

Sanctioned by:



2006 Swim Like a FISH Invitational

Hosted by:



June 17 - 18, 2006
George Mason University – Fairfax

Swimteam

SANCTION	Sanctioned by USA Swimming through Potomac Valley Swimming Sanction # PVI-06-44			
FACILITY	George Mason University - Aquatic and Fitness Center 4400 University Boulevard Fairfax, Virginia 22030 (703) 993-3939 50 meters – 8 lanes			
MEET DIRECTOR	Mike Kraeuter h2o-life@att.net 703-218-2427 The MD reserves the right to: <ul style="list-style-type: none"> ➤ Limit entries in any event, if necessary, in order to manage session length. ➤ If it is necessary to limit entries, teams will be notified by Friday, June 9th, and refunds will be given. ➤ Combine events in which there are insufficient entries. 			
CLUB OFFICIALS CHAIRMAN	Mike Kraeuter (NEW) h2o-life@att.net 703-218-2427			
MEET REFEREE	John Firestein mailto:jfirestein@mac.com			
SCHEDULE	<p>Continual warm-up/warm down facilities are available throughout the meet (except during open and assigned warm-up times)</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>SAT & SUN Mornings (Sessions #1 & #3)</p> <ul style="list-style-type: none"> ▪ 6:30-7:50am Assigned Warm-ups 7:30am Officials Meeting 7:45am Lane Timers Meeting 7:50am Coaches Meeting (Sat only) ▪ 8:00am Competition Begins </td> <td style="width: 50%; vertical-align: top;"> <p>SAT & SUN Afternoons (Sessions #2 & #4)</p> <ul style="list-style-type: none"> ▪ Assigned warm-ups to commence immediately following the conclusion of the morning sessions #1 and #3, but not earlier than 11:30am. ▪ Competition will begin 90 minutes after the start of warm-ups. ▪ Accurate timeline projection will be made available after all entries have been received. ▪ Session timelines will be sent electronically to all attending teams, with their Warm-Up lane assignments and Lane Timer Assignments by Friday June 9th. </td> </tr> </table>		<p>SAT & SUN Mornings (Sessions #1 & #3)</p> <ul style="list-style-type: none"> ▪ 6:30-7:50am Assigned Warm-ups 7:30am Officials Meeting 7:45am Lane Timers Meeting 7:50am Coaches Meeting (Sat only) ▪ 8:00am Competition Begins 	<p>SAT & SUN Afternoons (Sessions #2 & #4)</p> <ul style="list-style-type: none"> ▪ Assigned warm-ups to commence immediately following the conclusion of the morning sessions #1 and #3, but not earlier than 11:30am. ▪ Competition will begin 90 minutes after the start of warm-ups. ▪ Accurate timeline projection will be made available after all entries have been received. ▪ Session timelines will be sent electronically to all attending teams, with their Warm-Up lane assignments and Lane Timer Assignments by Friday June 9th.
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ENTRY DEADLINE	All entries will be accepted on a first come basis. Meet Entries will be taken until the meet fills. Team entries will not be considered as accepted unless entry fees have been received. Entry Deadline Date: Tuesday, June 6th, 2006 at 5:00PM			
ENTRY FEES	<p>Team entries will not be processed until payment has been received.</p> <ul style="list-style-type: none"> ➤ Surcharge per swimmer is \$2.00 ➤ Fees for individual events are \$5.00 <p>Each participating club is requested to remit one check to cover the entry fee for the entire team. Do not send cash. Please put the club name on the entry check (if not a club check) and note the number of entries.</p> <p style="text-align: center;">Make checks payable to the FISH</p> <p>Refunds will be made to anyone cut from an event by the meet director, because of need to limit competition.</p>			

