

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Girls Age 18 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	27.76	737	McMullan, Valerie	18	PV Snow Swimming	7/15/2010	2010 PV LC Sr Champs - Time Trials
2	28.11	708	Mizerak, Gabrielle	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
3	28.57	670	Won, Shinhye	18	PV Sea Devil Swimming	5/29/2010	2010 PV Virginia State LC Cham
4	28.69	660	Guessford, Elise	18	PV Machine Aquatics	8/5/2010	2010 NI Speedo Champions Series
5	28.86	646	Wolla, Kaitlin	18	PV Machine Aquatics	6/17/2010	XLIII Santa Clara Internationa
6	28.98	717	Chuang, Cara	18	PV Rockville Montgomery Swim Club	5/8/2010	2010 PV FISH LC Derby
7	29.14	624	Boone, Brittany	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
8	29.15	623	Lund, Rachel	18	PV Occoquan Swimming Inc	7/15/2010	2010 PV LC Senior Champs
9	29.33	609	Erickson, Jenny	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
10	29.45	599	Hondros, Julia	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
11	29.53	593	Lair Ferrari, Malena	18	PV Sea Devil Swimming	4/23/2010	2010 PV Machine LC Classic
12	29.54	592	Williams, Jenna	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
13	29.70	580	Walsh, Courtney	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
14	30.17	543	Caprio, Claire	18	PV Curl Burke Swim Club	4/23/2010	2010 PV Machine LC Classic
15	30.45	522	Hinkle, Carly	18	PV Arlington Aquatic Club	7/15/2010	2010 PV LC Junior Championships
16	30.47	520	Mills, Kaitlin	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
17	30.65	507	Atkinson, Kelsey	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Junior Championships
18	30.77	498	Merley, Caitlin	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
19	31.36	455	Makarsky, Ashley	18	PV Sea Devil Swimming	5/29/2010	2010 PV Virginia State LC Cham
20	31.46	447	Ferraro, Carmen	18	PV Curl Burke Swim Club	6/4/2010	2010 PV Maryland State LC Championships

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Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	24.70	765	Ellis, Sam	18	PV Machine Aquatics	4/1/2010	2010 Columbus Grand Prix
2	24.88	750	Callahan, Matthew	18	PV Machine Aquatics	8/5/2010	2010 NI Speedo Champions Series
3	25.03	737	Thiede, Scott	18	PV All Star Aquatics	6/11/2010	2010 MD NBAC Long Course Champion
4	25.07	734	Vest, Kevin	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
5	25.30	715	Tremols, Nick	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
6	25.38	708	Hudgins, Mike	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
7	25.41	706	Baumgardner, Jacob	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
8	25.55	694	Karel, Greg	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
9	25.64	687	Hallock, Michael	18	PV Machine Aquatics	6/4/2010	2010 PV SNOW LC Invitational
9	25.64	687	Phillips, Bradley	18	PV Curl Burke Swim Club	8/5/2010	2010 NI Speedo Champions Series
11	25.68	683	Kiss, Balazs	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
12	25.76	740	Kelly, Joseph	18	PV Mason Makos Swim Team	5/8/2010	2010 PV FISH LC Derby
13	25.88	667	Verboncoeur, Chris	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
14	25.91	665	Dow, Lawrence	18	PV Arlington Aquatic Club	6/13/2010	2010 PV LC Open I (MACH)
15	26.04	654	Clancy, Timothy	18	PV Machine Aquatics	7/15/2010	2010 PV LC Senior Champs
16	26.05	653	Chalfant, Dan	18	PV Fort Belvoir Swim Team	5/1/2010	2010 PV Early Bird LC Meet
17	26.22	639	Dona, Alex	18	PV Fort Belvoir Swim Team	5/1/2010	2010 PV Early Bird LC Meet
18	26.34	630	Yelmgren, Michael	18	PV Machine Aquatics	7/15/2010	2010 PV LC Senior Champs
19	26.47 r	619	Conrad, Eric	18	PV Rockville Montgomery Swim Club	6/5/2010	2010 PV Maryland State LC Championships
20	26.69	602	Huizinga, Ben	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs

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Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	59.85	735	Burnett, Rachael	18	PV Potomac Marlins	7/15/2010	2010 PV LC Senior Champs
2	1:00.45	709	McMullan, Valerie	18	PV Snow Swimming	7/15/2010	2010 PV LC Senior Champs
3	1:01.30	673	Bott, Becca	18	PV Curl Burke Swim Club	8/5/2010	2010 NI Speedo Champions Series
4	1:01.32	672	Lair Ferrari, Malena	18	PV Sea Devil Swimming	8/9/2010	2010 Junior National Champs
5	1:01.36	670	Mizerak, Gabrielle	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
6	1:01.72	655	Guessford, Elise	18	PV Machine Aquatics	8/5/2010	2010 NI Speedo Champions Series
7	1:02.32	631	Won, Shinhye	18	PV Sea Devil Swimming	6/12/2010	2010 PV FISH June LC Invitational
8	1:02.46	644	Nowak, Haley	18	PV Occoquan Swimming Inc	5/8/2010	2010 PV FISH LC Derby
9	1:02.49	624	Chuang, Cara	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
10	1:03.02	602	Menguy, Anais	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
11	1:03.45	585	Walsh, Courtney	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
12	1:03.62	578	Ortmayer, Abi	18	PV Machine Aquatics	4/1/2010	2010 Columbus Grand Prix
13	1:03.99	564	Coughlin, Marissa	18	PV Potomac Marlins	7/15/2010	2010 PV LC Senior Champs
14	1:04.36	549	Lund, Rachel	18	PV Occoquan Swimming Inc	7/15/2010	2010 PV LC Senior Champs
15	1:04.47	545	Boone, Brittany	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
16	1:04.57	541	Williams, Jenna	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
17	1:04.61	540	Erickson, Jenny	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
18	1:04.90	528	Hondros, Julia	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
19	1:05.23	516	Ladas, Joanna	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
20	1:05.38	510	Gully, Kendra	18	PV Curl Burke Swim Club	6/25/2010	2010 GU TWST Senior Invitational

