

1/13/11 – All teams scheduled to be at PGS & LC will now be swimming at Fairland.

Machine will swim at Fairland #2

CUBU-West and CUBU-Marymount will now be swimming at Fairland #1

1/15 – MLK: All 13 & Over sessions will be positive check in. Sunday (only) 13 & Over Warm up 2:30, Events 3:30.

1/15 – Fairland #1: All 13 & Over sessions will be positive check in. Sunday (only) 11-12 positive check in, 9-10 Warm up 11:00 am, Events 11:50 am, 13 & Over Warm up 2:00 pm, 3:00 start.

1/15 – Fairland #2: All 13 & Over session will be positive check in. Saturday: 13 & Over Warm up 2:00 pm, Events 3:00. Sunday 9-10 Warm up 11:00 am, Events 12:00. 13 & Over Warm up 3:00, Events 4:00.

PVS January Open

January 22-23, 2011

Sanctioned by USA Swimming through Potomac Valley Swimming: **PVS-11-37**

Hosted for PVS by: Machine Aquatics, RMSC, Fairland Aquatics and Blue Wave Swim Team

Entries due to Meet Manger by: Tuesday January 11, 2011 (check on club deadline)

Meet Schedule

Saturday and Sunday: 11-12 Warm up: 6:30-7:20am, Events:7:30 am

Saturday and Sunday: 9-10 Warm up: 10:30-11:10 am, Events: 11:20 am **see above for changes**

Saturday and Sunday: 13 & Over Warm up: 1:20-2:20 pm, Events: 2:30 pm **see above for changes**

Note: The Meet Directors and PVS Admin Office will determine if the session times or check in times will need to be adjusted based upon the number of entries received.

Meet Host/Director:	Machine Aquatics Paris Jacobs 2314 Toddsbury Place Reston, VA 20191 571-238-7657 paris@machineaquatics.com	RMSC Christa Krukiel Montgomery Aquatic Center 5900 Executive Blvd Rockville, MD 20852-2756 240-777-8070 Christa.Krukiel@montgomerycountymd.gov	Fairland Aquatic Swim Team Manga Dalizu 9518 Haddaway Place Laurel, MD 20723 240-456-0103 fairlandswim@comcast.net	Blue Wave Swim Team Mike Kraeuter Ashburn Village Sports Pavilion 20585 Ashburn Village Blvd. Ashburn, VA 20147 coachmike@ashburnvillage.org
Meet Referee:	Scott Robinson 703-421-1115 Scott.Robinson@cox.net	Donna Considine 410-531-5521 donnaconsidine@verizon.net	Mike Rubin 703-821-2561 Mrubin1@cox.net	

Club Official's Chair:	Scott Robinson 703-421-1115 Scott.Robinson@cox.net	Donna Considine 410-531-5521 donnaconsidine@verizon.net	Randy Bowman 301-604-7193 bowmanr@yahoo.com	Suzanne Marron 703-966-8394 suzannemarron@msn.com
Facility	Prince George's Sports & Learning Center	Martin Luther King Jr Swim Center	Fairland Aquatic Center FAST: Course #1, BWST: Course #2	
Facility Information:	PGS & LC 8001 Sheriff Rd Landover, MD 301-583-2400 <ul style="list-style-type: none"> 8 lane, 25 yards The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C). 	MLK Swim Center 1201 Jackson Road Silver Spring, MD 240-777-8060 <ul style="list-style-type: none"> 8 lane, 25 yards The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C). 	Fairland Aquatic Center 13820 Old Gunpowder Rd Laurel, MD 20702 301-362-6060 <ul style="list-style-type: none"> Dual Course, 8 lanes each, 25 yards The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C). 	
Team Assignments:	PGS&LC: MACH, PEAK, CUBU-PG, YORK, DCPR, ERAC, PGKS, TIBU, FISH	MLK: RMSC, JFD, PM, BTSC, TOLL	Fairland #1: FAST, MSSC, FGAC, JCCW, HACC, OCCS, ASA, RIPS, SNOW, SDS, CUBU-WEST, CUBU-Marymount, PEAK, YORK, DCPR, ERAC, PGKS, TIBU, FISH, CUBU-PG	Fairland #2: BWST, FBST, AAC, MAKO, CUBU, SSCT, TANK, CODS, MACH
Note: Assignments of clubs to pool sites will be reviewed, by the PVS Administrator, after all entries are received. If necessary to achieve reasonable balance, clubs may be reassigned.				
Eligibility:	Open to all Potomac Valley Swimming registered athletes. Also, open to registered athletes of invited USA Swimming clubs. Clubs interested in participation should request an invitation from the PVS Age Group Chair, Manga Dalizu, fairlandswim@comcast.net , PVS Senior Chair, Riley Eaton, reaton@verizon.net . Swimmers shall compete at the age attained on the first day of the meet. It may be necessary to limit entries due to time constraints.			
Disability Swimmers:	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.			
Rules:	<ul style="list-style-type: none"> Current USA Swimming rules shall govern the meet. All events are timed finals. 			

