water depth of 13' at the start end and 5'at the turning end.			
5.4.0U.ITV	A separate pool with limited space will be available throughout the meet for continuous warm-up			
FACILITY	No food of any ki	nd is allowed on the pool de	ck. Only water and	or Gatorade are permitted on the
	pool deck.			
	Coaches are resp.	onsible for ensuring that the	eir team areas are cl	ean of any debris at the conclusion
	of each meet sess	sion.		
	Due to limited po	ol deck space, Officials, USA	Registered Coaches	s and Swimmers and meet
	volunteers only w	vill be permitted on the pool	deck.	
	The competition	course has not been certified	d in accordance witl	n USA Swimming Rules and
	Regulations Artic	e 104.2.2(C).		
	Meredith David			
	mail to: mdavid@pvfish.org			
MEET DIRECTOR	(856)745-9213			
WILLI DIRECTOR	The Meet Director reserves the right to limit entries in any event and to combine events in order to			
	manage session length. If it is necessary to make these changes, teams will be notified via email by			
		Refunds will be given when	appropriate.	
	Alan Goldblatt			
FISH OFFICIALS CHAIR	alangoldblatt@verizon.net			
	(703) 283-6489			
MEET REFEREE	Kevin Olson			
	kevin.s.olson@gmail.o	com		
		(0 1 114 0 114)		/0 : "0 0 "=\
	SAT & SUN Mornings			ernoons (Session #2 & #5)
	12 & Under Girls & Bo	oys	13 & Over Girls	& Boys
	<b>12 &amp; Under Girls &amp; Bo</b> 6:50-7:50am Assi	pys gned Warm-up	<b>13 &amp; Over Girls</b> 12:00-1:20pm	& Boys Assigned Warm-up
	<b>12 &amp; Under Girls &amp; Bo</b> 6:50-7:50am Assi 7:30am Posi	pys gned Warm-up tive Check-In Closes	<b>13 &amp; Over Girls</b> 12:00-1:20pm 1:00pm	& Boys Assigned Warm-up Positive Check-In Closes
SCHEDULE	12 & Under Girls & Bo         6:50-7:50am       Assi         7:30am       Posi         7:30am       Office	pys gned Warm-up itive Check-In Closes cials Meeting	13 & Over Girls 12:00-1:20pm 1:00pm 1:00pm	& Boys Assigned Warm-up Positive Check-In Closes Officials Meeting
_	12 & Under Girls & Bo         6:50-7:50am       Assi         7:30am       Posi         7:30am       Offic         7:40am       Lane	gned Warm-up tive Check-In Closes cials Meeting e Timers Meeting	13 & Over Girls 12:00-1:20pm 1:00pm 1:00pm 1:10pm	& Boys Assigned Warm-up Positive Check-In Closes Officials Meeting Lane Timers Meeting
Warm-up and start-up	12 & Under Girls & Bo         6:50-7:50am       Assi         7:30am       Posi         7:30am       Offic         7:40am       Lane         7:50am       Coar	gned Warm-up tive Check-In Closes cials Meeting e Timers Meeting ches Meeting (Sat only)	13 & Over Girls 12:00-1:20pm 1:00pm 1:00pm	& Boys Assigned Warm-up Positive Check-In Closes Officials Meeting
Warm-up and start-up times may be adjusted	12 & Under Girls & Bo         6:50-7:50am       Assi         7:30am       Posi         7:30am       Offic         7:40am       Lane         7:50am       Coal         8:00am       Com	gned Warm-up tive Check-In Closes cials Meeting e Timers Meeting ches Meeting (Sat only) spetition Begins	13 & Over Girls 12:00-1:20pm 1:00pm 1:00pm 1:10pm	& Boys Assigned Warm-up Positive Check-In Closes Officials Meeting Lane Timers Meeting
Warm-up and start-up times may be adjusted after timelines are	12 & Under Girls & Bo         6:50-7:50am       Assi         7:30am       Posi         7:30am       Offic         7:40am       Lane         7:50am       Coal         8:00am       Com         SAT Evening (Distance	gned Warm-up itive Check-In Closes cials Meeting e Timers Meeting ches Meeting (Sat only) npetition Begins e Session #3)	13 & Over Girls 12:00-1:20pm 1:00pm 1:00pm 1:10pm 1:30pm	& Boys Assigned Warm-up Positive Check-In Closes Officials Meeting Lane Timers Meeting Competition Begins
Warm-up and start-up times may be adjusted after timelines are	12 & Under Girls & Bo 6:50-7:50am Assi 7:30am Posi 7:30am Offic 7:40am Land 7:50am Coan 8:00am Com SAT Evening (Distance Positive check-in will of	gned Warm-up itive Check-In Closes cials Meeting e Timers Meeting ches Meeting (Sat only) npetition Begins e Session #3) close 30 minutes prior to the	13 & Over Girls 12:00-1:20pm 1:00pm 1:00pm 1:10pm 1:30pm	Assigned Warm-up Positive Check-In Closes Officials Meeting Lane Timers Meeting Competition Begins
Warm-up and start-up times may be adjusted after timelines are	12 & Under Girls & Bo 6:50-7:50am Assi 7:30am Posi 7:30am Offic 7:40am Land 7:50am Coa 8:00am Com SAT Evening (Distance Positive check-in will of The competition pool	gned Warm-up itive Check-In Closes cials Meeting e Timers Meeting ches Meeting (Sat only) npetition Begins e Session #3) close 30 minutes prior to the will be open for warm-up for	13 & Over Girls 12:00-1:20pm 1:00pm 1:00pm 1:10pm 1:30pm	& Boys Assigned Warm-up Positive Check-In Closes Officials Meeting Lane Timers Meeting Competition Begins on. es immediately following the
SCHEDULE  Warm-up and start-up times may be adjusted after timelines are calculated.	12 & Under Girls & Bo 6:50-7:50am Assi 7:30am Posi 7:30am Offic 7:40am Land 7:50am Coa 8:00am Com SAT Evening (Distance Positive check-in will of The competition pool completion of the afte	gned Warm-up tive Check-In Closes cials Meeting e Timers Meeting ches Meeting (Sat only) npetition Begins e Session #3) close 30 minutes prior to the will be open for warm-up for	13 & Over Girls 12:00-1:20pm 1:00pm 1:00pm 1:10pm 1:30pm	Assigned Warm-up Positive Check-In Closes Officials Meeting Lane Timers Meeting Competition Begins  on. es immediately following the m freestyle.
Warm-up and start-up times may be adjusted after timelines are	12 & Under Girls & Bo 6:50-7:50am Assi 7:30am Posi 7:30am Offic 7:40am Land 7:50am Coa 8:00am Com SAT Evening (Distance Positive check-in will of The competition pool completion of the afte Competition will begin	gned Warm-up tive Check-In Closes cials Meeting e Timers Meeting ches Meeting (Sat only) npetition Begins e Session #3) close 30 minutes prior to the will be open for warm-up for	13 & Over Girls 12:00-1:20pm 1:00pm 1:00pm 1:10pm 1:30pm  e start of competition at least 20 minutes the start of the 800m moon session is com	Assigned Warm-up Positive Check-In Closes Officials Meeting Lane Timers Meeting Competition Begins  an. es immediately following the m freestyle. pleted, but no earlier than 5:30pm