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Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	54.08	741	Thiede, Scott	18	PV All Star Aquatics	7/15/2010	2010 PV LC Senior Champs
2	54.45	724	Tremols, Nick	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
3	54.65	715	Phillips, Bradley	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
4	54.87	706	Kelly, Joseph	18	PV Mason Makos Swim Team	7/15/2010	2010 PV LC Senior Champs
5	55.00	700	Park, Kyung	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
6	55.77	667	Hudgins, Mike	18	PV Curl Burke Swim Club	8/11/2010	2010 PV Eastern Zone LC Championships
7	55.80	665	Baumgardner, Jacob	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
8	56.23	647	Yelmgren, Michael	18	PV Machine Aquatics	4/1/2010	Toyota Columbus Grand Prix 201
9	56.45	638	Kiss, Balazs	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
10	56.61	631	Ellis, Sam	18	PV Machine Aquatics	7/15/2010	2010 PV LC Sr Champs - Time Trials
11	56.65	629	Chalfant, Dan	18	PV Fort Belvoir Swim Team	5/29/2010	2010 PV Virginia State LC Cham
12	56.70	627	Conrad, Eric	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
13	56.74	625	Dillon, Bradley	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
14	57.11	610	Dona, Alex	18	PV Fort Belvoir Swim Team	5/1/2010	2010 PV Early Bird LC Meet
15	57.33	601	Karel, Greg	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
16	57.38	599	Richards, Stephen	18	PV Sea Devil Swimming	6/4/2010	2010 PV Maryland State LC Championships
17	57.48	594	Huizinga, Ben	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
18	57.51	593	Petersen, Thor	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Sr Champs - Time Trials
19	57.76	583	Vest, Kevin	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
20	57.83	580	Callahan, Matthew	18	PV Machine Aquatics	6/4/2010	2010 PV SNOW LC Invitational

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Girls Age 18 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:06.21	777	Burnett, Rachael	18	PV Potomac Marlins	7/15/2010	2010 PV LC Senior Champs
2	2:09.34	706	Mizerak, Gabrielle	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
3	2:09.58	701	McMullan, Valerie	18	PV Snow Swimming	7/15/2010	2010 PV LC Senior Champs
4	2:10.75	675	Menguy, Anais	18	PV Rockville Montgomery Swim Club	7/13/2010	2010 PV AP MCSL LC Coaches Invite
5	2:12.05	648	Bott, Becca	18	PV Curl Burke Swim Club	8/5/2010	2010 NI Speedo Champions Series
6	2:12.32	649	Nowak, Haley	18	PV Occoquan Swimming Inc	5/8/2010	2010 PV FISH LC Derby
7	2:13.09	626	Boone, Brittany	18	PV Curl Burke Swim Club	8/5/2010	2010 NI Speedo Champions Series
8	2:14.78	591	Lund, Rachel	18	PV Occoquan Swimming Inc	7/15/2010	2010 PV LC Sr Champs - Time Trials
9	2:15.25	586	Watkins, Alicia	18	PV Rockville Montgomery Swim Club	5/8/2010	2010 PV FISH LC Derby
10	2:16.26	561	Walsh, Courtney	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
11	2:16.52	556	Won, Shinhye	18	PV Sea Devil Swimming	5/29/2010	2010 PV Virginia State LC Cham
12	2:17.04	545	Guessford, Elise	18	PV Machine Aquatics	7/15/2010	2010 PV LC Senior Champs
13	2:17.38	539	Tate, Caylyn	18	PV Blue Waves Swim Team	7/15/2010	2010 PV LC Senior Champs
14	2:17.46	537	Lair Ferrari, Malena	18	PV Sea Devil Swimming	4/23/2010	2010 PV Machine LC Classic
15	2:18.08	525	Coughlin, Marissa	18	PV Potomac Marlins	7/15/2010	2010 PV LC Senior Champs
16	2:18.35	520	Schulkin, Danielle	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
17	2:18.38	519	Hondros, Julia	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
18	2:19.08	506	Gully, Kendra	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
19	2:19.92	490	Finelli, Laura	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
20	2:19.93	490	Ladas, Joanna	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs

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Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:55.92	791	Phillips, Bradley	18	PV Curl Burke Swim Club	8/5/2010	2010 NI Speedo Champions Series
2	1:58.66	729	Thiede, Scott	18	PV All Star Aquatics	7/15/2010	2010 PV LC Senior Champs
3	1:58.78	726	Tremols, Nick	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
4	1:59.74	705	Dillon, Bradley	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
5	2:01.16	674	Kelly, Joseph	18	PV Mason Makos Swim Team	7/15/2010	2010 PV LC Senior Champs
6	2:01.35	669	Verboncoeur, Chris	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
7	2:01.37	669	Kiss, Balazs	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
8	2:01.41	668	Via, Brian	18	PV The Fish	6/12/2010	2010 PV FISH June LC Invitational
9	2:01.85	659	Anderson, Mike	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
10	2:02.57	643	Hudgins, Mike	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
11	2:02.59	643	Richards, Stephen	18	PV Sea Devil Swimming	8/5/2010	2010 NI Speedo Champions Series
12	2:02.83	638	Pennington, Adam	18	PV The Fish	7/15/2010	2010 PV LC Senior Champs
13	2:03.25	629	Grimmett-Norris, Michael	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
14	2:03.49	624	Tollefson, Andrew	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
15	2:03.82	617	Huizinga, Ben	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
16	2:03.87	616	Hughes, Michael	18	PV Occoquan Swimming Inc	7/15/2010	2010 PV LC Senior Champs
17	2:05.10	590	Leach, Andrew	18	PV Arlington Aquatic Club	7/15/2010	2010 PV LC Senior Champs
18	2:05.49	582	Contag, Alec	18	PV The Fish	7/15/2010	2010 PV LC Senior Champs
19	2:07.82	535	Karel, Greg	18	PV Rockville Montgomery Swim Club	7/13/2010	2010 PV AP MCSL LC Coaches Invite
20	2:08.34	525	Mason, Nick	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Girls Age 18 400 Freestyle Long Course Meters**

