

2024 Region 4C Championship Meet - 2/10/2024**Results - VHSL Region 4C Championships****Event 1 Boys 200 Yard Medley Relay****1:43.06 VHSL VHSL Class 4 States****1:48.36 REG Region 4C**

Team	Relay	Seed Time	Finals Time	Points
1 Dominion High School	A	1:40.51	1:41.74 VHSL	40
1) Egbert, Mason	2) Regan, Joey	3) Voigt, Mason	4) Ly, Jonathan	
27.14	54.08 (26.94)	1:18.92 (24.84)	1:41.74 (22.82)	
2 Loudoun County High School	A	1:43.16	1:42.63 VHSL	34
1) Akers, Eric	2) Tjader, Kai	3) Armitage, Kyle	4) Chang, Kenneth	
26.84	56.88 (30.04)	1:20.50 (23.62)	1:42.63 (22.13)	
3 Rock Ridge High School	A	1:42.43	1:42.83 VHSL	32
1) Midda, Nikhil K	2) Takach, Andrew J	3) Cabezas, Oliver E	4) Chethan, Neel	
28.77	55.45 (26.68)	1:20.89 (25.44)	1:42.83 (21.94)	
4 Heritage High School	A	1:46.88	1:44.30 REG	30
1) Davis, Brayden	2) Tansey, Liam	3) Van Tuyle, Aaron	4) Cohrs, Miles	
26.71	55.08 (28.37)	1:19.91 (24.83)	1:44.30 (24.39)	
5 Broad Run High School	A	1:46.27	1:44.44 REG	28
1) Gehley, Michael R	2) Smith, Max	3) Fujino Sala, Alex A	4) Atkinson, Cooper	
26.23	56.28 (30.05)	1:21.96 (25.68)	1:44.44 (22.48)	
6 Woodgrove Swim Team	A	1:49.70	1:49.41	26
1) Davies, Hayden	2) Rand, Logan	3) Koester, Griffin	4) MacDuffie, Trevor	
29.68	1:02.16 (32.48)	1:25.17 (23.01)	1:49.41 (24.24)	
7 Tuscarora High School	A	1:50.32	2:01.78	24
1) Hoffman, Noah	2) Makarevych, Yegor	3) Klemm, Charley	4) Neumiller, Ben	
31.37	1:03.42 (32.05)	1:34.81 (31.39)	2:01.78 (26.97)	
8 John Champe High School	A	1:45.54	2:02.15	22
1) Taylor, Christopher	2) Mollerup, Owen	3) Kakatkar, Atharva	4) Dips, Gabriel	
35.94	1:04.15 (28.21)	1:34.83 (30.68)	2:02.15 (27.32)	

Event 2 Girls 200 Yard Medley Relay**1:56.19 VHSL VHSL Class 4 States****2:08.74 REG Region 4C**

Team	Relay	Seed Time	Finals Time	Points
1 Loudoun County High School	A	2:02.02	1:59.09 REG	40
1) Tjader, Rylee	2) Gatlin, Emerson	3) Smith, Ellie	4) Lechelt, Reese	
30.53	1:05.28 (34.75)	1:33.81 (28.53)	1:59.09 (25.28)	
2 Woodgrove Swim Team	A	2:00.19	1:59.37 REG	34
1) Silverstein, Leah	2) Sparbanie, Libby	3) Bober, Ella	4) Shultz, Katherine	
29.66	1:04.37 (34.71)	1:32.02 (27.65)	1:59.37 (27.35)	
3 Dominion High School	A	2:02.89	1:59.73 REG	32
1) Brougham, Addie	2) Albanese, Riley	3) Schlabach, Sydney	4) Finke, Lucy	
32.98	1:32.31 ()	1:59.73 (27.42)		
4 Heritage High School	A	2:04.53	2:02.87 REG	30
1) Pitts, Maya	2) Levin, Ava	3) Tansey, Willa	4) Cowan, Campbell	
31.85	1:07.67 (35.82)	1:36.15 (28.48)	2:02.87 (26.72)	
5 John Champe High School	A	2:01.40	2:10.77	28
1) Cornell, Becca	2) Phung, Thi	3) Enwiya, Eden	4) Batu, Marella	
36.63	1:14.06 (37.43)	1:42.37 (28.31)	2:10.77 (28.40)	
6 Tuscarora High School	A	2:04.53	2:10.95	26
1) Fox, Jane	2) Karg, Emma	3) Collins, Madison	4) Knauer, Kelli	
33.25	1:11.43 (38.18)	1:40.79 (29.36)	2:10.95 (30.16)	
7 Rock Ridge High School	A	2:13.97	2:12.97	24
1) Takach, Ali	2) Weber, Emma	3) Goodhart, Caden	4) Narsin, Kriti	
31.79	1:49.48 (1:17.69)	2:12.97 (23.49)		