SEND ENTRIES TO	<p style="text-align: center;">the FISH 3082 White Birch Ct. Fairfax, VA 22031 Attn: Mike Kraeuter</p> <p style="text-align: center;">E-mail entries will be accepted. Send electronic entries including meet entry reports to: h2o-life@att.net</p> <p style="text-align: center;">Entry fee check must be received by June 13th, 2006</p>
RULES	<ul style="list-style-type: none"> ➤ Current USA Swimming Rules and Regulations will apply. ➤ Swimmers may enter and swim a maximum of 4 individual events in any one session. ➤ Entries MUST be submitted in LC METERS times. No NT's will be accepted (refer to the entries section). ➤ The meet director reserves the right to deck seed the meet in the interest of manageable time lines. If used, events will be seeded on the deck. Swimmers not checked in will be scratched from that event. Athletes who have checked in, been seeded, and fail to swim the event will be barred from their next scheduled individual event. ➤ The meet will be capped at 700 swimmers. ➤ Sessions #1, #2, #3 and #4 (SAT & SUN Mornings and Afternoons) are limited to a maximum of 400 swimmers per session. ➤ To maximize the timeline, every swimmer must be entered with a previously earned LCM time, or a converted time (SCY or SCM times converted to LCM times), or an estimated COACHES TIME. If events are received with NT's the team will be contacted and asked to supply a time. If there is no response, then the event will be dropped. ➤ If a swimmer exceeds the maximum entries, the last event, by numerical order, will be dropped. ➤ No late/deck entries are permitted for this meet.
ENTRY TIMES	<p>To maximize the timeline, every swimmer must be entered with a previously earned LCM time, or a converted time (SCY or SCM times converted to LCM times), or an estimated COACHES TIME. If events are received with NT's the team will be contacted and asked to supply a time. If there is no response, then the event will be dropped.</p>
ENTRIES	<p>In accordance with PVS policy, team entries may be submitted by E-mail to h2o-life@att.net (please use "2006 FISH LC Invite - *****" with the club's initials substituted in place of the asterisks. If the club is submitting entries from more than one location, please add the location to the heading with the club initials.)</p> <ul style="list-style-type: none"> ➤ Events file for use in Team Manager is available for download here: "44mm061706" ➤ All entries must be Hy-Tek program entries either on a 3 ½" diskette or as an attached file to an e-mail. ➤ The meet director will respond to e-mails within 24 hours. If you do not receive an e-mail response within 24 hours, assume that your e-mail has not been received. It then becomes the sender's responsibility to make sure that the host club's meet director receives the e-mail. If you do not receive an e-mail response, you must contact the meet director by e-mail or phone or mail in your entries. ➤ Include with your commlink file one (1) report by name and one (1) by event. Create these reports in Team Manager and save as Word for Windows files. ➤ In the body of your e-mail provide entry numbers (girls, boys, totals). Include contact information (e-mail, phone, officials contact). <p>Entries may be sent via mail/express mail/etc...</p> <ul style="list-style-type: none"> ➤ Computer disk entries (Hy-tek) are encouraged. Disk entries require one (1) meet entry report by name and one (1) by event from Team Manager. Entries may also be submitted on a PVS Master Entry Sheet. All entries must include a completed "Entry Cover Sheet." ➤ The meet director will not accept phone or fax entries. ➤ If using a mail service (FedEx, UPS, etc...) sign the waiver allowing the service to leave your entries without requiring a signature. ➤ Entries that are incomplete, submitted on incorrect forms, or lacking the phone number of a responsible club official will not be accepted and will be returned. The Meet Director will not be held responsible if there is no time to properly resubmit the entry.

SWIMMER ELIGIBILITY	<ul style="list-style-type: none"> ➤ Age on June 17th, 2006, will determine the swimmer's age for the entire meet. ➤ An athlete may only compete in his/her own age division. ➤ Only USA Swimming registered teams will be invited to participate. ➤ All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. ➤ Invitations may be extended to clubs if interest is expressed, provided commitments have not exceeded the meet limit of 850 swimmers. ➤ To be eligible to enter this meet, a swimmer must be registered with USA Swimming and their LSC, no later than the entry deadline. ➤ On-deck registration will NOT be allowed.
COACHES ELIGIBILITY	<p>All coaches “on the deck” must be a registered member of USA Swimming.</p> <ul style="list-style-type: none"> ➤ Coaches must have coaching card visible at all times.
MEET FORMAT	<ul style="list-style-type: none"> ➤ The pool will be configured to conduct competition in 8-lane, 50meter pool. ➤ All events will be swum as TIMED FINALS. ➤ Overhead starts may be used to manage the length of each session.
WARM-UP PROCEDURES	<ul style="list-style-type: none"> ➤ PVS warm-up and safety procedures will be in effect during this meet. These procedures may be found at http://www.pvswim.org. ➤ Deck Marshals will be assigned to supervise the warm-up sessions, and have the authority to remove any swimmer, coach, or club from the warm-up who does not follow the safety rules. ➤ All swimmers must enter the pool from the starting end of the pool. <p><u>Warm-up Procedure based upon number of entries:</u></p> <ul style="list-style-type: none"> ➤ The warm-up sessions will be two 40-minute warm-ups divided by teams.
INCLUSION POLICY FOR SWIMMERS WITH A DISABILITY	<p>PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</p>
CHECK-IN POLICY	<p>For those events requiring positive check-in, coaches shall designate their athlete's intention to swim the event on the forms provided to them. Athletes who have not been checked-in prior to the specified time will be scratched from the event. Athletes who have checked-in, have been seeded, and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Referee.</p>
OFFICIALS	<p>All certified officials wishing to volunteer to work this meet please contact the FISH Officials Chairman, (new) Mike Kraeuter at: mailto:h2o-life@att.net prior to June 10th, 2006. Please include your club affiliation, certifications held, and sessions you wish to work. Officials assigned to this meet should sign in at the computer table at the start of warm-up. Certified officials who have not been contacted should volunteer their services to the Referee.</p> <ul style="list-style-type: none"> ➤ USA Swimming certified officials are requested for all positions. ➤ While on the deck Officials must have current credentials visible at all times.
HOST CLUB RESPONSIBILITIES	<p>The host club will provide a single timer in each lane throughout the meet.</p> <p>The meet director will create a warm-up schedule and timing assignments that will be fair and equal to all teams. The warm-up schedule will be e-mailed to all participating clubs no later than 72 hours before the meet.</p>
PARTICIPATING CLUB RESPONSIBILITIES	<p>Participating clubs must help with timing assignments. Timing assignments will be sent via e-mail to participating clubs prior to the meet.</p> <p>Participating club parents must stay off the pool deck except for timing assignments.</p> <p>Participating clubs should help with officiating whenever possible. List the club contact for club officials with your entry summaries.</p> <ul style="list-style-type: none"> ➤ Each club is responsible for supervising the conduct of their swimmers. ➤ Swimmers are not permitted in any area not directly associated with the swim meet.
AWARDS	<p>There will be 3 levels of awards given out:</p> <ol style="list-style-type: none"> 1. Swimmers entered with USA “A” times or faster will receive ribbons for 1st – 8th place. 2. Swimmers entered with USA “BB” times and slower than USA “A” times will receive ribbons for 1st – 8th place. 3. Swimmers with times slower than USA “BB” times will be receive ribbons for 1st – 8th place.