	<ul style="list-style-type: none"> • Seed times are short course yards. In the event that short course yard times are not available, coaches' times are preferred over NTs. • All 12 & Under swimmers are eligible for awards regardless of entry time used. • A swimmer may enter no more than 3 events per day or 6 events during the meet. • No on-deck USA-S registration is permitted • Deck entries will be accepted, and are \$10 per individual event. All deck entries must be submitted no later than 45 minutes prior to first event of each session. Swimmers will be entered into open lanes in existing heats on a first come, first served basis. In the event of a significantly over subscribed session, the Meet Director reserves the right to not accept deck entries. • Evidence of current USA-S registration will be required for deck entries. • Dive-over starts may be used at this meet at the discretion of the Meet Referee and Meet Management. • The use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. • The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing would be violating USA Swimming Sportsmanship policy. • Swimmers in the meet, unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.
Positive Check In:	All events 200 yards or longer will be positive check-in. The Meet Directors will determine if positive check-in will be required for all events. Athletes who check into a deck-seeded event, have been seeded and fail to swim the event will be barred from their next schedule individual event, unless excused by the Meet Referee before the event takes place.
Warm Up:	The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up; times/lane assignments.
Supervision:	Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.
Awards:	First through eighth place ribbons will be awards for all 12 & under events.
Programs:	Programs will be available for each session for a price not to exceed \$2. In the event of the entire session being positive check –in, programs may not be available until after the start of the meet. In the event that programs are not able to be sold, programs will be posted throughout the spectator areas.
Officials & Timers:	<ul style="list-style-type: none"> • Each participating club is requested to provide at least one table worker or official (referee, starter or stroke & turn judge) per session if entering 25 or more splashes • All certified officials wishing to volunteer please contact the appropriate club official's chair prior to January 11. • Participating clubs are required to provide timers in proportion to their entries. One timer is required for each 25 entries. • The Meet Director may send out a request for timers based upon entries.
Entry Procedures:	<ul style="list-style-type: none"> • Entries should be submitted using Hy-Tek Team Manager. • Entry file: • Include in the subject of the email, "2010 PVS JAN OPEN - ***" with the clubs initials in place of the asterisks. Also include training site if your club submits multiple entry files. • Meet Directors are requested to acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the meet director. • Individual event fee: \$4.00 (make checks payable to PVS) • Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.

- Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.

NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Machine Aquatics, RMSC, Fairland Aquatics, Blue Wave Swim Team, Prince George's Sports & Learning Center, MLK Swim Center and Fairland Aquatic Center shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

Saturday January 22, 2011

11-12 Year Old Swimmers

Warm up: 6:30-7:20 am, Events: 7:30 pm

Women's Events #	Event	Men's Event #
1	11-12 50 yd Butterfly	2
3	11-12 200 yd Freestyle	4
5	11-12 100 yd Breaststroke	6
7	11-12 100 yd Backstroke	8
9	11-12 50 yd Freestyle	10
11	11-12 100 yd Individual Medley	12
13	11-12 200 yd Butterfly	14

Positive Check-In for all 200 yd events by 7:00 am (or 30 min after warm up begins)
The meet manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.

Sunday January 23, 2011

11-12 Year Old Swimmers

Warm up: 6:30-7:20 am, Events: 7:30 am (see above for changes)

Women's Event #	Events	Men's Event #
39	11-12 200 yd Breaststroke	40
41	11-12 50 yd Backstroke	42
43	11-12 200 yd Individual Medley	44
45	11-12 100 yd Butterfly	46
47	11-12 50 yd Breaststroke	48
49	11-12 100 yd Freestyle	50
51	11-12 200 yd Backstroke	52
53	11-12 500 yd Freestyle	54

Positive Check-In for all events 200 yd or more by 7:00 am (or 30 minutes after warm up begins).
The meet manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines..

Saturday January 22, 2011 9-10 Year Old Swimmers

Warm up: 10:30-11:20 am, Events: 11:30 am (see above for changes)

Women's Event #	Events	Men's Event #
15	9-10 50 yd Butterfly	16
17	9-10 200 yd Freestyle	18
19	9-10 100 yd Breaststroke	20
21	9-10 100 yd Backstroke	22
23	9-10 50 yd Freestyle	24
25	9-10 100 yd Individual Medley	26

Positive Check-In for all events 200 yd or more by 11:00 am (or 30 minutes after warm up begins).
The meet manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.

Sunday January 23, 2011 9-10 Year Old Swimmers

Warm up: 10:30-11:20 pm, Events: 11:30 am (see above for changes)

Women's Event #	Events	Men's Event #
55	9-10 50 yd Backstroke	56
57	9-10 200 yd Individual Medley	58
59	9-10 100 yd Butterfly	60
61	9-10 50 yd Breaststroke	62
63	9-10 100 yd Freestyle	64
65	9-10 500 yd Freestyle	66

Positive Check-In for all events 200 yd or more by 11:00 am (or 30 minutes after warm up begins).
The meet manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.

Saturday January 22, 2011 13 & Over Session

All events positive check in

Warm up: 1:20-2:20 pm, Events: 2:30 pm (see above for changes)

Women's Event #	Events	Men's Event #
27	13 & Over 200 yd Freestyle	28
29	13 & Over 100 yd Butterfly	30
31	13 & Over 200 yd Breaststroke	32
33	13 & Over 200 yd Backstroke	34
35	13 & Over 100 yd Freestyle	36
37	13 & Over 400 yd Individual Medley	38

Positive Check-In for all events 200 yd or more by 1:50 pm (or 30 minutes after warm up begins).
The meet manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.

Sunday January 23, 2011

13 & Over Session

All events positive check in

Warm up: 1:20-2:20 pm, Events: 2:30 pm (see above for changes)

Women's Event #	Events	Men's Event #
67	13 & Over 100 Yd Backstroke	68
69	13 & Over 200 yd Individual Medley	70
71	13 & Over 200 yd Butterfly	72
73	13 & Over 100 yd Breaststroke	74
75	13 & Over 50 yd Freestyle	76
77	13 & Over 500 yd Freestyle	78

Positive Check-In for all events 200 yd or more by 1:50 pm (or 30 minutes after warm up begins).
The meet manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.