2024 Region 4C Championship Meet - 2/10/2024**Results - VHSL Region 4C Championships****(Event 2 Girls 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
8 Loudoun Valley High School	A	2:03.51	2:19.67	22
1) Crowley, Emerson	2) Renehan, Kailey	3) Edwards, Abby	4) Bartlett, Harper	
43.03	1:17.66 (34.63)	1:49.73 (32.07)	2:19.67 (29.94)	
9 Broad Run High School	A	2:05.92	2:20.09	18
1) Santhosh, Lakshana	2) Hall, Lauren	3) Barrios, Mia	4) Jalali, Ayla	
42.10	1:18.77 (36.67)	1:50.87 (32.10)	2:20.09 (29.22)	

Event 3 Boys 200 Yard Freestyle**1:50.04 VHSL VHSL Class 4 States****2:06.30 REG Region 4C**

Name	School	Seed Time	Finals Time	Points
1 Rohr, Bryce H	John Champe High School	1:40.69	1:41.89 VHSL	20
23.71	49.60 (25.89)	1:16.20 (26.60)	1:41.89 (25.69)	
2 Gehley, Michael R	Broad Run High School	1:50.41	1:49.28 VHSL	17
24.77	51.62 (26.85)	1:20.02 (28.40)	1:49.28 (29.26)	
3 Bell, Zachary	Loudoun County High School	1:52.07	1:52.21 REG	16
24.41	51.94 (27.53)	1:21.49 (29.55)	1:52.21 (30.72)	
4 Edwards, Jack	Broad Run High School	1:58.34	1:56.27 REG	15
26.18	55.19 (29.01)	1:25.84 (30.65)	1:56.27 (30.43)	
5 Cates, Jordan	Loudoun Valley High School	1:58.36	1:57.29 REG	14
26.52	55.64 (29.12)	1:26.51 (30.87)	1:57.29 (30.78)	
6 Mitchell, Shawn	Tuscarora High School	1:59.92	1:58.56 REG	13
26.89	56.91 (30.02)	1:28.08 (31.17)	1:58.56 (30.48)	
7 Makarevych, Yegor	Tuscarora High School	2:02.75	1:59.82 REG	12
26.88	56.67 (29.79)	1:27.75 (31.08)	1:59.82 (32.07)	
8 Cohrs, Miles	Heritage High School	2:01.64	2:01.08 REG	11
27.61	59.26 (31.65)	1:30.18 (30.92)	2:01.08 (30.90)	
9 Davies, Hayden	Woodgrove Swim Team	2:01.14	2:02.48 REG	9
26.98	57.82 (30.84)	1:30.41 (32.59)	2:02.48 (32.07)	
10 Phillips, Ethan	Broad Run High School	2:07.96	2:04.23 REG	7
27.73	59.04 (31.31)	1:31.80 (32.76)	2:04.23 (32.43)	
11 Leiva, Mathias	Dominion High School	2:04.85	2:04.77 REG	6
28.28	59.97 (31.69)	1:32.69 (32.72)	2:04.77 (32.08)	
12 Tolstik, Ivan	Dominion High School	2:02.76	2:05.24 REG	5
27.24	57.47 (30.23)	1:29.97 (32.50)	2:05.24 (35.27)	
13 Taylor, Christopher	John Champe High School	2:11.45	2:06.92	4
30.04	1:02.60 (32.56)	1:34.95 (32.35)	2:06.92 (31.97)	
14 Crouse, Alan	Loudoun County High School	2:15.17	2:08.10	3
27.94	59.33 (31.39)	1:33.36 (34.03)	2:08.10 (34.74)	
15 Wood, Jax	Heritage High School	2:07.52	2:08.19	2
28.28	1:00.23 (31.95)	1:34.07 (33.84)	2:08.19 (34.12)	
16 Weicker, Dylan	Rock Ridge High School	2:16.81	2:12.45	1
29.50	1:02.79 (33.29)	1:37.94 (35.15)	2:12.45 (34.51)	
17 Mills, Jack	Loudoun Valley High School	2:15.53	2:13.00	
30.54	1:04.11 (33.57)	1:38.59 (34.48)	2:13.00 (34.41)	
18 Salem, Hamdi	Broad Run High School	2:19.74	2:23.93	
29.95	1:05.63 (35.68)	1:44.16 (38.53)	2:23.93 (39.77)	

Event 4 Girls 200 Yard Freestyle**1:59.19 VHSL VHSL Class 4 States****2:14.26 REG Region 4C**

Name	School	Seed Time	Finals Time	Points
1 Bober, Ella	Woodgrove Swim Team	2:09.78	2:00.24 REG	20
27.88	58.03 (30.15)	1:29.01 (30.98)	2:00.24 (31.23)	

2024 Region 4C Championship Meet - 2/10/2024**Results - VHSL Region 4C Championships****(Event 4 Girls 200 Yard Freestyle)**

