

VSC Invitational Qualifier
February 4-6, 2005
Sanctioned by USA SWIMMING
through Potomac Valley Swimming
Sanction #PVI-05-23

Meet Location [South Run Rec. Ctr.](#)
9501 Fairfax County Parkway ,Springfield, VA.
703-866-0566

Meet Director Victor Abrahamian
PO Box 22146, Alex. Va. 22304
703-370-6001

Schedule: Friday Feb. 4 warm-up 4:00-4:50pm Events 5:00pm
 Saturday & Sunday Feb. 5&6 warm-up 12:15-1:20pm Events 1:30pm

Warm-up: The prescribed Potomac Valley swimming warm-up procedures and safety policies will be followed. The structure of the warm-up is at the discretion of the meet manager, including times and lane assignments.

Eligibility: Open to all swimmers from invited teams who are registered as USA Swimming Athletes. A contestant may enter a maximum of seven (7) individual events. No more than ONE (1) individual event on Friday and THREE (3) individual events on Saturday or Sunday.

Inclusion Policy For Swimmers with a Disability	PVS and the host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcome and are asked to provide advanced notice of desired accommodations to the Meet Director and PVS Senior Chairman Don Riedlinger at drieddlin@erols.com). The athlete (or the coach) is also responsible for notifying the session referee of any disability prior to the competition.
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Rules: Current USA Swimming rules shall govern the meet.
 All events 200 and up require positive check-in.

Awards: There will be no awards at this meet.

Entries: Teams must enter on computer disk (Hy-Tek). Include one meet entry report by swimmer and one report by event.
 OPTIONAL Before preparing your entries, events for this meet can be imported into Team Manager (Go to Team Manager/File/Import/ Meet Events). The file is now available zipped as [23mm020405.zip](#)

es: Fees for individual events are \$3.50. Each club is requested to remit one check to cover the entry fees for the entire team. Please do not send cash. Late (deck) entries are \$10.00 per individual and entries must be submitted no later than 30 minutes prior to the first event of each session.

hecks: Make check payable to VSC and mail directly to
VSC PO Box 22146, Alex., Va.22304

ntry Deadline: Tuesday January 25, 2005 No Later Than 5:00pm
E-mail entries to BOB HARDY
<mailto:rhardy2170@aol.com>

VSC Invitational Qualifier
February 4-6, 2005 ~ at South Run Recreation Center

Friday February 4, 2005
Warm-up 4:00-4:50pm Events 5:00pm

Girls Event #	Event Distance		Boys Event #
1 *	9-12	200 Free	2 *
3 *	9&O	200 I.M.	4 *
5 *	9-12	500 Free	6 *

- 200 Fr&200 IM positive check –in will close at 4:30pm&500 Fr at 5:30pm

Saturday February 5, 2005
Warm-up 12:15-1:20pm Events 1:30pm

Girls Event #	Event Distance		Boys Event #
7	9-10	50 Fly	8
9	11&O	100 Fly	10
11	9-10	100 Back	12
13	11-12	50 Back	14
15 *	11&O	200 Breast	16 *
17	9-10	50 Free	18
19	11&O	100 Free	20
21	9-10	100 Breast	22
23	11-12	50 Breast	24
25 *	11&O	200 Back	26 *
27	9-10	100 IM	28
29*	13&O	500 Free	30 *

- Note: Positive check-in will close at 1:00pm

Sunday February 6 2005
Warm-up 12:15-1:20pm Events 1:30 pm

Girls Even #	Event Distance		Boys Event #
31	11&O	50 Free	32
33	9-10	100 Free	34
35 *	11&O	200 Fly	36 *
37	9-10	50 Breast	38
39	11&O	100 Breast	40
41	9-10	100 Fly	42
43	11-12	50 Fly	44
45 *	13&O	200 Free	46 *
47	9-10	50 Back	48
49	11&O	100 Back	50
51	11-12	100 I.M.	52
53 *	13&O	400 I.M.	54 *

- Note: Positive check-in will close at 1:00pm & 400 IM at 3:30pm