REGISTRATION DEADLINE FOR 15/OVER SWIMMERS IS SUNDAY, JULY 20TH REGISTRATION DEADLINE FOR 14/UNDER SWIMMERS IS SUNDAY, JULY 20th

(Both deadlines are the close of the applicable Sunday Finals session)

| | Name | | Age as of August 6, 2008 M F |
|--|---|--|---|
| | Addres | SS | Gender |
| Phone | | Club | |
| | Ath | lete's USA Swimming Registra | ation Number |
| NOTE: F | Registration will no | ot be accepted without correct | USA Swimming registration Number |
| | Coach's N | lame | Coach's Phone |
| YES | NO | If Yes, please comple | te Page 5 of this form. he PVS Eastern Zone Team under provisions |
| Under swimmer | rs and two 13-18 sw | | Please note: PVS may only bring two 12 & he event that PVS receives registrations in Manager. |
| and/or the strok available for rela | es swum in medley ays if chosen | vs will also be determined solely be a sol | Zone Team coaching staff. The position in a relay by the coaching staff. Please check the days you are 8th 9th which they qualify. In the event a swimmer exceeds Manager to discuss event entries. |
| We have review In submitting thi | wed the information is registration we un | n posted on the PVS website ht | ttp://www.pvswim.org/0708meet/08ez_lc_ltr.html |
| A Request | for registration | r fee refund must be recei | ved no later than 5PM, Monday, July 23 |
| | Swimmer's S | ignature | Date |
| | Parent's Sig | nature | Date |
| | | m, please be sure you complete ct and Apparel Order Form. | e and submit the Supplemental Request for |
| Mail completed registration to: | Note: If using Fed E requiring a signatur | e. Registration fee of \$160.00 mus | fax to 240-314-8759 bwing for the service to leave your application without taccompany application. Direct your inquiries regarding 01-910-2416 or pvszone@pvswim2.org |
| | | For PVS Use Only | |
| Date Received | Payment Received | Code of Conduct Signed Suppl | lemental Information Received Apparel Order Form Received |

POTOMAC VALLEY SWIMMING SUPPLEMENTAL REQUEST FOR INFORMATION

| | Swim | nmer information | | |
|--|--|-----------------------------|------------|----------------------|
| Last | First | Middle | | Date of Birth |
| | | | | |
| | Parent / | / Guardian Contact | | |
| Last | First | Middle | | Telephone |
| | | | Home | |
| Address | | | Work | |
| | | | Other | |
| | | | Other | |
| | Non-Parent Eme | ergency Contact Information | o tino | |
| Name | | Relationship | Telephor | ne |
| | | | | |
| | | | | |
| | | | | |
| Madical Coverage Duravides | | nsurance Information | Cubaar!L | or# |
| Medical Coverage Provider | Policy # | Group # | Subscrib | er # |
| | | | | |
| | | 1 | | |
| Aspirin Yes Please note that our child i | No No s allergic to the fo | | No | |
| List all medications and do | osages that your c | child takes on a daily | y basis: _ | |
| I/we acknowledge that our and codes of conduct estab our child violates one of the before any discipline action | olished by Potoma ne rules of the cod | ac Valley Swimmin | g. We furt | her acknowledge that |
| I, the undersigned parent/g services to be administered if I cannot be contacted in payment of emergency ser | d to my son/daugh the event of an er | hter mergency. I further | | - |
| Sig | nature of Parent | | | Date |

POTOMAC VALLEY SWIMMING CODE OF CONDUCT

| All PVS competitive programs where athlete, coaches, or parent volunteers are sponsored by, or represents, PVS require them to accept the following Code of Conduct as a condition of participation. |
|--|
| I, as a member of PVS, understand that I represent Potomac Valley Swimming and I will do nothing to bring discredit upon PVS or myself. Therefore, I will not; |

- Possess, steal, destroy, vandalize, or in any way endanger the safety or property of others.
- Possess or use illegal drugs or controlled substances, including tobacco products.
- Possess or use alcoholic beverages.

I understand that failure to comply with the above will result in immediate dismissal from the team and return home at my or my parent's expense. I further understand that additional sanctions may be imposed after a timely review by the PVS Board of Directors.

If I am participating as an athlete on a PVS team, I also promise to:

- Comply with any team rules, including nightly curfews, established by PVS, the team managers, or the coaching staff.
- Attend all team functions, including meetings, practices, meals, competitions and any other function designed by the team managers and/or coaches unless specifically excused by one of the above.
- Travel with the team unless other specific arrangements are made known and approved by the team manager or head coach.
- Compete in the events chosen by the coaching staff and attend all meet competition sessions as directed by the coaching staff.
- Comply with established uniform requirements.
- Maintain an open door when male and female athletes are in the same room.
- Abide by any additional guidelines established by the team manager or coaching staff to ensure the safety and well-being of team members.
- Act respectfully toward team members, coaches, officials, administrators, other volunteers and fellow athletes.

I understand that failure to comply with the above conditions of the Code will result in disciplinary action which may include, but is not limited to the following (listed in order of severity):

- Termination of participation in non-swimming team activities.
- Termination of participation in one or more swimming events.
- Dismissal from the team and return home at own expense
- Disqualification from future teams.
- Denial of future requests for PVS travel assistance.