Name	School	Seed Time	Finals Time	Points
2 Lechelt, Reese	Loudoun County High School	2:03.97	2:00.51 REG	17
28.29 59.00 (30.71)	1:29.93 (30.93)	2:00.51 (30.58)		
3 Cates, Noelle	Loudoun Valley High School	2:10.91	2:02.93 REG	16
27.99 58.98 (30.99)	1:30.81 (31.83)	2:02.93 (32.12)		
4 Smith, Ellie	Loudoun County High School	2:11.04	2:10.33 REG	15
30.05 1:02.80 (32.75)	1:36.40 (33.60)	2:10.33 (33.93)		
5 Edwards, Avery	Broad Run High School	2:15.30	2:15.07	14
29.71 1:03.09 (33.38)	1:38.85 (35.76)	2:15.07 (36.22)		
6 Wong, Victoria I	John Champe High School	2:12.39	2:15.79	13
31.36 1:05.93 (34.57)	1:41.52 (35.59)	2:15.79 (34.27)		
7 Steele, Stephanie	Tuscarora High School	2:32.84	2:27.28	12
33.41 1:10.64 (37.23)	1:49.74 (39.10)	2:27.28 (37.54)		
8 Barrios, Mia	Broad Run High School	2:30.05	2:28.31	11
32.16 1:08.52 (36.36)	1:47.96 (39.44)	2:28.31 (40.35)		
9 Gallo-Rua, Sabrina	Heritage High School	2:37.65	2:32.16	9
33.76 1:12.57 (38.81)	1:52.79 (40.22)	2:32.16 (39.37)		
10 Jalali, Ayla	Broad Run High School	2:28.68	2:32.89	7
32.49 1:10.31 (37.82)	1:51.49 (41.18)	2:32.89 (41.40)		
11 John, Asha	Heritage High School	2:30.10	2:33.99	6
33.33 1:11.44 (38.11)	1:52.79 (41.35)	2:33.99 (41.20)		
12 Bates, Naomi	Tuscarora High School	2:35.84	2:35.24	5
36.18 1:16.04 (39.86)	1:57.73 (41.69)	2:35.24 (37.51)		
13 Swartz, Kate	Loudoun Valley High School	2:38.34	2:40.13	4
35.07 2:40.13 (2:05.06)				
14 Knauer, Kelli	Tuscarora High School	2:36.52	2:43.36	3
35.99 1:18.02 (42.03)	2:02.46 (44.44)	2:43.36 (40.90)		

Event 5 Boys 200 Yard IM**2:03.31 VHSL VHSL Class 4 States****2:19.33 REG Region 4C**

Name	School	Seed Time	Finals Time	Points
1 Takach, Andrew J	Rock Ridge High School	1:59.16	1:59.98 VHSL	20
25.91 57.30 (31.39)	1:30.56 (33.26)	1:59.98 (29.42)		
2 Rice, Calen	John Champe High School	2:02.81	2:02.56 VHSL	17
25.80 56.39 (30.59)	1:33.42 (37.03)	2:02.56 (29.14)		
3 Armitage, Kyle	Loudoun County High School	2:03.14	2:04.84 REG	16
26.30 58.23 (31.93)	1:36.45 (38.22)	2:04.84 (28.39)		
4 Voigt, Mason	Dominion High School	2:10.62	2:11.54 REG	15
27.81 1:00.56 (32.75)	1:41.21 (40.65)	2:11.54 (30.33)		
5 Fujino Sala, Alex A	Broad Run High School	2:12.25	2:12.74 REG	14
27.97 1:00.29 (32.32)	1:41.35 (41.06)	2:12.74 (31.39)		
6 Tjader, Kai	Loudoun County High School	2:12.13	2:13.74 REG	13
27.89 1:04.10 (36.21)	1:41.65 (37.55)	2:13.74 (32.09)		
7 Mollerup, Owen	John Champe High School	2:19.83	2:21.12	12
28.41 1:05.85 (37.44)	1:49.17 (43.32)	2:21.12 (31.95)		
8 Smith, Max	Broad Run High School	2:24.57	2:24.25	11
30.59 1:09.36 (38.77)	1:51.21 (41.85)	2:24.25 (33.04)		
9 Domonkos, Levente	Dominion High School	2:23.71	2:25.23	9
29.58 1:07.29 (37.71)	1:49.37 (42.08)	2:25.23 (35.86)		
10 Davu, Ishaan	Dominion High School	2:28.43	2:26.07	7
32.34 1:09.99 (37.65)	1:51.26 (41.27)	2:26.07 (34.81)		
11 Bober, Olli	Woodgrove Swim Team	2:32.05	2:27.56	6
32.33 1:11.98 (39.65)	1:54.98 (43.00)	2:27.56 (32.58)		

2024 Region 4C Championship Meet - 2/10/2024**Results - VHSL Region 4C Championships****(Event 5 Boys 200 Yard IM)**

	Name		School	Seed Time	Finals Time	Points
12	Hwang, Joon		Rock Ridge High School	2:35.46	2:31.35	5
	32.66	1:11.87 (39.21)	1:57.96 (46.09)	2:31.35 (33.39)		
13	Ly, Kien		Dominion High School	2:28.85	2:32.28	4
	31.76	1:10.52 (38.76)	1:57.36 (46.84)	2:32.28 (34.92)		
14	Campbell, Henry		Woodgrove Swim Team	2:34.91	2:33.34	3
	32.18	1:13.66 (41.48)	1:57.97 (44.31)	2:33.34 (35.37)		
15	Vierkorn, George		Heritage High School	2:35.34	2:34.54	2
	31.51	1:12.15 (40.64)	1:58.35 (46.20)	2:34.54 (36.19)		
16	Neumiller, Ben		Tuscarora High School	2:33.03	2:37.86	1
	30.59	1:10.00 (39.41)	2:01.71 (51.71)	2:37.86 (36.15)		

