

WELCOME
TO
VICTOR'S SWIM CLUB
INVITATIONAL II

NOVEMBER 6 & 7, 2004

12&U

We welcome all the invited swimmers and coaches
And wish you the BEST!

We thank our Officials and Volunteers
for their time and commitment.

AWARDS
Medals 1st – 8th
Ribbons 9th – 16th
Heat Winner
Participation Ribbons

VSC INVITATIONAL II
12&U
November 6-7, 2004

**SANCTIONED BY UNITED STATES SWIMMING THROUGH
POTOMAC VALLEY SWIMMING
SPONSORED BY VICTOR SWIM CLUB
SANCTION #PVI-05-07**

| | | |
|--|--|--|
| Meet Director | Victor Abrahamian Phone 703-370-6001 E-mail victor@vscswim.com | |
| Meet Location | South Run Recreation Center- 10 Lanes 7550 Reservation Drive Springfield, Va. 22153 703-866-0566 | |
| Meet Official | Trish Portare 703-690-2488 | |
| Schedule | Saturday November 6 Warm up 12:15-12:50 pm | 10-12 year old Events 1:00pm |
| | Sunday November 7 Warm up 12:15-12:50 pm | 9&U Events 1:00pm |
| Eligibility | Open to the invited Potomac Valley Swimming Registered athletes. | |
| Inclusion Policy For Swimmers with a Disability | PVS and the host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcome and are asked to provide advanced notice of desire accommodations to the Meet Director and PVS Senior Chairman Don Riedlinger at driedlin@erols.com). The athlete (or the coach) is also responsible for notifying the session referee of any disability prior to the competition. | |
| Warning | Any club that enters an unregistered or improperly Registered athlete, falsifies an entry in any way, or permits An unregistered coach to represent them, will be fined the Sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid. | |
| Rules | Current USA Swimming rules shall govern the meet. A contestant may compete in a maximum of 4 events per session. All events are timed finals. Deck late entries are permitted. \$10 per event. Deck entry will close at 12:40pm. | |

| | |
|--------------------------|---|
| Positive check-in | Positive check-in is required for all 200 yards events Positive check-in will close at 12:40pm |
| Warm up | The prescribed PVS warm up procedures and safety Policies will be followed. The Meet Director will assign each invited team to a warm up lane(s) based on the number of entries. |
| Supervision | Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas. |
| Credentials | Parents not working the meet as a deck official, Volunteer lane timer, or other meet position are not permitted on the pool deck. Only athletes, USA Swimming certified coaches and officials are required to display their current USA Swimming card. |
| Admission | There is no admission charge |
| Programs | \$2.00 per program. |
| Fees | Fees for individual events are \$3.50 Checks payable to: VSC Please send your entry check directly to: VSC PO Box 22146 Alexandria, Va. 22304 <i>NOTE: DO NOT Mail Checks or Entries to SOUTH RUN Rec. Ctr.</i> |
| E-mail Entries | <ol style="list-style-type: none"> 1) Club E-mail entries will be accepted provided the transmission time is prior to entry deadline. 2) Attach one report by event, one by name (save as Word for Windows in Team Manager) 3) Attach commlink file 4) In body of e-mail give total number of splashes (men and women total entry) and contact information (name, phone, e-mail address) 5) remember to mail entry check to VSC address |
| Deadline | Entries are due to Coach Bob Hardy No Later Than 5:00pm Tuesday October 26, 2004 <u>E-mail entries to:</u> rhardy2170@aol.com |

VSC Invitational II
At South Run Recreation Center

Saturday Nov. 6, 2004
10-12 years old
Warm-up 12:15-12:50pm

Sunday Nov. 7, 2004
9&U
Warm-up 12:15-12:50PM

| Girls # | Event Name | Boys # | Girls # | Event Name | Boys # |
|------------|-------------------------|------------|------------|---------------------------|------------|
| XXX | 10-12 200 Free | 2 | XXX | 9&U 200 Free | 30 |
| 3 | 10-12 50 Back | 4 | 31 | 6&U 25 Back | 32 |
| 5 | 10-12 100 Back | 6 | 33 | 7&8 25 Back | 34 |
| 7 | 10-12 200 Breast | XXX | 35 | 9&U 50 Back | 36 |
| 9 | 10-12 50 Fly | 10 | 37 | 9&U 100 Breast | XXX |
| 11 | 10-12 100 Fly | 12 | 39 | 6&U 25 Free | 40 |
| 13 | 10-12 200 Back | XXX | 41 | 7&8 25 Free | 42 |
| 15 | 10-12 50 Free | 16 | 43 | 9&U 50 Free | 44 |
| 17 | 10-12 100 Free | 18 | XXX | 9&U 100 Fly | 46 |
| XXX | 10-12 200 Fly | 20 | 47 | 6&U 25 Breast | 48 |
| 21 | 10-12 50 Breast | 22 | 49 | 7&8 25 Breast | 50 |
| 23 | 10-12 100 Breast | 24 | 51 | 9&U 50 Breast | 52 |
| 25 | 10-12 200 IM | XXX | 53 | 9&U 100 Back | XXX |
| XXX | 10-12 100 IM | 28 | 55 | 6&U 25 Fly | 56 |
| 29 | *10-12 500 Free | XXX | 57 | 7&8 25 Fly | 58 |
| | | | 59 | 9&U 50 Fly | 60 |
| | | | XXX | 100 IM | 62 |
| | | | 63 | 200 IM | XXX |

- There will be 2 heats of top 20 entry times
- Time permits we will add 1 more heat.