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:22.36	802	Burnett, Rachael	18	PV Potomac Marlins	5/13/2010	2010 NC Charlotte UltraSwim
2	4:37.85	634	Bott, Becca	18	PV Curl Burke Swim Club	8/5/2010	2010 NI Speedo Champions Series
3	4:40.69	612	Nowak, Haley	18	PV Occoquan Swimming Inc	5/8/2010	2010 PV FISH LC Derby
4	4:41.23	599	Menguy, Anais	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
5	4:44.05	571	Lund, Rachel	18	PV Occoquan Swimming Inc	6/18/2010	2010 NC HPSC Furniture City In
6	4:49.09	523	Finelli, Laura	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
7	4:49.95	515	Guessford, Elise	18	PV Machine Aquatics	6/4/2010	2010 PV SNOW LC Invitational
8	4:55.13	468	Gully, Kendra	18	PV Curl Burke Swim Club	6/25/2010	2010 GU TWST Senior Invitational
9	4:56.92	452	Coughlin, Marissa	18	PV Potomac Marlins	7/15/2010	2010 PV LC Junior Championships
10	4:57.27	449	Merley, Caitlin	18	PV Curl Burke Swim Club	5/1/2010	2010 PV Early Bird LC Meet
11	4:57.88	444	Bush, Adrienne	18	PV Flying Gull Aquatic Club	7/15/2010	2010 PV LC Junior Championships
12	5:02.29	406	Erickson, Melissa	18	PV Curl Burke Swim Club	6/25/2010	2010 GU TWST Senior Invitational
13	5:10.59	340	Williams, Jenna	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
14	5:11.06	336	Hinkle, Jenny	18	PV Flying Gull Aquatic Club	7/15/2010	2010 PV LC Junior Championships
15	5:11.46	333	Vazquez, Carla	18	PV Arlington Aquatic Club	7/15/2010	2010 PV LC Junior Championships
16	5:24.76	239	Bush, Megan	18	PV Flying Gull Aquatic Club	7/15/2010	2010 PV LC Junior Championships
17	5:25.07	237	Hinkle, Carly	18	PV Arlington Aquatic Club	6/13/2010	2010 PV LC Open I (MACH)
18	5:28.50	215	Canetti, Chloe	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Junior Championships
19	5:33.38	186	Rothstein, Amy	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Junior Championships
20	5:49.72	103	McCray, Sarah	18	PV Fairland Aquatic Swim Team	4/23/2010	2010 PV Machine LC Classic

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Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	4:05.83	789	Phillips, Bradley	18	PV Curl Burke Swim Club	8/5/2010	2010 NI Speedo Champions Series
2	4:14.06	702	Via, Brian	18	PV The Fish	6/4/2010	2010 PV Maryland State LC Championships
3	4:18.36	659	Dillon, Bradley	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
4	4:19.58	646	Hughes, Michael	18	PV Occoquan Swimming Inc	7/15/2010	2010 PV LC Senior Champs
5	4:20.40	638	Tollefson, Andrew	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
6	4:20.61	636	Grimmett-Norris, Michael	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
7	4:22.04	622	Thiede, Scott	18	PV All Star Aquatics	6/11/2010	2010 MD NBAC Long Course Champion
8	4:22.55	617	Anderson, Mike	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
9	4:23.74	605	Tremols, Nick	18	PV Curl Burke Swim Club	6/4/2010	2010 PV Maryland State LC Championships
10	4:30.36	543	Contag, Alec	18	PV The Fish	7/15/2010	2010 PV LC Senior Champs
11	4:32.30	525	Jaeger, Marck	18	PV Occoquan Swimming Inc	7/15/2010	2010 PV LC Senior Champs
12	4:32.73	521	Byrd, Matthew	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
13	4:32.80	520	Curl, Tyler	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
14	4:33.23	516	Richards, Stephen	18	PV Sea Devil Swimming	4/23/2010	2010 PV Machine LC Classic
15	4:33.30	515	Emr, Chris	18	PV Hydro-sonic Tiburones	6/13/2010	2010 PV LC Open I (PM)
16	4:33.37	515	Huizinga, Ben	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
17	4:34.65	503	Petersen, Thor	18	PV Rockville Montgomery Swim Club	6/13/2010	2010 PV LC Open I (PM)
18	4:39.00	465	Leach, Andrew	18	PV Arlington Aquatic Club	6/13/2010	2010 PV LC Open I (MACH)
19	4:41.86	440	Giroux, Quinn	18	PV Potomac Marlins	6/13/2010	2010 PV LC Open I (PM)
20	4:44.76	415	Dona, Alex	18	PV Fort Belvoir Swim Team	5/1/2010	2010 PV Early Bird LC Meet

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Girls Age 18 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	9:00.92	803	Burnett, Rachael	18	PV Potomac Marlins	5/13/2010	2010 NC Charlotte UltraSwim
2	9:58.79	529	Tate, Caylyn	18	PV Blue Waves Swim Team	7/15/2010	2010 PV LC Senior Champs
3	10:06.11	497	Lund, Rachel	18	PV Occoquan Swimming Inc	7/15/2010	2010 PV LC Senior Champs
4	10:06.51	496	Finelli, Laura	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
5	10:33.81	387	Bush, Adrienne	18	PV Flying Gull Aquatic Club	7/15/2010	2010 PV LC Junior Championships
6	11:35.01	186	Rothstein, Amy	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Junior Championships

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Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	8:43.63	727	Hughes, Michael	18	PV Occoquan Swimming Inc	7/15/2010	2010 PV LC Senior Champs
2	8:45.91	715	Via, Brian	18	PV The Fish	7/15/2010	2010 PV LC Senior Champs
3	8:50.39	693	Grimmett-Norris, Michael	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
4	9:02.41	634	Pennington, Adam	18	PV The Fish	7/15/2010	2010 PV LC Senior Champs
5	9:02.81	632	Phillips, Bradley	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
6	9:04.19	626	Anderson, Mike	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
7	9:13.12	584	Byrd, Matthew	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
8	9:16.02	570	Huizinga, Ben	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
9	9:19.15	556	Jaeger, Marck	18	PV Occoquan Swimming Inc	7/15/2010	2010 PV LC Senior Champs
10	9:26.19	524	Contag, Alec	18	PV The Fish	7/15/2010	2010 PV LC Senior Champs

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Girls Age 18 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	18:11.43	691	Nowak, Haley	18	PV Occoquan Swimming Inc	5/8/2010	2010 PV FISH LC Derby
2	18:49.87	598	Lund, Rachel	18	PV Occoquan Swimming Inc	7/15/2010	2010 PV LC Senior Champs
3	19:07.18	559	Tate, Caylyn	18	PV Blue Waves Swim Team	7/15/2010	2010 PV LC Senior Champs
4	19:17.44	536	Gully, Kendra	18	PV Curl Burke Swim Club	6/25/2010	2010 GU TWST Senior Invitational

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Boys Age 18 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	17:02.06	694	Via, Brian	18	PV The Fish	5/8/2010	2010 PV FISH LC Derby
2	17:08.98	678	Hughes, Michael	18	PV Occoquan Swimming Inc	5/29/2010	2010 PV Virginia State LC Cham
3	18:01.56	560	Grimmett-Norris, Michael	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
4	18:11.03	539	Jaeger, Marck	18	PV Occoquan Swimming Inc	7/15/2010	2010 PV LC Senior Champs
5	18:20.55	519	Contag, Alec	18	PV The Fish	7/15/2010	2010 PV LC Senior Champs

