

Revised 3/24/06

2006 ConocoPhillips USA Swimming National Championships and USA National Team Trials

Event Information Sheet August 1-5, Irvine, CA

Important Facts About the Meet



- ◆ This competition is governed and operated by Program Operations.
- ◆ The qualifying period for this event is July 1, 2005 through the entry deadline.
- ◆ On-Line Entry Deadline; Monday, July 24, 2006 by 11:59 p.m. MT
- ◆ Paper Entry Deadline; If not registering on-line, paper entries must be received by 5:00 p.m. Mountain Time on Tuesday, July 25, 2006.
- ◆ Fax Entry Deadline; Only swims achieving the qualifying time standards for the first time from Monday, July 24, 2006, through Sunday, July 30, 2006 may be sent by FAX transmission. These faxed entries must be received no later than 11:59 p.m. (PST) on Sunday, July 30, 2006, and cannot be used to improve the seed time of a prior entry.
- ◆ There will be no bonus events at this competition.
- ◆ *There will be relays in this competition. All relays will be timed finals with all heats swum in the evening session. Relay-only swimmers will not be allowed to swim in time trials. Time trials for all other swimmers will be offered according to Rule 207.8.3.*
- ◆ *Team scores will be kept and awarded.*
- ◆ *Athletes may qualify for the Olympic Distance events using time standards for those events or the non-Olympic distance events.*
- ◆ Swimmers must be eligible to represent the United States in international competition, and be a member of USA Swimming, to compete in this event.
- ◆ This event will serve as the USA National Team selection for the 2006 Pan Pacific Championships, the 2007 World Championships (combined with Pan Pacific results), and the 2007 Pan American Games.
- ◆ This information is subject to change. For complete information, please consult the official event information or www.usaswimming.org.

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Heats Begin at 9:00am	Order of Events Long Course Meters	Finals Begin at 5:30 pm
<u>Women's Events</u>	<u>Day 1 – Tuesday, August 1, 2006</u>	<u>Men's Events</u>
1	W 100 Butterfly	
	M 400 Freestyle	2
3	W 200 Individual Medley	
	M 100 Breaststroke	4
5	W 400 Freestyle	
	M 400 Individual Medley	6
	M 4 x 100 Free Relay	7
	<u>Day 2 – Wednesday, August 2, 2006</u>	
8	W 100 Backstroke	
	M 200 Freestyle	9
	M 100 Backstroke	10
11	W 200 Freestyle	
	M 200 Butterfly	12
13	W 4 x 100 Free Relay	
	<u>Day 3 – Thursday, August 3, 2006</u>	
14	W 100 Breaststroke	
	M 100 Butterfly	15
16	W 50 Freestyle	
	M 50 Freestyle	17
18	W 400 Individual Medley	
19	W 4 x 200 Free Relay	
	<u>Day 4 – Friday, August 4, 2006</u>	
	M 100 Freestyle	20
21	W 200 Butterfly	
	M 200 Individual Medley	22
23	W 200 Backstroke	
25	W 800 Freestyle (heats)	
	M 1500 Freestyle (heats)	30
	M 4 x 200 Free Relay	24
	<u>Day 5 – Saturday, August 5, 2006</u>	
25	W 800 Freestyle (final)	
26	W 100 Freestyle	
	M 200 Backstroke	27
28	W 200 Breaststroke	
	M 200 Breaststroke	29
	M 1500 Freestyle (final)	30
31	W 4 x 100 Medley Relay	
	M 4 x 100 Medley Relay	32

On Day 4, the heats of the distance events will be swum at the end of preliminary session.
All heats of relays will be swum in the evening sessions.

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Hotel Information

Hyatt Regency– Irvine (Headquarters Hotel)

17900 Jamboree Road
Irvine, 92614
949-975-1234
15 minutes from pool
Discounted parking, Courtesy shuttle
Breakfast

Marriott Irvine
18000 Von Karman Ave
Irvine, 92612
714-241-8800
15 minutes from pool

Atrium Hotel at Orange County Airport
18700 MacArthur Blvd
Irvine, CA 92612
949-833-2770
20 minutes from pool

Best Western Hotel
2700 Hotel Terrace Drive
Santa Ana, 92705
800-432-0053
20 minutes from pool

Candlewood Suites
16150 Sand Canyon Avenue
Irvine, CA 92618
949-788-0500
15 minutes from pool