	Open to USA Swimming registered athletes of <u>invited</u> USA Swimming registered teams. Incoming entries will be processed on the first come first served basis. All teams interested in attending should notify the Meet Director with an estimated number of athletes. The Meet Director reserves the right to
ELIGIBILITY	limit any event in order to meet the timeline.
	Each session (excluding the 800m distance session) will be limited to 300 athletes on a first come-first serve basis. However, the Meet Director reserves the right to increase the entries in any session if
	additional athletes can be accommodated within the timeline.
	Athlete's age on June 16 <sup>th</sup> , 2012, will determine the swimmer's age for the entire meet.
SWIMMER ELIGIBILITY	All athletes must compete in his or her own age division.
	All transfer swimmer(s) must swim unattached for 120 days from their last attached competition.
	Swimmers must use an UN- (New Team Alpha Code) as their team affiliation.
COACHES ELIGIBILITY	All coaches "on the deck" must be a registered member of USA Swimming. Coaches must have their
	current coaching card visible at all times and will be issued a deck pass.
	All events will be swum as TIMED FINALS.
MEET FORMAT	Dive-over starts will be used at this meet. Coaches are requested to review the <u>Dive-Over Starts</u>
	<u>Summary for Coaches</u> . Officials are requested to review the <u>Protocol for Dive-over Starts</u> .
	Entries for the 400m Free are limited to those swimmers who have a provable BB time for their age
	group in either the 400m/500y free or the 200m/200y free. All entries must be LCM(time conversions
	are acceptable). Athletes entering with a 200m time will be seeded after athletes entering with 400m
	time.
	Entries for the 400m IM are limited to those swimmers who have a provable BB time for their age group
	in either the 400m/400y IM or the 200m/200y IM. All entries must be LCM (time conversions are
QUALIFYING FOR	acceptable). Athletes entering with a 200m time will be seeded after athletes entering with 400m time.
DISTANCE EVENTS	
	Entries for the 800m Free are limited to those swimmers who have a provable BB time for their age
	group in either then 800m/1000y free or the 400m/500y free. All entries must be LCM (time conversions
	are acceptable). Athletes entering with a 400m time will be seeded after athletes entering with 800m
	times.
	If excessive entries are submitted for the 400 IM (Event #'s 15, 16, 27, and 28) and the 400 Free (Event
	#'s 43, 44, 55 and 56), these events may be limited to the fastest seeded 32 athletes in each event (4
	heats of each event).
	All events 200m and shorter will be seeded slowest to fastest.
SEEDING & EVENT	All events 400m and longer will be seeded fastest to slowest.
LIMITATIONS	Events #29 – 30, Open 800m Free, will be seeded fastest to slowest and alternate gender by heat. If
	excessive entries are submitted, these events will be limited to the fastest seeded 32 athletes in each
	event or 8 heats total.
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	Current USA Swimming Rules and Regulations will apply.      Swimming Rules and Regulations will apply.
	• Swimmers may enter and swim a maximum of seven (7) individual events during the meet, but no more than three (3) individual events during one session.
	• If a swimmer exceeds the maximum entries, their last event(s), by numerical order, will be dropped.
	No on-deck USAS registrations will be permitted.
	<ul> <li>Entries MUST be submitted as LCM times. Time conversions are permitted. "No Time" or "NT" entries will NOT be accepted.</li> </ul>
	• Deck entries may be accepted at the discretion of the Meet Director. All deck entries must be submitted no later than 30 minutes prior to first event of each session. Swimmers will be entered into open lanes in existing heats on a first come, first served basis. In the event of a significantly over subscribed session, the Meet Director reserves the right to not accept deck entries.
	Evidence of current USA-S registration will be required for deck entries.
	<ul> <li>Dive-over starts will be used at this meet at the discretion of the Meet Referee and Meet Management.</li> </ul>
MEET RULES	In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording
	devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms.  As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.
	The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing would be violating the USA Swimming Sportsmanship policy.
	<ul> <li>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> </ul>
	The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & Under events per Rule 205.3.1F. This includes the possibility of limiting the allowable number of events entered per individual and / or adding an additional session(s).
	Events 400m and longer require positive check-in. Check-in will close 30 minutes prior to competition
	for each session. If entries warrant, all events may require positive check-in.
	Athletes who have not checked-in prior to the specified time will be scratched from that session without
POSITIVE CHECK-IN	penalty. Athletes who have checked-in, have been seeded and fail to swim the event will be barred from
PROCEDURE & POLICY	their next scheduled individual event, unless excused by the Meet Referee. If a seeded athlete in a
	positive check-in event has a medical or other significant intervening issue after the seeding is posted,
	the athlete can scratch-out of the event; this action will be treated as a declared a false start (DFS),
	which is written as a DQ, and the athlete does NOT forfeit their next swim if otherwise available.