I understand that I may appeal any disciplinary action in accordance with the PVS Bylaws.

| Athlete/Coach/Parent Volunteer | Date | |
|--|------|--|
| Parent or Legal Guardian if under 18 | Date | |

| PVS 2008 LONG COURSE ZONE REGISTRATION | | | | | | | | | | | | | | | | | |
|--|--|------------------|----------------|---------|----------|-------------|------------|------------------|------------|---------|---------|-------|------------|--------|-----|--|--|
| Athlete's Name | | | | | | | | Phone # | | | | | | | | | |
| ₹TY ₹ | | | | | | | | | | | | | | | | | |
| | 2008 Long Course Zone Team Apparel Order Form | | | | | | | | | | | | | | | | |
| | | Plea | ase cor | nplet | e and | d sub | mit th | nis f | orm v | with | your | Zone | e Applica | tion. | | | |
| 2 P¹ 1 P² If you did 1 P³ If you did | Below is the apparel that PVS will be providing each swimmer: 2 PVS Silver Latex Caps and 2 PVS T-Shirts (Please circle size of shirts below) 1 PVS Championship Swim Suit (Please circle size of suit below) If you did not compete on the 08 SC Zone Team (in April), you will also receive: 1 PVS Warm-Up (Please circle size of jacket and pants below) If you did compete on the 08 SC Zone Team (in April), you will also receive: 1 PVS Towel and 1 PVS Training Swim Suit (Please circle size of suit below) | | | | | | | | | | | | | | | | |
| TEAM T-SI | | | | | | | YL | | S | | М | | L | | XL | | |
| | | | | 1 SIZE |) | | ī L | | 3 | | IVI | | L | | ΛL | | |
| CHAMPIOI FEMALE | NSHIP S TYR FUSIC | | | 22 | 24 | 26 | 28 | 30 | 32 | 34 | 36 | 38 | (CIRCLE S | SIZE) | | | |
| MALE | TYR FUSIC | , | ŕ | 22 | | 26 | | 30 | 32 | 34 | 36 | 38 | (CIRCLE S | ŕ | | | |
| IVIALL | TIKTOSIC | JIV (JAIVII | VILIX) | 22 | 24 | 20 | 20 | 50 | 52 | 54 | 30 | 30 | (CINCLE C | SIZL) | | | |
| If you were | not on t | he 20 | 08 Sh | ort C | ours | se Zo | one 7 | ^r ear | m (in | Ар | ril), s | elec | t the foll | lowin | ig: | | |
| TEAM WA | RMUPS | (Roya | al Jac | ket a | nd l | <u>Pant</u> | <u>:s)</u> | | | | | | | | | | |
| *Youth Warmup | sizes come a | as a set; | Women's | sizes | are sn | naller t | han the | e Mer | ı's size | s; **It | em's ar | e not | returnable | | | | |
| Please choos | se either a | Youth | Set (on | e size | for . | Jacke | t and | Pan | its) oi | an | Adult J | lacke | et and Add | ult Pa | nt: | | |
| YOUTH WARM- | UP SET | | YM | | Υ | Ľ | | | (CIRC | LE S | IZE) | | | | | | |
| | OR Selec | t <u>Men's</u> o | or <u>Wome</u> | n's Adu | ılt size | Jacke | t AND | Pants | below | / | | | | | | | |
| MEN'S ADULT J MEN'S ADULT F | | | S S | M M | L L | | XL XL | | XXL XXL | ((| CIRCLE | | | | | | |
| WOMEN'S ADU | | | S | S M | M L | | L XL | | XL | ((| CIRCLE | | CLE SIZE) | | | | |
| If you were on the 2008 Short Course Zone Team (in April), you will receive a Towel and a Training Swim Suit. Please select the size of the swim suit below: FEMALE TYR American Ace (MAXBACK) 22 24 26 28 30 32 34 36 38 (CIRCLE SIZE) | | | | | | | | | | | | | | | | | |

FEMA MALE 22 24 26 28 30 32 34 36 38 (CIRCLE SIZE) TYR American Ace (JAMMER)

OPTIONAL EQUIPMENT (for Purchase):*PVS Zone Team members are not allowed to wear apparel or use equipment with the logo of their club team.

| 1 vo Zone real members are not allowed to wear apparer of use equipment with the log | go or their oldb team | ···· |
|---|-----------------------|-----------|
| 3 Items available for PVS Zone Team Athletes to Purchase: 1) TYR BACKPACK (Royal with embroidered PVS Zone Team logo): | \$40.00 each | QUANTITY: |
| 2) TYR BEACH TOWEL (Black/White/Red with PVS Zone Team logo): | | |
| 3) TYR TRAINING SWIM SUIT (Circle size of suit in section above): | \$40.00 each | QUANTITY: |

Payment for "Optional Equipment" must be turned in with this form using a personal Check or Cashier's Check Checks should be made payable to Potomac Valley Swimming and must be made separate from the payment for PVS Zone Tean registration. Orders must be received by the registration deadlines.

Questions: Please contact Mark Faherty at fahertyswim@yahoo.com

Swimmers with a Disability Entry Form

| Name | | |
|-------------------------------------|---------------------|--------|
| ClubLS | C | |
| USA Swimming # | Age first day of th | e meet |
| Swimmer email address | | |
| Swimmer phone number | | |
| Name of person completing this form | 1 | |
| Email address | Phone # | |

Please enter events below. The maximum number of events for any swimmer is six (6). Please indicate the swimmer's preference regarding seeding of their entry for each event. Please note that changing age groups may change the session & location that the swimmer swims. Changing the distance may change the date on which the swim occurs. Take these factors into consideration when selecting the seeding procedure for each event listed below. The meet staff has the final decision regarding seeding procedures.

| Event # | Event Description | Entry Time | Seed with Age Group(same age, same distance) | Seed with Different Distance (same age different distance) | Seed with Comparable Time(younger age, distance depends on entry time) |
|---------|----------------------|------------|--|--|--|
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