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Girls Age 18 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:04.87 r	839	Boone, Brittany	18	PV Curl Burke Swim Club	8/8/2010	2010 NI Speedo Champions Series
2	1:05.50	815	Mills, Kaitlin	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
3	1:06.91	762	Chuang, Cara	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
4	1:07.63	735	Lair Ferrari, Malena	18	PV Sea Devil Swimming	8/9/2010	2010 Junior National Champs
5	1:08.99	686	Mizerak, Gabrielle	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
6	1:10.61	629	Schulkin, Danielle	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
7	1:11.08	613	Finelli, Laura	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
8	1:12.92	550	Walsh, Courtney	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
9	1:13.17	542	Atkinson, Kelsey	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
10	1:13.52	531	Guessford, Elise	18	PV Machine Aquatics	8/5/2010	2010 NI - Time Trials Speedo Champions Series
11	1:13.98	516	Won, Shinhye	18	PV Sea Devil Swimming	6/12/2010	2010 PV FISH June LC Invitational
12	1:15.13	479	Hondros, Julia	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
13	1:15.34	472	Wolla, Kaitlin	18	PV Machine Aquatics	6/13/2010	2010 PV LC Open I (MACH)
14	1:17.07	419	McMullan, Valerie	18	PV Snow Swimming	6/4/2010	2010 PV SNOW LC Invitational
15	1:17.58	404	Vistica, Hannah	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
16	1:18.67	372	Makarsky, Ashley	18	PV Sea Devil Swimming	5/29/2010	2010 PV Virginia State LC Cham
17	1:19.03	363	Tarkenton, Shelby	18	PV Arlington Aquatic Club	5/8/2010	2010 PV FISH LC Derby
18	1:19.29	354	Williams, Jenna	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
19	1:20.01	334	Gully, Kendra	18	PV Curl Burke Swim Club	6/25/2010	2010 GU TWST Senior Invitational
20	1:21.08	305	Ferraro, Carmen	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Boys Age 18 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:00.11	766	Dillon, Bradley	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
2	1:01.88	697	Richards, Stephen	18	PV Sea Devil Swimming	7/15/2010	2010 PV LC Senior Champs
3	1:01.96	694	Hallock, Michael	18	PV Machine Aquatics	6/4/2010	2010 PV SNOW LC Invitational
4	1:02.35	679	Hudgins, Mike	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
5	1:02.93 r	657	Callahan, Matthew	18	PV Machine Aquatics	8/8/2010	2010 NI Speedo Champions Series
6	1:03.15	649	Yelmgren, Michael	18	PV Machine Aquatics	7/15/2010	2010 PV LC Senior Champs
7	1:03.81	624	Grimmett-Norris, Michael	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
8	1:03.83	623	Byrd, Matthew	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
9	1:03.87	622	Conrad, Eric	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
10	1:03.88	621	Phillips, Bradley	18	PV Curl Burke Swim Club	8/5/2010	2010 NI Speedo Champions Series
11	1:03.98	618	Hughes, Michael	18	PV Occoquan Swimming Inc	7/15/2010	2010 PV LC Senior Champs
12	1:04.20	610	Tremols, Nick	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
13	1:04.35	604	Baumgardner, Jacob	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
14	1:04.43	601	Verboncoeur, Chris	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
15	1:04.81	587	Brothman, Eric	18	PV Flying Gull Aquatic Club	8/5/2010	2010 NI - Time Trials Speedo Champions Series
16	1:05.73	554	Anderson, Mike	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Sr Champs - Time Trials
17	1:06.51	527	McDermott, Daniel	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
18	1:06.56	525	Chalfant, Dan	18	PV Fort Belvoir Swim Team	5/1/2010	2010 PV Early Bird LC Meet
19	1:07.59	489	Dow, Lawrence	18	PV Arlington Aquatic Club	6/13/2010	2010 PV LC Open I (MACH)
20	1:07.66	487	Nickley, Sean	18	PV Machine Aquatics	4/23/2010	2010 PV Machine LC Classic

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Girls Age 18 200 Backstroke Long Course Meters**

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:16.23	886	Boone, Brittany	18	PV Curl Burke Swim Club	8/5/2010	2010 NI Speedo Champions Series
2	2:20.93	808	Mills, Kaitlin	18	PV Rockville Montgomery Swim Club	7/13/2010	2010 PV AP MCSL LC Coaches Invite
3	2:23.86	761	Chuang, Cara	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
4	2:25.47	735	Lair Ferrari, Malena	18	PV Sea Devil Swimming	7/13/2010	2010 PV AP MCSL LC Coaches Invite
5	2:33.83	606	Schulkin, Danielle	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
6	2:36.32	569	Finelli, Laura	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
7	2:38.03	544	Guessford, Elise	18	PV Machine Aquatics	7/15/2010	2010 PV LC Senior Champs
8	2:40.25	512	Canty, Christine	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
9	2:42.89	475	Hondros, Julia	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
10	2:42.96	474	Atkinson, Kelsey	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
11	2:45.36	441	Vistica, Hannah	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
12	2:50.66	371	Ferraro, Carmen	18	PV Curl Burke Swim Club	6/4/2010	2010 PV Maryland State LC Championships
13	2:50.85	369	Hinkle, Jenny	18	PV Flying Gull Aquatic Club	7/15/2010	2010 PV LC Junior Championships
14	2:51.79	357	Makarsky, Ashley	18	PV Sea Devil Swimming	5/29/2010	2010 PV Virginia State LC Cham
15	2:56.81	295	McGinley, Bridget	18	PV Arlington Aquatic Club	7/15/2010	2010 PV LC Junior Championships
16	2:57.26	289	Erickson, Melissa	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
17	3:10.48	146	McCray, Sarah	18	PV Fairland Aquatic Swim Team	4/23/2010	2010 PV Machine LC Classic
18	3:13.98	113	Bush, Megan	18	PV Flying Gull Aquatic Club	4/30/2010	2010 PV RMSC Spring Classic
19	3:23.08	41	Vasylytsya, Anna	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Junior Championships