Comfort Suites
2620 Hotel Terrace Drive
Santa Ana, CA 92705
714-966-5200
20 minutes from pool

Courtyard by Marriott
2701 Main Street
Irvine, 92614
714-957-1100
15 minutes from pool

Crowne Plaza Irvine
17941 Von Karman Avenue
Irvine, CA 92614
949-863-1999
20 minutes from pool

Doubletree Hotel – Irvine Spectrum
90 Pacifica Avenue
Irvine, CA 92618
949-471-8888
10 minutes from pool

Embassy Suites
1325 E. Dyer Road
Santa Ana, 92705
714-241-3800
15 minutes from pool

Embassy Suites – Irvine
2120 Main Street
Irvine, 92614
949-553-8332
15 minutes from pool

Hilton - Irvine
18800 MacArthur Blvd
Irvine, CA 92612
949-833-9999
20 minutes from pool

Holiday Inn
2726 S. Grand Ave.
Santa Ana, CA 92705
714-481-6300
20 min from pool
Breakfast

Homestead Studio Suites and Hotel
30 Technology Drive
Irvine, CA 92618
949-727-4228
15 minutes from pool

La Quinta Inn
14972 Sand Canyon Avenue
Irvine, CA 92618
949-551-0909
10 minutes from pool

Marriott Irvine
18000 Von Karman Ave
Irvine, 92612
714-241-8800
15 minutes from pool

Marriott Suites
500 Anton Blvd
Costa Mesa, 92626
949-757-1200
20 minutes from pool

Residence Inn
2855 Main Street
Irvine, 92614
949-261-2020
15 minutes from pool

Residence Inn by Marriott
Irvine Spectrum
15 Morgan
Irvine, CA 92614
949-380-3000
10 minutes from pool

Residence Inn by Marriott
Orange County Airport
2855 Main Street
Irvine, CA 92618
949-261-2020
20 minutes

Residence Inn by Marriott
Costa Mesa
881 Baker Street
Costa Mesa, 92626
949-553-0100
20 min from pool

Wyndham Orange County
3350 Avenue of the Arts
Costa Mesa, CA 92626
714-751-5100
20 min from pool
Breakfast

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WOMEN			EVENT	MEN		
LCM	SCM	SCY		SCY	SCM	LCM
26.79	25.99	23.29	50 FREESTYLE	20.49	22.69	23.79
57.69	55.69	50.59	100 FREESTYLE	44.89	49.59	52.19
2:04.49	2:00.19	1:49.09	200 FREESTYLE	1:38.89	1:49.49	1:54.09
4:20.89	4:09.99	4:49.49	400/500 FREESTYLE	4:27.19	3:51.29	4:02.99
8:56.29	8:43.39	10:01.09	800 FREESTYLE	9:20.99*	8:10.89*	8:24.29*
17:06.69*	16:35.19*	16:46.89*	1500 FREESTYLE	15:34.99	15:17.19	16:06.49
1:05.39	1:01.59	56.09	100 BACKSTROKE	49.99	55.69	58.69
2:19.99	2:14.09	2:00.99	200 BACKSTROKE	1:48.79	2:00.89	2:07.19
1:13.29	1:10.99	1:03.59	100 BREASTSTROKE	56.29	1:02.59	1:05.59
2:38.09	2:33.79	2:17.49	200 BREASTSTROKE	2:02.59	2:17.49	2:22.79
1:03.09	1:00.89	55.39	100 BUTTERFLY	49.19	53.89	56.19
2:17.29	2:13.49	2:01.49	200 BUTTERFLY	1:49.69	2:00.09	2:05.09
2:21.49	2:15.59	2:02.89	200 IM	1:50.49	2:02.09	2:08.79
4:57.79	4:48.29	4:21.39	400 IM	3:56.59	4:21.99	4:34.29
3:58.39	3:57.19	3:31.99	4 x 100 Free Relay	3:05.89	3:26.59	3:33.59
8:40.99	8:34.89	7:40.59	4 x 200 Free Relay	6:55.79	7:42.29	7:53.79
4:25.89	4:23.99	3:56.89	4 x 100 Medley Relay	3:27.29	3:51.59	3:55.69

Qualifying period is July 1, 2005 through the entry deadline.

***These times may be used to qualify for the Olympic Distance events.**