ENTRIES	<ul> <li>All entries may be submitted using Hy-Tek Team Manager to Meredith David (mdavid@pvfish.org) via email beginning Wednesday, May 9th, but must be received on or before Tuesday, June 5th at 10:00pm.</li> <li>Include in the subject line of email, "2012 FISH June Invitational – (Name of your team)"</li> <li>The meet director will respond to emailed entries within 24 hours. If you do not receive an email response within 24 hours, assume that your email has not been received. It then becomes the sender's responsibility to make sure that the host club's meet director receives the email; please contact the meet director by some means other than email.</li> <li>All entries must be submitted as LCM times. Time conversions are acceptable. "NT" or "No Time" entries will not be accepted. Except for Events 29-30 (Open 800m Free), Coaches need to submit seed times that closely estimate the expected time if a time conversion is not available).</li> <li>All 400m &amp; 800 m events require proof of time (see Qualifying for Distance Events section above). A Hy-Tek entry report with the "Include Proof of Time" box checked is adequate.</li> <li>Include with your Hy-Tek entry file an entry report sorted by name and an entry report sorted by event, both saved as PDF files.</li> <li>In the body of your e-mail provide entry numbers (total athletes, total individual entries) and include contact information (email, phone, officials contact) for your team representative.</li> <li>The meet director will not accept phone or fax entries.</li> <li>If using a mail service (FedEx, UPS, etc.) sign the waiver allowing the service to leave your entries without requiring a signature.</li> <li>Entries that are incomplete, submitted on incorrect forms, or lack the phone number of a responsible club official will not be accepted and will be returned. The Meet Director will not be held responsible if there is no time to properly resubmit the entry.</li> </ul>
ENTRY FEES	Team entries will not be processed until payment has been received.  Individual events are \$7.00 each.  Deck Entries will be \$14.00 at the discretion of the Meet Director.  Each participating club is requested to remit one check to cover the entry fee for the entire team. Do not send cash. Please put your club's name on the entry check (if it is not a club check) and note the number of entries.  Make checks payable to "the FISH"  Refunds will be made to anyone cut from an event by the meet director because of the need to meet our timeline.
ENTRY DEADLINE	Invited teams may begin submitting entries on May 9 <sup>th</sup> , 2012. Team entries will not be considered accepted until entry fees have been received. If your team would like to participate in this meet for the first time, please contact the Meet Director in advance of sending your entries.  Team Entry Deadline Date:  Tuesday, June 5 <sup>th</sup> , 2012 at 10:00PM
SEND ENTRIES TO	Email Hy-Tek entries and entry reports to Meredith David at mdavid@pvfish.org.  Mail entry checks to: 2012 June Invitational c/o Monika Paris 1649 Kurpiers Ct. McLean VA 22101  Entry fees must be received before teams will be allowed to check-in their swimmers.
TIMERS	<ul> <li>The host team will supply one timer per lane (except for events that are 400m or longer).</li> <li>Participating clubs are required to provide a minimum of one timer per 20 athletes entered for Saturday and Sunday morning and afternoon sessions.</li> <li>All swimmers participating in events that are 400m or longer, must supply a timer and a lap counter.</li> </ul>