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Boys Age 18 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:10.02	766	Conrad, Eric	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
2	2:12.63	717	Dillon, Bradley	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
3	2:15.23	670	Richards, Stephen	18	PV Sea Devil Swimming	4/23/2010	2010 PV Machine LC Classic
4	2:15.33	668	Byrd, Matthew	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
5	2:16.66	644	Grimmett-Norris, Michael	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
6	2:17.76	625	Pennington, Adam	18	PV The Fish	7/15/2010	2010 PV LC Senior Champs
7	2:18.34	615	Hudgins, Mike	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
8	2:18.99	603	Anderson, Mike	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
9	2:20.53	577	Yelmgren, Michael	18	PV Machine Aquatics	7/15/2010	2010 PV LC Senior Champs
10	2:22.37	546	Hughes, Michael	18	PV Occoquan Swimming Inc	6/18/2010	2010 NC HPSC Furniture City In
11	2:22.55	552	Lin, Jeffrey	18	PV Rockville Montgomery Swim Club	5/8/2010	2010 PV FISH LC Derby
12	2:24.73	507	Giroux, Quinn	18	PV Potomac Marlins	7/15/2010	2010 PV LC Senior Champs
13	2:25.27	498	Contag, Alec	18	PV The Fish	7/15/2010	2010 PV LC Senior Champs
14	2:26.30	482	Brothman, Eric	18	PV Flying Gull Aquatic Club	6/4/2010	2010 PV Maryland State LC Championships
15	2:28.38	449	Hirka, George	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
16	2:30.46	417	Chalfant, Dan	18	PV Fort Belvoir Swim Team	5/29/2010	2010 PV Virginia State LC Cham
17	2:33.82	366	Natoli, Carey	18	PV Arlington Aquatic Club	6/4/2010	2010 PV Maryland State LC Championships
18	2:34.22	361	Huizinga, Ben	18	PV Curl Burke Swim Club	6/25/2010	2010 GU TWST Senior Invitational
19	2:36.11	334	Emr, Chris	18	PV Hydro-sonic Tiburones	6/27/2010	2010 PV LC Open 2 (FAST)
20	2:47.76	184	Dona, Alex	18	PV Fort Belvoir Swim Team	5/1/2010	2010 PV Early Bird LC Meet

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Girls Age 18 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:11.99	849	Won, Shinhye	18	PV Sea Devil Swimming	5/29/2010	2010 PV Virginia State LC Cham
2	1:17.50	684	Vandoren, Sarah	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
3	1:18.14	666	Ortmayer, Abi	18	PV Machine Aquatics	4/1/2010	2010 Columbus Grand Prix
4	1:21.43	573	Wagner, Cara	18	PV Flying Gull Aquatic Club	7/15/2010	2010 PV LC Senior Champs
5	1:22.40	547	Callahan, Kristen	18	PV Machine Aquatics	7/15/2010	2010 PV LC Senior Champs
6	1:23.41	519	Bajorek, Theresa	18	PV Hydro-sonic Tiburones	7/15/2010	2010 PV LC Senior Champs
7	1:24.41	493	Finelli, Laura	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
8	1:26.11	449	Bush, Adrienne	18	PV Flying Gull Aquatic Club	7/15/2010	2010 PV LC Junior Championships
9	1:27.00	426	Coughlin, Marissa	18	PV Potomac Marlins	7/15/2010	2010 PV LC Senior Champs
10	1:28.24	395	Canetti, Chloe	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Junior Championships
11	1:30.08	350	Wolla, Kaitlin	18	PV Machine Aquatics	6/27/2010	2010 PV LC Open 2 (PM)
12	1:31.31	321	Williams, Jenna	18	PV Rockville Montgomery Swim Club	6/27/2010	2010 PV LC Open 2 (FAST)
13	1:31.99	328	Watkins, Alicia	18	PV Rockville Montgomery Swim Club	5/8/2010	2010 PV FISH LC Derby
14	1:33.53	270	Erickson, Melissa	18	PV Curl Burke Swim Club	5/1/2010	2010 PV Early Bird LC Meet
15	1:35.54	226	Bush, Megan	18	PV Flying Gull Aquatic Club	7/15/2010	2010 PV LC Junior Championships

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Boys Age 18 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:06.98	792	McDermott, Daniel	18	PV Curl Burke Swim Club	8/9/2010	2010 Junior Nats TT
2	1:08.73	733	Park, Kyung	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
3	1:10.13	687	Tollefson, Andrew	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
4	1:10.39	679	Callahan, Matthew	18	PV Machine Aquatics	8/5/2010	2010 NI Speedo Champions Series
5	1:11.06	657	Richards, Stephen	18	PV Sea Devil Swimming	7/15/2010	2010 PV LC Senior Champs
6	1:11.28	659	Huston, Jacob	18	PV Arlington Aquatic Club	5/8/2010	2010 PV FISH LC Derby
7	1:11.54	642	Thiede, Scott	18	PV All Star Aquatics	7/15/2010	2010 PV LC Senior Champs
8	1:12.02	627	Nickley, Sean	18	PV Machine Aquatics	4/1/2010	2010 Columbus Grand Prix
9	1:12.11	624	Petersen, Thor	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
10	1:12.54	610	Baumgardner, Jacob	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
11	1:13.24	588	Wepasnick, Zack	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
12	1:13.77	572	Hukill, Nathan	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
13	1:14.09	565	Lin, Jeffrey	18	PV Rockville Montgomery Swim Club	5/8/2010	2010 PV FISH LC Derby
14	1:14.20	559	Tremols, Nick	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
15	1:14.82	540	Via, Brian	18	PV The Fish	6/12/2010	2010 PV FISH June LC Invitational
16	1:15.08	532	Husson, Patrick	18	PV Machine Aquatics	7/15/2010	2010 PV LC Senior Champs
17	1:15.13	530	Giroux, Quinn	18	PV Potomac Marlins	7/15/2010	2010 PV LC Senior Champs
18	1:15.99	505	Mason, Nick	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
19	1:17.07	473	Chestnut, Michael	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
20	1:20.66	390	Jaeger, Marck	18	PV Occoquan Swimming Inc	5/8/2010	2010 PV FISH LC Derby

