

November 15, 2007

PVS Age Group B/BB Championships

February 22-24, 2008

Lee District Rec Center, Alexandria, VA

Notes:

- 1) This would be a window meet for 14 & Under swimmers within Potomac Valley: Using the 2005-08 National Age Group Motivational Times (SCY), the meet would be open to all PVS athletes with "B" times through the qualifying times for the PVS 14/Under Junior Olympic Championships
- 2) Timed Finals meet
- 3) Times achieved at this meet would NOT be allowed for entering the PVS 14/Under JO Champs
- 4) We have the pool rented for the following times: Friday 5-9pm, Sat/Sun: 6:30am-6:30pm
- 5) Friday is the 9-10 & 11-12 200 Free and the 13-14 500 Free: 5:00-6:00pm Warmups, 6:10pm Start
- 6) Here is the breakdown of events by Age Group (order of events TBD):

13-14s (compete in the morning on Sat and Sun)

6:30-7:30am Warmup, 7:40am Start

Friday: 500 Free

Saturday: 50 Free, 200 Free, 100 Back, 100 Breast, 200 Fly

Sunday: 100 Free, 200 Back, 200 Breast, 100 Fly, 200 IM

11-12s (compete midday on Sat and Sun)

11:00-12:00 Warmup, 12:10pm Start

Friday: 200 Free

Saturday: 50 Free, 100 Back, 100 Breast, 50 Fly, 200 IM

Sunday: 100 Free, 50 Back, 50 Breast, 100 Fly, 100 IM

9-10s (compete in the afternoon on Sat and Sun)

3:00-3:50 Warmup, 4:00pm Start

Friday: 200 Free

Saturday: 50 Free, 100 Back, 100 Breast, 50 Fly, 200 IM

Sunday: 50 Free, 50 Back, 50 Breast, 100 Fly, 100 IM

- 7) Awards would be given out to the Top 8 swimmers in each event based on AGE (not age group): 9&Under, 10, 11, 12, 13, and 14 year olds.
- 8) Lee District Rec Center is a 25 Yard X 50 Meter pool, but is not able to accommodate two 8 lane 25 Yard courses. It is capable of running heats of up to 12 lanes for one course, if it is deemed necessary. There is adequate space in the shallow end and/or the deep end of the pool to have continuous warm-up/cool-down lanes throughout each session of the meet.