	PVS warm-up and safety procedures will be in effect during this meet. These procedures may be found
WARM-UP PROCEDURES	at <a href="https://www.pvswim.org">www.pvswim.org</a> . Assigned warm-ups will be used. All coaches, athletes, volunteers and officials must show a deck pass to enter the pool deck.
	Deck Marshals will be assigned to supervise the warm-up sessions and have the authority to remove any swimmer, coach, or club from the warm-up who does not follow the safety rules.
	All swimmers must enter the pool from the starting end of the pool.
	Warm-up assignments are based upon number of entries and may be divided into two equal sessions.  During the posted warm-up times, only the competition pool will be open. Once the meet begins, a
	separate pool with limited space will be available for continuous warm-up/cool down.
INCLUSION POLICY FOR	PVS and host clubs along with their Meet Directors are committed to the <u>Inclusion Policy as adopted by</u>
SWIMMERS WITH A	the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired
DISABILITY	accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for
DISABILITI	notifying the session referee of any disability prior to the competition.
	Certified officials and trainees wishing to volunteer to work this meet please contact the FISH Officials
	Chair, Alan Goldblatt at <u>alangoldblatt@verizon.net</u> by June 5th, 2012. Please indicate your club
	affiliation, certifications held or if a trainee - for what position, and sessions you wish to work. Officials
OFFICIALS	and trainees should sign in at the computer table at the start of warm-ups for each session. Certified
	officials and trainees who learn of their availability after June 5 <sup>th</sup> , 2012, should contact Alan Goldblatt as
	soon as possible or sign in and notify the Meet Referee, Kevin Olson, upon arrival at the meet. An
	officials' briefing will precede each session during warm-ups.
	Participating clubs must help with timing assignments. See "Timing" section.
	Participating club parents must stay off the pool deck, except for timing assignments.
PARTICIPATING CLUB RESPONSIBILITIES	• Participating clubs should help with officiating when possible. List the club contact for club officials with your entry summaries.
REST GIVSIBILITIES	Each club is responsible for supervising the conduct of their swimmers.
	Swimmers are not permitted in any area not directly associated with the swim meet.
	Swimmers are not permitted to bring chairs on deck.
AWARDS & SCORING	There will be no awards given out at this meet and event results are not being scored.
WARNING	Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further
	entries will be accepted from that club until the said fine has been paid.
	Please remember to keep your team area clean. You must follow the rules set forth by the facility (listed
TEAM AREA	under the FACILITY heading). Coaches are responsible for supervising their athletes and helping keep
	their team areas clean.
	Meet sheets will be available for \$3.00 per session. Working officials and coaches will receive a
ONICITE ANAENUTIES	complimentary heat sheet.
ONSITE AMENITIES	A hospitality area will be available for USA Swimming officials and coaches.
	Concessions for spectators and swimmers will be available.
	In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming,
NOTE	Fairland Aquatics Center and the FISH shall be free from any liabilities or claims for damages arising by
	reason of injuries to anyone during the conduct of the event.
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### 2012 FISH June Invitational