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Girls Age 18 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:42.91	756	Won, Shinhye	18	PV Sea Devil Swimming	6/12/2010	2010 PV FISH June LC Invitational
2	2:50.39	659	Ortmayer, Abi	18	PV Machine Aquatics	4/1/2010	2010 Columbus Grand Prix
3	2:54.70	604	Hewitt, Chelsea	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
4	2:59.02	551	Callahan, Kristen	18	PV Machine Aquatics	7/15/2010	2010 PV LC Senior Champs
5	3:02.73	515	Bajorek, Theresa	18	PV Hydro-sonic Tiburones	5/8/2010	2010 PV FISH LC Derby
6	3:05.78	479	Nowak, Haley	18	PV Occoquan Swimming Inc	5/8/2010	2010 PV FISH LC Derby
7	3:07.48	450	Bush, Adrienne	18	PV Flying Gull Aquatic Club	7/15/2010	2010 PV LC Junior Championships
8	3:08.33	444	Lund, Rachel	18	PV Occoquan Swimming Inc	5/8/2010	2010 PV FISH LC Derby
9	3:11.69	402	Coughlin, Marissa	18	PV Potomac Marlins	7/15/2010	2010 PV LC Junior Championships
10	3:11.88	399	Canetti, Chloe	18	PV Rockville Montgomery Swim Club	6/13/2010	2010 PV LC Open I (PM)
11	3:14.12	374	Erickson, Melissa	18	PV Curl Burke Swim Club	6/25/2010	2010 GU TWST Senior Invitational
12	3:14.55	370	Hinkle, Jenny	18	PV Flying Gull Aquatic Club	7/15/2010	2010 PV LC Junior Championships

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Boys Age 18 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:23.03	854	McDermott, Daniel	18	PV Curl Burke Swim Club	8/9/2010	2010 Junior National Champs
2	2:25.10	824	Tollefson, Andrew	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
3	2:35.12	682	Nickley, Sean	18	PV Machine Aquatics	4/1/2010	2010 Columbus Grand Prix
4	2:35.76	673	Petersen, Thor	18	PV Rockville Montgomery Swim Club	7/13/2010	2010 PV AP MCSL LC Coaches Invite
5	2:38.08	641	Richards, Stephen	18	PV Sea Devil Swimming	6/4/2010	2010 PV Maryland State LC Championships
6	2:38.16	640	Via, Brian	18	PV The Fish	7/15/2010	2010 PV LC Senior Champs
7	2:38.31	642	Lin, Jeffrey	18	PV Rockville Montgomery Swim Club	5/8/2010	2010 PV FISH LC Derby
8	2:42.00	588	Giroux, Quinn	18	PV Potomac Marlins	7/15/2010	2010 PV LC Senior Champs
9	2:43.25	575	Huston, Jacob	18	PV Arlington Aquatic Club	5/8/2010	2010 PV FISH LC Derby
10	2:44.65	553	Hukill, Nathan	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
11	2:45.33	544	Husson, Patrick	18	PV Machine Aquatics	7/15/2010	2010 PV LC Junior Championships
12	2:47.87	511	Thiede, Scott	18	PV All Star Aquatics	6/11/2010	2010 MD NBAC Long Course Champion
13	2:49.88	485	Jaeger, Marck	18	PV Occoquan Swimming Inc	6/18/2010	2010 NC HPSC Furniture City In
14	2:51.22	468	Karel, Greg	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
15	2:52.09	457	Brothman, Eric	18	PV Flying Gull Aquatic Club	7/15/2010	2010 PV LC Senior Champs
16	2:57.87	386	Jacky, Christian	18	PV Fort Belvoir Swim Team	5/1/2010	2010 PV Early Bird LC Meet
17	3:11.76	236	Honnold, Jimmy	18	PV Mason Makos Swim Team	5/8/2010	2010 PV FISH LC Derby
18	3:58.65	1	Parker, Alex	18	PV All Star Aquatics	6/13/2010	2010 PV LC Open I (PM)

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Girls Age 18 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:02.24	849	Schulkin, Danielle	18	PV Rockville Montgomery Swim Club	8/3/2010	2010 National Champs
2	1:04.83	757	Menguy, Anais	18	PV Rockville Montgomery Swim Club	7/13/2010	2010 PV AP MCSL LC Coaches Invite
3	1:05.09	748	Wolla, Kaitlin	18	PV Machine Aquatics	6/17/2010	XLIII Santa Clara Internationa
4	1:05.20	744	Burnett, Rachael	18	PV Potomac Marlins	7/15/2010	2010 PV LC Senior Champs
5	1:06.24	709	Mizerak, Gabrielle	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
6	1:07.51	666	Atkinson, Kelsey	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
7	1:07.61	663	Chuang, Cara	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
8	1:08.85	650	Watkins, Alicia	18	PV Rockville Montgomery Swim Club	5/8/2010	2010 PV FISH LC Derby
9	1:09.15	612	Boone, Brittany	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
10	1:09.52	600	Hondros, Julia	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
11	1:09.68	595	Bott, Becca	18	PV Curl Burke Swim Club	8/5/2010	2010 NI Speedo Champions Series
12	1:09.94	586	Vandoren, Sarah	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
13	1:10.38	572	Lair Ferrari, Malena	18	PV Sea Devil Swimming	4/23/2010	2010 PV Machine LC Classic
14	1:11.16	547	Won, Shinhye	18	PV Sea Devil Swimming	5/29/2010	2010 PV Virginia State LC Cham
15	1:12.23	514	Gully, Kendra	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
16	1:13.50	490	Nowak, Haley	18	PV Occoquan Swimming Inc	5/8/2010	2010 PV FISH LC Derby
17	1:13.68	469	Williams, Jenna	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
18	1:15.26	422	Mills, Kaitlin	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
19	1:16.48	401	Lund, Rachel	18	PV Occoquan Swimming Inc	5/8/2010	2010 PV FISH LC Derby
20	1:16.65	382	Makarsky, Ashley	18	PV Sea Devil Swimming	5/29/2010	2010 PV Virginia State LC Cham

