

## 2004 PVS SHORT COURSE ZONE TEAM INFORMATION

Potomac Valley Swimming will be sending an All Star Team to the Eastern Zone 2004 All- Star Short Course Age Group Championship Meet, competed at George Mason University's Freedom Aquatic and Fitness Center, Manassas, VA, April 1,2,3,2004. This is a great opportunity for PVS athletes to compete against the best in the Eastern Zone.

The fastest two swimmers from each event will be selected to the team. No swimmer will be selected for more than 6 events. Selection will take place at conclusion of PVS Senior Championship Meet March 14, 2004.

PVS will provide a team outfit package to each swimmer to include (3) T-shirts, (3) caps and a team bag. Optional equipment is available at cost to swimmer.

PVS zone team members are required to room together as a team. The team will be transported by bus.

The PVS Zone Team fee will be **\$190 per swimmer**. **UPDATED** This fee includes all meals, room and board along with a team outfitting package. It does not include any optional outfitting. Optional outfitting fees will be handled directly by Aardvark Swim and Sport.

If you are in the top (2) selected for the team you must send a check, made payable to Potomac Valley Swimming, to Linda Crudup. Checks made payable to Potomac Valley Swimming must reach Linda Crudup NO LATER than Monday March 29<sup>th</sup> 2004.

PVS Zone Team Swimmers will meet at George Mason Freedom Center on March 31<sup>st</sup>. Time for team meeting will be announced later. Swimmers will be taken to the team hotel by bus after team practice. Please pack light, all swimmers will have to handle their own bags.

Please eat a big lunch. Swimmers will be given a light meal after evening practice on March 31<sup>st</sup>.

All swimmers may be picked up at the George Mason Freedom Center after their final swim on Saturday.

Linda Crudup  
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Upper Marlboro, MD 20774