# Session #1 12 & Under Girls & Boys Saturday Morning, June 16th Warm-ups: 6:30-7:50am

Girls

1

3

5

 Event Name
 Boys

 12&U 100m Fly
 2

 9-12 200m Breast
 4

 12&U 50m Back
 6

 7
 12&U 100m Free
 8

 9
 12&U 50m Breast
 10

 11
 9-12 200m Back
 12

 13
 12&U 200m Free
 14

 15\*
 9-12 400m IM\*
 16\*

#### Session #4 12 & Under Girls & Boys Sunday Morning, June 17th Warm-ups: 6:30-7:50am

Girls	Event Name	Boys
31	12&U 100m Back	32
33	9-12 200m Fly	34
35	12&U 50m Free	36
37	12&U 100m Breast	38
39	12&U 50m Fly	40
41	12&U 200m IM	42
43*	9-12 400m Free*	44*

<sup>\*</sup>Please see "Qualifying for Distance Events" in the Meet Announcement above.

## Session #2 13 & Over Girls & Boys Saturday Afternoon, June 16th

Warm-ups: 12:00-1:20 pm;

Girls	Event Name	Boys
17	13&O 50m Free	18
19	13&O 200m Breast	20
21	13&O 100m Back	22
23	13&O 200m Free	24
25	13&O 100m Fly	26
27*	13&O 400m IM*	28*
*Diseases IIO. slife in a few Distance French II in the March Assessment		

<sup>\*</sup>Please see "Qualifying for Distance Events" in the Meet Announcement above.

## Session #5 13 & Over Girls & Boys Sunday Afternoon, June 17th

Warm-ups: 12:00-1:20 pm

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Girls	Event Name	Boys
45	13&O 200m Back	46
47	13&O 100m Free	48
49	13&O 200m Fly	50
51	13&O 100m Breast	52
53	13&O 200m IM	54
55*	13&O 400m Free*	56*

<sup>\*</sup>Please see "Qualifying for Distance Events" in the Meet Announcement above.

# Session #3 Distance - Open Girls & Boys Saturday Evening, June 16th Warm-ups: TBD, Positive Check-in: 5:00 pm

Girls	Event Name	Boys
29*	Open 800m Free*	30*

<sup>\*</sup>Please see "Qualifying for Distance Events" in the Meet Announcement above. This event may be limited to the fastest 32 athletes entered.

<sup>\*</sup>Please see "Qualifying for Distance Events" in the Meet Announcement above.