Event 6 Girls 200 Yard IM**2:15.52 VHSL VHSL Class 4 States****2:39.22 REG Region 4C**

	Name		School	Seed Time	Finals Time		Points
1	Bannerton, Avery		Loudoun Valley High School	2:17.95	2:12.86	VHSL	20
	29.87	1:01.97 (32.10)	1:42.39 (40.42)	2:12.86 (30.47)			
2	Takach, Ali		Rock Ridge High School	2:26.75	2:24.14	REG	17
	31.54	1:06.60 (35.06)	1:49.62 (43.02)	2:24.14 (34.52)			
3	Gatlin, Emerson		Loudoun County High School	2:32.52	2:30.20	REG	16
	33.16	1:10.93 (37.77)	1:53.78 (42.85)	2:30.20 (36.42)			
4	Levin, Ava		Heritage High School	2:35.17	2:31.65	REG	15
	31.83	1:09.91 (38.08)	1:55.12 (45.21)	2:31.65 (36.53)			
5	Sparbanie, Libby		Woodgrove Swim Team	2:35.17	2:34.47	REG	14
	34.89	1:14.68 (39.79)	1:57.39 (42.71)	2:34.47 (37.08)			
6	Cornell, Becca		John Champe High School	2:38.50	2:37.90	REG	13
	33.53	1:10.98 (37.45)	2:01.74 (50.76)	2:37.90 (36.16)			
7	Tjader, Rylee		Loudoun County High School	2:43.28	2:38.12	REG	12
	32.95	1:11.27 (38.32)	1:58.56 (47.29)	2:38.12 (39.56)			
8	Cassidy, Anne		Loudoun County High School	2:43.04	2:41.41		11
	34.77	1:13.39 (38.62)	2:02.16 (48.77)	2:41.41 (39.25)			
9	Fox, Jane		Tuscarora High School	2:48.01	2:43.87		9
	34.78	1:15.72 (40.94)	2:07.45 (51.73)	2:43.87 (36.42)			
10	Enwiya, Eden		John Champe High School	2:51.22	2:48.39		7
	36.25	1:17.31 (41.06)	2:07.37 (50.06)	2:48.39 (41.02)			
11	Smith, Catharine		Woodgrove Swim Team	2:54.00	2:55.54		6
	38.86	1:21.70 (42.84)	2:12.87 (51.17)	2:55.54 (42.67)			
12	Karg, Emma		Tuscarora High School	2:54.40	2:56.93		5
	37.73	1:24.61 (46.88)	2:56.93 (1:32.32)				
13	Pham, Nicole		Tuscarora High School	3:06.76	3:08.90		4
	35.06	1:23.37 (48.31)	2:22.35 (58.98)	3:08.90 (46.55)			
14	McCormick, Norah		Loudoun Valley High School	3:09.18	3:12.58		3
	42.97	1:30.50 (47.53)	2:30.70 (1:00.20)	3:12.58 (41.88)			
15	Crowley, Emerson		Loudoun Valley High School	3:07.95	3:15.93		2
	42.51	1:35.48 (52.97)	2:33.58 (58.10)	3:15.93 (42.35)			
16	Smith, Cora		Dominion High School	3:20.80	3:20.52		1
	42.24	1:35.00 (52.76)	2:35.32 (1:00.32)	3:20.52 (45.20)			
---	Klinge, Lindsay		Heritage High School	3:17.62	DQ		
	43.61	1:34.40 (50.79)	2:36.73 (1:02.33)	DQ (47.01)			

2024 Region 4C Championship Meet - 2/10/2024**Results - VHSL Region 4C Championships****Event 7 Boys 50 Yard Freestyle**

22.66 VHSL VHSL Class 4 States

23.90 REG Region 4C

Name	School	Seed Time	Finals Time	Points
1 Wergley, Cole	John Champe High School	22.07	21.92 VHSL	20
2 Chethan, Neel	Rock Ridge High School	22.48	22.49 VHSL	17
3 Guyton, Nick	Dominion High School	22.83	22.50 VHSL	16
4 Chang, Kenneth	Loudoun County High School	22.08	22.71 REG	15
5 Van Tuyle, Aaron	Heritage High School	22.92	22.87 REG	14
6 Ly, Jonathan	Dominion High School	23.33	23.10 REG	13
7 Atkinson, Cooper	Broad Run High School	23.52	23.16 REG	12
8 Weber, Christopher	Tuscarora High School	24.04	23.51 REG	11
9 Nguyen, Bi	John Champe High School	23.69	23.69 REG	9
10 Tansey, Liam	Heritage High School	23.92	24.01	7
11 Karg, Tyler	Tuscarora High School	23.73	24.06	6
12 Cabezas, Oliver E	Rock Ridge High School	23.63	24.20	5
13 MacDuffie, Trevor	Woodgrove Swim Team	24.27	24.35	4
14 Benney, Vincent	Woodgrove Swim Team	25.10	24.86	3
15 Sian, Geo	Broad Run High School	25.16	25.06	2

