



2004 REGIONAL SELECT CAMP APPLICATION

ATTENTION ATHLETES: Do not fax or mail this application to USA Swimming! Send it to the Camp Director of your preferred site no later than 15 days before the start date! See deadlines for each camp.

- All athlete applicants must be US citizens, high school students (or age 13-18 on June 3, 2004), and must meet the time standards as listed below.
- Athletes who have ever been a member of the National A or B Team are not eligible.
- Each athlete provides his/her own transportation to the camp.
- Each site will have it's own costs based on housing, meals, and other expenses. Typically costs are \$80-150 per athlete.
- All athletes receive a T-shirt and swim cap and workbook of educational materials.
- The first 40 qualified applicants who apply to the camp will be selected regardless of event or gender.** This procedure allows applicants to know of their selection and make travel arrangements. Camp Directors reserve the right to accept more than 40, space permitting.
- A maximum of 10 Outreach (minority and disadvantaged) eligible applicants will be accepted to each camp. See time standards (below) and application (reverse side) for eligibility.
- Qualifying times must be achieved between May 1, 2003 and May 1, 2004. Athlete must have achieved at least one standard in order to apply.
- No swimmer older than 18 will be allowed.
- Camp will include educational sessions provided by a member of the USA Swimming Sports Science Staff.
- Check with your LSC or club for information regarding tuition assistance.
- Camp follows a 2 ½ day format. Attendees are required to stay the entire time and must stay onsite in accommodations provided by the host.
- Camp includes 5 Long Course workouts and 4 educational sessions as well as recreational activities.

CAMP LOCATIONS

Eastern Site

University of Tennessee

Knoxville, TN

Dates: June 4-6, 2004

Deadline: May 20

Head Coach: John Trembley

National Team: Bryan Goldberg

Director: Chip Kline

2106 Andy Holt Ave

Knoxville, TN 37996

Ph: 865-974-1258

Fax: 865-974-1287

Email: tennesseeswimming@hotmail.com

Western Site

Soka University

Aliso Viejo, CA

Dates: June 4-6

Deadline: May 20

Head Coach: Dave Salo

National Team: Krayzelburg,

Lezak, Denniston, Lanne and Stitts!

Director: Adam Crossen

24611 Mendocino Court

Laguna Hills, CA 92653

Ph: 949-677-1893

Fax: 714-546-7095

Email: swimcampdirector@yahoo.com

Why should you attend? Here is what some swimmers said last year:

- ✓ "I learned a lot of helpful information that I need to know to be the swimmer I want to be!"
- ✓ "Camp was fun, everybody was pretty cool and I had a good time!"
- ✓ "I got to meet a lot of people that I'll see again at meets."
- ✓ "I like to train with different people and see how I do."
- ✓ "It was cool to stay on a college campus and see what it's like."

Regional Select Camp Time Standards (Revised 2003)

Event	Time Standards				Outreach * Only Time Standards			
	Girls		Boys		Girls		Boys	
	LCM	SCY	LCM	SCY	LCM	SCY	LCM	SCY
100 Free	1.01.69	54.39	55.69	48.99	1.03.69	56.39	57.69	50.99
200 Free	2.12.09	1.57.19	2.03.99	1.47.79	2.16.09	2.01.79	2.07.99	1.51.79
400 Free	4.38.19	5.10.79	4.23.99	4.51.29	4.46.19	5.18.79	4.31.99	4.59.29
100 Back	1.09.39	1.00.39	1.03.79	54.59	1.11.39	1.02.39	1.05.79	56.59
200 Back	2.28.99	2.09.99	2.18.29	1.58.59	2.32.99	2.13.99	2.22.29	2.02.59
100 Breast	1.18.29	1.08.39	1.11.29	1.01.39	1.20.29	1.01.39	1.13.29	1.03.39
200 Breast	2.47.99	2.27.99	2.34.79	2.13.99	2.51.99	2.31.99	2.38.79	2.17.99
100 Fly	1.07.29	59.89	1.01.09	53.69	1.09.29	1.01.89	1.03.09	55.69
200 Fly	2.27.19	2.10.39	2.15.99	1.59.59	2.31.19	2.14.39	2.19.99	2.03.59
200 IM	2.30.59	2.12.39	2.19.99	2.00.49	2.34.59	2.16.39	2.23.99	2.04.49

* Outreach refers to minority and disadvantaged youth. These standards are NOT consideration times!

ALL SWIMMERS WHO MEET THE TIME STANDARD ARE ENCOURAGED TO APPLY!

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME PHONE (____) _____ EMAIL _____

BEST TIME TO CALL: _____

USA Swimming REG. # _____ DATE OF BIRTH _____

GENDER ()Male ()Female Age on first day of camp _____

USA Swimming TEAM NAME _____

COACH'S NAME _____

LOCATION OF CAMP YOU ARE APPLYING TO: _____ (SELECT ONE!)

()SELECT LEVEL APPLICANT ()OUTREACH LEVEL APPLICANT

NOTE: OUTREACH DOES NOT REFER TO "CONSIDERATION TIMES." PLEASE READ BELOW!

OUTREACH ONLY COMPLETE THE FOLLOWING:

ELIGIBILITY: Any swimmer that represents an ethnic/minority group that comprises less than 20% of the current USA Swimming membership. You may check more than one box.

- ()African American ()Hispanic ()Asian or Pacific Islander ()Native American
 ()Disadvantaged * see below

Disadvantaged minority: Submit a letter on school stationery stating that the applicant is eligible for free or reduced lunch due to economic needs.

Scholarship: Qualified disadvantaged athletes may apply to USA Swimming for scholarship assistance to attend the camp nearest to their home.

Parent/guardian signature _____ Coach signature _____

ALL APPLICANTS: fill out the chart below.

Event	Qualifying time	Select (S) or Outreach (O)	Your time	Meet	Date

___ I have attached Proof of Time if this time was achieved in a meet other than the 2003 US Open, 2003 Summer National Championships , 2004 Spring National Championships, or 2004 Speedo Championship Series.

___ I understand that falsification of time may result in sanctions against me and/or my coach.

___ I understand that my time must be achieved between May 1, 2003 and May 1, 2004

___ I have applied to only one Camp.

___ I understand that I am fully responsible for the cost of my travel to and from the Camp.

___ I understand that acceptance to the Camp is on a "First Come" basis.

___ I understand that each Camp has separate costs for which I am fully responsible for my share.

Athlete Signature & Date

Parent Signature & Date

Coach Signature & Date