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Boys Age 18 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	56.20	822	Tremols, Nick	18	PV Curl Burke Swim Club	8/3/2010	2010 National Champs
2	58.65	720	Conrad, Eric	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
3	58.84	712	Verboncoeur, Chris	18	PV Rockville Montgomery Swim Club	7/13/2010	2010 PV AP MCSL LC Coaches Invite
4	59.08	703	Baumgardner, Jacob	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
5	59.57	683	Dillon, Bradley	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
6	1:00.13	660	Kelly, Joseph	18	PV Mason Makos Swim Team	7/15/2010	2010 PV LC Senior Champs
7	1:00.61	666	Lin, Jeffrey	18	PV Rockville Montgomery Swim Club	5/8/2010	2010 PV FISH LC Derby
8	1:00.82	633	Chalfant, Dan	18	PV Fort Belvoir Swim Team	5/29/2010	2010 PV Virginia State LC Cham
9	1:00.98	627	Brothman, Eric	18	PV Flying Gull Aquatic Club	8/5/2010	2010 NI Speedo Champions Series
10	1:01.42	610	Nickley, Sean	18	PV Machine Aquatics	4/1/2010	2010 Columbus Grand Prix
11	1:01.91	591	Nasseri, Cyrus	18	PV Curl Burke Swim Club	7/13/2010	2010 PV AP MCSL LC Coaches Invite
12	1:02.22	579	McDermott, Daniel	18	PV Curl Burke Swim Club	6/25/2010	2010 GU TWST Senior Invitational
13	1:02.52	568	Yelmgren, Michael	18	PV Machine Aquatics	4/1/2010	2010 Columbus Grand Prix
14	1:02.76	559	Wepasnick, Zack	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
15	1:02.89	554	Tollefson, Andrew	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
16	1:02.94	552	Dona, Alex	18	PV Fort Belvoir Swim Team	5/1/2010	2010 PV Early Bird LC Meet
17	1:04.09	510	Callahan, Matthew	18	PV Machine Aquatics	7/15/2010	2010 PV LC Senior Champs
18	1:04.21	505	Petersen, Thor	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
19	1:04.42	498	Anderson, Mike	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
20	1:04.52	494	Hudgins, Mike	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Girls Age 18 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:14.23	878	Schulkin, Danielle	18	PV Rockville Montgomery Swim Club	8/3/2010	2010 National Champs
2	2:23.96	730	Burnett, Rachael	18	PV Potomac Marlins	8/3/2010	2010 National Champs
3	2:26.93	686	Wolla, Kaitlin	18	PV Machine Aquatics	6/17/2010	XLIII Santa Clara Internationa
4	2:30.45	635	Atkinson, Kelsey	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
5	2:32.28	613	Watkins, Alicia	18	PV Rockville Montgomery Swim Club	5/8/2010	2010 PV FISH LC Derby
6	2:38.32	525	Gully, Kendra	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
7	2:41.19	486	Menguy, Anais	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
8	2:48.82	386	Vazquez, Carla	18	PV Arlington Aquatic Club	6/27/2010	2010 PV LC Open 2 (PM)
9	2:50.36	371	Lund, Rachel	18	PV Occoquan Swimming Inc	5/8/2010	2010 PV FISH LC Derby
10	3:20.70	48	Rothstein, Amy	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Junior Championships

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Boys Age 18 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:05.49	822	Tremols, Nick	18	PV Curl Burke Swim Club	8/3/2010	2010 National Champs
2	2:12.05	702	Conrad, Eric	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
3	2:13.78	686	Lin, Jeffrey	18	PV Rockville Montgomery Swim Club	5/8/2010	2010 PV FISH LC Derby
4	2:15.84	636	Grimmett-Norris, Michael	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
5	2:16.16	631	Brothman, Eric	18	PV Flying Gull Aquatic Club	8/5/2010	2010 NI Speedo Champions Series
6	2:17.43	609	Dillon, Bradley	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
7	2:18.32	594	McDermott, Daniel	18	PV Curl Burke Swim Club	6/25/2010	2010 GU TWST Senior Invitational
8	2:21.51	541	Petersen, Thor	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
9	2:24.42	495	Richards, Stephen	18	PV Sea Devil Swimming	4/23/2010	2010 PV Machine LC Classic
10	2:24.65	491	Hughes, Michael	18	PV Occoquan Swimming Inc	6/18/2010	2010 NC HPSC Furniture City In
11	2:24.76	489	Via, Brian	18	PV The Fish	6/4/2010	2010 PV Maryland State LC Championships
12	2:25.78	473	Hirka, George	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
13	2:27.22	451	Leach, Andrew	18	PV Arlington Aquatic Club	6/4/2010	2010 PV Maryland State LC Championships
14	2:35.48	330	Dona, Alex	18	PV Fort Belvoir Swim Team	5/1/2010	2010 PV Early Bird LC Meet
15	2:38.06	294	Chalfant, Dan	18	PV Fort Belvoir Swim Team	6/27/2010	2010 PV LC Open 2 (PM)
16	2:46.37	194	Huston, Jacob	18	PV Arlington Aquatic Club	5/8/2010	2010 PV FISH LC Derby
17	2:58.84	63	Jacky, Christian	18	PV Fort Belvoir Swim Team	5/1/2010	2010 PV Early Bird LC Meet

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Girls Age 18 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:23.46	787	Burnett, Rachael	18	PV Potomac Marlins	5/13/2010	2010 NC Charlotte UltraSwim
2	2:29.69	680	Won, Shinhye	18	PV Sea Devil Swimming	5/29/2010	2010 PV Virginia State LC Cham
3	2:29.70	680	Mizerak, Gabrielle	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
4	2:29.73	679	Boone, Brittany	18	PV Curl Burke Swim Club	8/5/2010	2010 NI Speedo Champions Series
5	2:31.59	649	Lair Ferrari, Malena	18	PV Sea Devil Swimming	7/13/2010	2010 PV AP MCSL LC Coaches Invite
6	2:34.66	599	Schulkin, Danielle	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
7	2:37.90	548	Mills, Kaitlin	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
8	2:38.40	547	Nowak, Haley	18	PV Occoquan Swimming Inc	5/8/2010	2010 PV FISH LC Derby
9	2:39.32	527	Atkinson, Kelsey	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Junior Championships
10	2:40.01	516	Tate, Caylyn	18	PV Blue Waves Swim Team	7/15/2010	2010 PV LC Senior Champs
11	2:40.51	509	Callahan, Kristen	18	PV Machine Aquatics	7/15/2010	2010 PV LC Senior Champs
12	2:42.57	478	Wolla, Kaitlin	18	PV Machine Aquatics	5/8/2010	2010 PV SNOW LC Spring Classic
13	2:45.58	443	Lund, Rachel	18	PV Occoquan Swimming Inc	5/8/2010	2010 PV FISH LC Derby
14	2:46.53	421	Vistica, Hannah	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
15	2:48.22	398	Canty, Christine	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
16	2:48.34	396	Merley, Caitlin	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
17	2:49.48	381	Coughlin, Marissa	18	PV Potomac Marlins	7/15/2010	2010 PV LC Senior Champs
18	2:51.54	353	Bajorek, Theresa	18	PV Hydro-sonic Tiburones	6/13/2010	2010 PV LC Open I (PM)
19	2:51.61	352	Bush, Adrienne	18	PV Flying Gull Aquatic Club	6/13/2010	2010 PV LC Open I (PM)
20	2:51.95	348	Canetti, Chloe	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Junior Championships