Event 8 Girls 50 Yard Freestyle

25.57 VHSL VHSL Class 4 States

27.80 REG Region 4C

Name	School	Seed Time	Finals Time	Points
1 Thaivalappil, Maya E	John Champe High School	25.59	25.24 VHSL	20
2 Pakiela, Helena	Broad Run High School	26.26	25.67 REG	17
3 Collins, Madison	Tuscarora High School	25.67	25.87 REG	16
4 Adler, Layla	Broad Run High School	26.41	25.96 REG	15
5 Silverstein, Leah	Woodgrove Swim Team	26.23	26.26 REG	14
6 Cowan, Campbell	Heritage High School	27.12	27.06 REG	13
7 Meedel, Ella	Woodgrove Swim Team	27.46	27.66 REG	12
*8 Albanese, Riley	Dominion High School	26.84	27.69 REG	10
*8 Vierkorn, Mia	Heritage High School	28.46	27.69 REG	10
10 Bell, Caroline	Loudoun Valley High School	27.74	27.72 REG	7
11 Tansey, Willa	Heritage High School	27.76	28.01	6
12 Kelly, Brooke	Loudoun Valley High School	28.62	28.28	5
13 Shultz, Katherine	Woodgrove Swim Team	27.93	28.42	4
14 Batu, Marella	John Champe High School	29.03	28.44	3
15 Narsin, Kriti	Rock Ridge High School	28.09	28.52	2
16 Finke, Lucy	Dominion High School	27.93	28.53	1
17 Graham, Molly	Loudoun County High School	29.83	29.68	

Event 11 Boys 100 Yard Butterfly

54.74 VHSL VHSL Class 4 States

59.71 REG Region 4C

Name	School	Seed Time	Finals Time	Points
1 Koester, Griffin	Woodgrove Swim Team	51.98	52.07 VHSL	20
2 Regan, Joey	Dominion High School	55.06	52.82 VHSL	17
3 Armitage, Kyle	Loudoun County High School	53.25	53.11 VHSL	16
4 Mitchell, Shawn	Tuscarora High School	57.21	55.89 REG	15

2024 Region 4C Championship Meet - 2/10/2024**Results - VHSL Region 4C Championships****(Event 11 Boys 100 Yard Butterfly)**

	Name	School	Seed Time	Finals Time		Points
5	Voigt, Mason	Dominion High School	57.30	57.57	REG	14
	27.04	57.57 (30.53)				
6	Van Tuyle, Aaron	Heritage High School	59.08	58.43	REG	13
	26.84	58.43 (31.59)				
7	Ly, Jonathan	Dominion High School	59.26	59.39	REG	12
	28.28	59.39 (31.11)				
8	Karg, Tyler	Tuscarora High School	59.65	59.59	REG	11
	27.00	59.59 (32.59)				
9	Cabezas, Oliver E	Rock Ridge High School	59.92	1:01.26		9
	27.94	1:01.26 (33.32)				
10	Wadhvani, Rishi	Rock Ridge High School	1:03.09	1:04.31		7
	28.15	1:04.31 (36.16)				
11	Slowinski, Adam	Broad Run High School	1:05.90	1:05.87		6
	29.18	1:05.87 (36.69)				
12	Kakatkar, Atharva	John Champe High School	1:11.90	1:10.60		5
	31.44	1:10.60 (39.16)				
13	Rand, Logan	Woodgrove Swim Team	1:09.76	1:11.47		4
	32.68	1:11.47 (38.79)				
14	Lebert, Benjamin	Heritage High School	1:16.74	1:16.11		3
	34.75	1:16.11 (41.36)				
15	Karle, Om	John Champe High School	1:13.88	1:16.59		2
	34.84	1:16.59 (41.75)				

Event 12 Girls 100 Yard Butterfly**1:00.63 VHSL VHSL Class 4 States****1:11.65 REG Region 4C**

	Name	School	Seed Time	Finals Time		Points
1	Thaivalappil, Maya E	John Champe High School	1:03.79	1:02.83	REG	20
	28.74	1:02.83 (34.09)				
2	Adler, Layla	Broad Run High School	1:04.83	1:03.55	REG	17
	29.44	1:03.55 (34.11)				
3	Smith, Ellie	Loudoun County High School	1:06.52	1:06.77	REG	16
	30.41	1:06.77 (36.36)				
4	Schlabach, Sydney	Dominion High School	1:09.05	1:08.94	REG	15
	31.44	1:08.94 (37.50)				
5	Vierkorn, Mia	Heritage High School	1:09.85	1:09.50	REG	14
	31.34	1:09.50 (38.16)				
6	Pitts, Maya	Heritage High School	1:09.04	1:10.41	REG	13
	32.63	1:10.41 (37.78)				
7	Shah, Aanya	Heritage High School	1:10.97	1:11.44	REG	12
	31.67	1:11.44 (39.77)				
8	Edwards, Abby	Loudoun Valley High School	1:14.57	1:12.83		11
	33.35	1:12.83 (39.48)				
9	Shultz, Katherine	Woodgrove Swim Team	1:13.03	1:13.15		9
	33.69	1:13.15 (39.46)				
10	Enwiya, Eden	John Champe High School	1:25.15	1:21.62		7
	37.00	1:21.62 (44.62)				
11	Phung, Thi	John Champe High School	1:25.87	1:24.73		6
	38.29	1:24.73 (46.44)				
12	Kunzelman, Maya	Loudoun County High School	1:24.44	1:25.36		5
	38.97	1:25.36 (46.39)				
13	Juban, Sarah	Loudoun County High School	1:25.22	1:25.94		4
	37.83	1:25.94 (48.11)				