WARNING	Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.
DECK ACCESS	<ul style="list-style-type: none"> ➤ Anyone not working the meet as a deck official, volunteer timer, or other meet position are not permitted on the deck and will be asked to leave. Only athletes, USA Swimming Certified Coaches, and deck Officials are permitted on the pool deck. Coaches and deck officials are required to display their current USA Swimming card. ➤ All others are required to be in the elevated spectator bleachers.
ONSITE AMENITIES	<ul style="list-style-type: none"> ➤ Meet programs will be made available by session. ➤ A hospitality area will be available for USA Swimming officials and coaches. ➤ Concessions for spectators and swimmers will be available in the upstairs classroom. ➤ A swim shop vendor may be available.
MEET HOTELS	<p>Comfort Inn University Center (2.0 mile from the pool) 11180 Main St. , Fairfax, VA, US, 22030 Phone: (703) 591-5900 - Fax: (703) 591-3507</p> <p>Courtyard By Marriott (2.0 miles from the pool) 11220 Lee Jackson Hwy Fairfax, VA (703) 273-6161</p> <p>Residence Inn (4.3 miles from the pool) 12815 Fair Lakes Pkwy Fairfax, VA (703) 266-4900</p>

2006 Swim Like a FISH Invitational

Session #1

Saturday Morning, June 17th @ GMU
Warm-up 6:30-7:50 am Events @ 8:00 am

Girls	Event Name	Boys
1	11-12 100m Fly	2
3	10 & under 100m Fly	4
5	11-12 200m Breast	6
7	10 & under 50m Back	8
9	11-12 50m Back	10
11	10 & under 100m Free	12
13	11-12 100m Free	14
15	10 & under 50m Breast	16
17	11-12 50m Breast	18
19	11-12 200m Back	20
21	10 & under 200m Free	22
23	11-12 200m Free	24

Session #3

Sunday Morning, June 18th
Warm-up 6:30-7:50 am Events @ 8:00 am

Girls	Event Name	Boys
37	11-12 100m Back	38
39	10 & under 100m Back	40
41	11-12 200m Fly	42
43	10 & under 50m Free	44
45	11-12 50m Free	46
47	10 & under 100m Breast	48
49	11-12 100m Breast	50
51	10 & under 50m Fly	52
53	11-12 50m Fly	54
55	10 & under 200m IM	56
57	11-12 200m IM	58
59	12 & under 400m Free	60

Session #2

Saturday Afternoon, June 17th
Warm-up TBA Events TBA

Girls	Event Name	Boys
25	13 & over 50m Free	26
27	13 & over 200m Breast	28
29	13 & over 100m Back	30
31	13 & over 200m Free	32
33	13 & over 100m Fly	34
35	13 & over 400m IM	36

Session #4

Sunday Afternoon, June 18th
Warm-up TBA Events TBA

Girls	Event Name	Boys
61	13 & over 200m Back	62
63	13 & over 100m Free	64
65	13 & over 200m Fly	66
67	13 & over 100m Breast	68
69	13 & over 200m IM	70
71	13 & over 400m Free	72