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Boys Age 18 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:08.54	829	Tremols, Nick	18	PV Curl Burke Swim Club	8/3/2010	2010 National Champs
2	2:09.28	814	Phillips, Bradley	18	PV Curl Burke Swim Club	8/5/2010	2010 NI Speedo Champions Series
3	2:13.95	720	Richards, Stephen	18	PV Sea Devil Swimming	8/5/2010	2010 NI Speedo Champions Series
4	2:14.49	710	Verboncoeur, Chris	18	PV Rockville Montgomery Swim Club	7/13/2010	2010 PV AP MCSL LC Coaches Invite
5	2:14.55	709	Wepasnick, Zack	18	PV Rockville Montgomery Swim Club	7/13/2010	2010 PV AP MCSL LC Coaches Invite
6	2:14.74	705	Park, Kyung	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
7	2:15.47	691	McDermott, Daniel	18	PV Curl Burke Swim Club	6/25/2010	2010 GU TWST Senior Invitational
8	2:16.80	666	Lin, Jeffrey	18	PV Rockville Montgomery Swim Club	7/13/2010	2010 PV AP MCSL LC Coaches Invite
9	2:18.93	626	Callahan, Matthew	18	PV Machine Aquatics	8/5/2010	2010 NI Speedo Champions Series
10	2:19.90	608	Tollefson, Andrew	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
11	2:20.28	601	Brothman, Eric	18	PV Flying Gull Aquatic Club	8/5/2010	2010 NI Speedo Champions Series
12	2:20.55	596	Nickley, Sean	18	PV Machine Aquatics	4/1/2010	2010 Columbus Grand Prix
13	2:20.81	592	Anderson, Mike	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
14	2:20.89	590	Conrad, Eric	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
15	2:21.34	582	Via, Brian	18	PV The Fish	6/4/2010	2010 PV Maryland State LC Championships
16	2:22.01	570	Giroux, Quinn	18	PV Potomac Marlins	7/15/2010	2010 PV LC Senior Champs
17	2:22.77	557	Hudgins, Mike	18	PV Curl Burke Swim Club	6/25/2010	2010 GU TWST Senior Invitational
18	2:23.15	550	Petersen, Thor	18	PV Rockville Montgomery Swim Club	6/13/2010	2010 PV LC Open I (PM)
19	2:23.24	549	Kelly, Joseph	18	PV Mason Makos Swim Team	7/15/2010	2010 PV LC Senior Champs
20	2:23.37	546	Baumgardner, Jacob	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Girls Age 18 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	4:55.98	842	Burnett, Rachael	18	PV Potomac Marlins	5/13/2010	2010 NC Charlotte UltraSwim
2	5:27.61	599	Tate, Caylyn	18	PV Blue Waves Swim Team	7/15/2010	2010 PV LC Senior Champs
3	5:29.51	586	Callahan, Kristen	18	PV Machine Aquatics	7/15/2010	2010 PV LC Senior Champs
4	5:33.88	555	Won, Shinhye	18	PV Sea Devil Swimming	4/23/2010	2010 PV Machine LC Classic
5	5:43.63	487	Lund, Rachel	18	PV Occoquan Swimming Inc	6/18/2010	2010 NC HPSC Furniture City In
6	5:49.79	446	Bush, Adrienne	18	PV Flying Gull Aquatic Club	7/15/2010	2010 PV LC Junior Championships
7	5:59.53	384	Vistica, Hannah	18	PV Rockville Montgomery Swim Club	4/30/2010	2010 PV RMSC Spring Classic
8	6:02.06	368	Erickson, Melissa	18	PV Curl Burke Swim Club	5/29/2010	2010 PV Virginia State LC Cham
9	6:12.07	309	Tarkenton, Shelby	18	PV Arlington Aquatic Club	5/8/2010	2010 PV FISH LC Derby
10	6:24.94	237	Bajorek, Theresa	18	PV Hydro-sonic Tiburones	6/27/2010	2010 PV LC Open 2 (FAST)

PVS 2009-2010 Long Course Top Times**LSC: PV For Dates 9/1/2009 - 8/31/2010****Boys Age 18 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	4:37.03	804	Phillips, Bradley	18	PV Curl Burke Swim Club	8/5/2010	2010 NI Speedo Champions Series
2	4:47.00	716	McDermott, Daniel	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
3	4:48.55	703	Conrad, Eric	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
4	4:49.31	697	Anderson, Mike	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
5	4:50.79	684	Grimmett-Norris, Michael	18	PV Curl Burke Swim Club	7/15/2010	2010 PV LC Senior Champs
6	4:53.82	666	Lin, Jeffrey	18	PV Rockville Montgomery Swim Club	5/8/2010	2010 PV FISH LC Derby
7	4:55.35	646	Giroux, Quinn	18	PV Potomac Marlins	7/15/2010	2010 PV LC Senior Champs
8	4:55.44	645	Tollefson, Andrew	18	PV Rockville Montgomery Swim Club	6/4/2010	2010 PV Maryland State LC Championships
9	4:55.74	643	Tremols, Nick	18	PV Curl Burke Swim Club	6/4/2010	2010 PV Maryland State LC Championships
10	4:56.37	641	Via, Brian	18	PV The Fish	5/8/2010	2010 PV FISH LC Derby
11	4:56.59	636	Byrd, Matthew	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
12	4:57.51	628	Richards, Stephen	18	PV Sea Devil Swimming	7/15/2010	2010 PV LC Senior Champs
13	5:02.10	591	Petersen, Thor	18	PV Rockville Montgomery Swim Club	7/15/2010	2010 PV LC Senior Champs
14	5:04.96	568	Jaeger, Marck	18	PV Occoquan Swimming Inc	7/15/2010	2010 PV LC Senior Champs
15	5:07.75	546	Hughes, Michael	18	PV Occoquan Swimming Inc	6/18/2010	2010 NC HPSC Furniture City In
16	5:09.12	535	Brothman, Eric	18	PV Flying Gull Aquatic Club	6/27/2010	2010 PV LC Open 2 (FAST)
17	5:11.71	516	Nickley, Sean	18	PV Machine Aquatics	4/23/2010	2010 PV Machine LC Classic
18	5:23.17	431	Natoli, Carey	18	PV Arlington Aquatic Club	6/27/2010	2010 PV LC Open 2 (PM)
19	5:23.23	430	Contag, Alec	18	PV The Fish	7/15/2010	2010 PV LC Senior Champs
20	5:29.24	388	Dona, Alex	18	PV Fort Belvoir Swim Team	5/1/2010	2010 PV Early Bird LC Meet