2024 Region 4C Championship Meet - 2/10/2024**Results - VHSL Region 4C Championships****(Event 12 Girls 100 Yard Butterfly)**

	Name		School	Seed Time	Finals Time	Points
14	Papageorgiou, Dina		Rock Ridge High School	1:25.84	1:27.39	3
	39.89	1:27.39 (47.50)				
15	Finke, Lucy		Dominion High School	1:26.86	1:29.16	2
	39.45	1:29.16 (49.71)				

Event 13 Boys 100 Yard Freestyle**49.61 VHSL VHSL Class 4 States****52.42 REG Region 4C**

	Name		School	Seed Time	Finals Time		Points
1	Guyton, Nick		Dominion High School	50.00	48.47	VHSL	20
	23.68	48.47 (24.79)					
2	Chethan, Neel		Rock Ridge High School	48.69	49.18	VHSL	17
	23.62	49.18 (25.56)					
3	Chang, Kenneth		Loudoun County High School	50.05	50.13	REG	16
	24.09	50.13 (26.04)					
4	Lukin, Myro		Tuscarora High School	51.82	51.04	REG	15
	24.36	51.04 (26.68)					
5	Atkinson, Cooper		Broad Run High School	52.18	51.72	REG	14
	24.93	51.72 (26.79)					
6	Nguyen, Bi		John Champe High School	50.13	52.22	REG	13
	24.79	52.22 (27.43)					
7	Finke, William		Dominion High School	53.22	53.55		12
	25.47	53.55 (28.08)					
8	Davis, Brayden		Heritage High School	54.51	54.15		11
	25.40	54.15 (28.75)					
9	Weber, Christopher		Tuscarora High School	55.54	54.70		9
	26.69	54.70 (28.01)					
10	Tolstisik, Ivan		Dominion High School	55.01	55.05		7
	26.73	55.05 (28.32)					
11	MacDuffie, Trevor		Woodgrove Swim Team	55.45	55.69		6
	26.11	55.69 (29.58)					
12	Benney, Vincent		Woodgrove Swim Team	56.18	56.49		5
	26.65	56.49 (29.84)					
13	Sian, Geo		Broad Run High School	56.94	56.75		4
	26.22	56.75 (30.53)					
14	Dips, Gabriel		John Champe High School	1:00.20	1:01.92		3
	29.53	1:01.92 (32.39)					

Event 14 Girls 100 Yard Freestyle**55.50 VHSL VHSL Class 4 States****1:01.68 REG Region 4C**

	Name		School	Seed Time	Finals Time		Points
1	Mathias, Olivia C		John Champe High School	55.68	56.09	REG	20
	26.90	56.09 (29.19)					
2	Collins, Madison		Tuscarora High School	56.60	56.27	REG	17
	27.23	56.27 (29.04)					
3	Silverstein, Leah		Woodgrove Swim Team	58.08	58.35	REG	16
	28.42	58.35 (29.93)					
4	Cowan, Campbell		Heritage High School	1:00.09	1:00.78	REG	15
	29.12	1:00.78 (31.66)					
5	Bell, Caroline		Loudoun Valley High School	1:01.81	1:00.81	REG	14
	29.00	1:00.81 (31.81)					
6	Roy, Noelle		Woodgrove Swim Team	1:02.68	1:00.87	REG	13
	29.01	1:00.87 (31.86)					

2024 Region 4C Championship Meet - 2/10/2024**Results - VHSL Region 4C Championships****(Event 14 Girls 100 Yard Freestyle)**

Name	School	Seed Time	Finals Time	Points
7 Meedel, Ella	Woodgrove Swim Team	1:02.38	1:02.46	12
29.33	1:02.46 (33.13)			
8 Khare, Reva	Loudoun County High School	1:03.84	1:03.13	11
29.80	1:03.13 (33.33)			
9 Renehan, Kailey	Loudoun Valley High School	1:06.15	1:04.53	9
30.41	1:04.53 (34.12)			
10 Narsin, Kriti	Rock Ridge High School	1:03.54	1:04.78	7
30.49	1:04.78 (34.29)			
11 Harman, Audrey	Dominion High School	1:08.32	1:07.31	6
32.54	1:07.31 (34.77)			
12 Kalva, Gowri	John Champe High School	1:07.75	1:07.73	5
32.18	1:07.73 (35.55)			
13 Mitchell, Cailin	Tuscarora High School	1:08.18	1:07.83	4
31.60	1:07.83 (36.23)			
14 Cleary, Brianna	Loudoun County High School	1:07.60	1:08.68	3
31.79	1:08.68 (36.89)			
15 Shetty, Lekha	John Champe High School	1:08.29	1:09.91	2
32.67	1:09.91 (37.24)			
16 Tavakoli, Tiam	Heritage High School	1:13.78	1:16.00	1
36.00	1:16.00 (40.00)			

