

## 2010 PVS Junior Olympic Championships Important Deadlines for Coaches

### Thursday, March 18

- 5:00 PM Positive Check-In for 11-12 500 Freestyle
- 5:30 PM Positive Check-In for 14&U 1650/1000 Freestyle

### Friday, March 19

- 7:00 AM Relay Cards for 13-14 200 Medley Relay
- 8:00 AM Positive Check-In for 14&U 400 I.M.
- 8:00 AM Positive Check-In for 13-14 800 Freestyle Relay
- 8:40 AM Relay Cards for 13-14 800 Freestyle Relay
  
- 11:10 AM Relay Cards for 11-12 200 Medley Relay
  
- 3:00 PM Positive Check-In for Boys 10&U 500 Freestyle
  
- 7:30 PM Relay Cards for 13-14 800 Freestyle Relay

### Saturday, March 20

- 7:00 AM Relay Cards for 13-14 200 Freestyle Relay
- 8:00 AM Positive Check-In for 13-14 500 Freestyle
- 8:00 AM Positive Check-In for 13-14 400 Medley Relay
- 9:00 AM Relay Cards for 13-14 400 Medley Relay
  
- 11:10 AM Relay Cards for 11-12 200 Freestyle Relay
- 11:40 AM Positive Check-In for 11-12 400 Medley Relay
- 12:40 PM Relay Cards for 11-12 400 Medley Relay
  
- 3:45 PM Relay Cards for 10&U 200 Medley Relay
  
- 6:30 PM Positive Check-In for **Sunday 14&U 1000/1650 Freestyle**

### Sunday, March 21

- 6:30 AM Positive Check-In for 13-14 400 Freestyle Relay
- 7:00 AM Relay Cards for 13-14 400 Freestyle Relay
  
- 10:40 AM Positive Check-In for 11-12 400 Freestyle Relay
- 11:10 AM Relay Cards for 11-12 400 Freestyle Relay
  
- 2:25 PM Relay Cards for 10&U 200 Freestyle Relay
- 3:00 PM Positive Check-In for Girls 10&U 500 Freestyle