Event 15 Boys 500 Yard Freestyle**4:58.04 VHSL VHSL Class 4 States****5:44.75 REG Region 4C**

Name	School	Seed Time	Finals Time	Points
1 Rohr, Bryce H	John Champe High School	4:33.87	4:33.27	VHSL 20
24.05	50.50 (26.45)	1:18.08 (27.58)	1:46.07 (27.99)	
2:13.90 (27.83)	2:41.85 (27.95)	3:09.92 (28.07)	3:37.94 (28.02)	
4:05.87 (27.93)	4:33.27 (27.40)			
2 Cates, Jordan	Loudoun Valley High School	5:16.90	5:14.08	REG 17
27.35	57.61 (30.26)	1:29.01 (31.40)	2:00.49 (31.48)	
2:32.71 (32.22)	3:05.29 (32.58)	3:38.11 (32.82)	4:11.01 (32.90)	
4:43.47 (32.46)	5:14.08 (30.61)			
3 Bell, Zachary	Loudoun County High School	5:13.65	5:14.63	REG 16
26.39	56.21 (29.82)	1:27.75 (31.54)	1:59.52 (31.77)	
2:31.89 (32.37)	3:04.63 (32.74)	3:37.65 (33.02)	4:10.70 (33.05)	
4:43.47 (32.77)	5:14.63 (31.16)			
4 Akers, Eric	Loudoun County High School	5:19.41	5:14.85	REG 15
27.42	57.59 (30.17)	1:29.14 (31.55)	2:01.37 (32.23)	
2:33.24 (31.87)	3:06.09 (32.85)	3:39.13 (33.04)	4:12.05 (32.92)	
4:44.35 (32.30)	5:14.85 (30.50)			
5 Edwards, Jack	Broad Run High School	5:25.19	5:19.74	REG 14
27.44	57.20 (29.76)	1:28.82 (31.62)	2:01.18 (32.36)	
2:34.44 (33.26)	3:08.29 (33.85)	3:41.57 (33.28)	4:14.52 (32.95)	
4:47.60 (33.08)	5:19.74 (32.14)			
6 Egbert, Mason	Dominion High School	5:18.27	5:26.16	REG 13
27.09	57.02 (29.93)	1:28.31 (31.29)	2:00.77 (32.46)	
2:34.13 (33.36)	3:07.92 (33.79)	3:42.10 (34.18)	4:16.51 (34.41)	
4:51.34 (34.83)	5:26.16 (34.82)			
7 Davies, Hayden	Woodgrove Swim Team	5:34.58	5:33.10	REG 12
28.35	59.94 (31.59)	1:33.12 (33.18)	2:07.63 (34.51)	
2:42.68 (35.05)	3:17.27 (34.59)	3:52.26 (34.99)	4:26.50 (34.24)	
5:01.13 (34.63)	5:33.10 (31.97)			

2024 Region 4C Championship Meet - 2/10/2024

Results - VHSL Region 4C Championships

(Event 15 Boys 500 Yard Freestyle)

	Name	School	Seed Time	Finals Time		Points
8	Leiva, Mathias	Dominion High School	5:42.47	5:37.37	REG	11
	29.75	1:02.36 (32.61)	1:36.01 (33.65)	2:10.15 (34.14)		
	2:44.67 (34.52)	3:19.93 (35.26)	3:55.27 (35.34)	4:30.92 (35.65)		
	5:06.30 (35.38)	5:37.37 (31.07)				
9	Bober, Olli	Woodgrove Swim Team	5:45.74	5:37.76	REG	9
	29.22	1:01.67 (32.45)	1:36.47 (34.80)	2:11.36 (34.89)		
	2:46.57 (35.21)	3:21.46 (34.89)	3:56.62 (35.16)	4:31.56 (34.94)		
	5:06.42 (34.86)	5:37.76 (31.34)				
10	Ferner, Ian	Broad Run High School	5:41.99	5:39.14	REG	7
	28.83	1:01.37 (32.54)	1:35.91 (34.54)	2:10.65 (34.74)		
	2:45.75 (35.10)	3:20.73 (34.98)	3:55.84 (35.11)	4:31.52 (35.68)		
	5:06.36 (34.84)	5:39.14 (32.78)				
11	Mollerup, Owen	John Champe High School	5:39.34	5:42.22	REG	6
	29.43	1:02.61 (33.18)	1:37.02 (34.41)	2:12.51 (35.49)		
	2:48.26 (35.75)	3:23.91 (35.65)	3:59.38 (35.47)	4:34.50 (35.12)		
	5:08.79 (34.29)	5:42.22 (33.43)				
12	Champ, Logan	Heritage High School	5:46.46	5:44.54	REG	5
	29.02	1:01.91 (32.89)	1:36.48 (34.57)	2:11.60 (35.12)		
	2:47.27 (35.67)	3:23.46 (36.19)	3:59.39 (35.93)	4:35.21 (35.82)		
	5:11.17 (35.96)	5:44.54 (33.37)				
13	Wood, Jax	Heritage High School	5:52.01	6:11.01		4
	32.05	1:08.19 (36.14)	1:45.77 (37.58)	2:24.07 (38.30)		
	3:02.26 (38.19)	3:39.94 (37.68)	4:18.39 (38.45)	4:56.60 (38.21)		
	5:34.30 (37.70)	6:11.01 (36.71)				
14	Childs, Mich	Loudoun Valley High School	6:22.67	6:16.14		3
	31.89	6:16.14 (5:44.25)				
15	Hwang, Joon	Rock Ridge High School	6:26.41	6:17.98		2
	30.39	1:04.56 (34.17)	1:42.44 (37.88)	2:21.67 (39.23)		
	3:01.81 (40.14)	3:42.09 (40.28)	4:22.12 (40.03)	5:02.81 (40.69)		
	5:42.79 (39.98)	6:17.98 (35.19)				
16	Hoffman, Noah	Tuscarora High School	6:17.26	6:21.82		1
	32.22	1:08.36 (36.14)	1:47.43 (39.07)	2:26.94 (39.51)		
	3:06.77 (39.83)	3:46.23 (39.46)	4:25.77 (39.54)	5:05.96 (40.19)		
	5:45.57 (39.61)	6:21.82 (36.25)				
17	Ly, Kien	Dominion High School	6:25.00	6:27.46		
	31.90	1:08.15 (36.25)	1:45.25 (37.10)	2:26.02 (40.77)		
	3:06.49 (40.47)	3:47.58 (41.09)	4:28.19 (40.61)	5:09.18 (40.99)		
	5:49.27 (40.09)	6:27.46 (38.19)				

Event 16 Girls 500 Yard Freestyle

5:21.64 VHSL VHSL Class 4 States

6:18.26 REG Region 4C

	Name	School	Seed Time	Finals Time		Points
1	Bober, Ella	Woodgrove Swim Team	5:43.81	5:25.25	REG	20
	29.09	1:00.46 (31.37)	1:32.50 (32.04)	2:05.18 (32.68)		
	2:37.97 (32.79)	3:11.29 (33.32)	3:45.04 (33.75)	4:19.14 (34.10)		
	4:52.55 (33.41)	5:25.25 (32.70)				
2	Lechelt, Reese	Loudoun County High School	5:35.38	5:38.39	REG	17
	29.73	1:02.16 (32.43)	1:36.19 (34.03)	2:10.52 (34.33)		
	2:45.61 (35.09)	3:20.46 (34.85)	3:55.57 (35.11)	4:30.36 (34.79)		
	5:04.89 (34.53)	5:38.39 (33.50)				
3	Takach, Ali	Rock Ridge High School	5:53.34	5:45.82	REG	16
	31.27	1:05.45 (34.18)	1:40.36 (34.91)	2:15.48 (35.12)		
	2:50.73 (35.25)	3:25.80 (35.07)	4:00.79 (34.99)	4:35.70 (34.91)		
	5:10.46 (34.76)	5:45.82 (35.36)				

2024 Region 4C Championship Meet - 2/10/2024

Results - VHSL Region 4C Championships

(Event 16 Girls 500 Yard Freestyle)

Name	School	Seed Time	Finals Time	Points
4 Wong, Victoria I	John Champe High School	5:59.90	5:59.47 REG	15
30.98	1:05.05 (34.07)	1:40.40 (35.35)	2:16.62 (36.22)	
2:53.41 (36.79)	3:30.55 (37.14)	4:07.88 (37.33)	4:45.64 (37.76)	
5:23.09 (37.45)	5:59.47 (36.38)			
5 Edwards, Avery	Broad Run High School	6:09.58	6:08.78 REG	14
31.32	1:05.84 (34.52)	1:41.80 (35.96)	2:18.90 (37.10)	
2:56.44 (37.54)	3:34.64 (38.20)	4:12.90 (38.26)	4:51.88 (38.98)	
5:31.07 (39.19)	6:08.78 (37.71)			
6 Swanson, Camilla	Woodgrove Swim Team	6:20.25	6:21.27	13
32.59	1:08.33 (35.74)	1:46.11 (37.78)	2:24.39 (38.28)	
3:03.04 (38.65)	3:42.63 (39.59)	4:22.86 (40.23)	5:02.59 (39.73)	
5:42.65 (40.06)	6:21.27 (38.62)			
7 Edwards, Abby	Loudoun Valley High School	6:24.02	6:28.54	12
32.07	1:07.36 (35.29)	1:44.57 (37.21)	2:23.59 (39.02)	
3:03.16 (39.57)	3:44.13 (40.97)	4:25.54 (41.41)	5:06.82 (41.28)	
5:48.61 (41.79)	6:28.54 (39.93)			
8 Fox, Jane	Tuscarora High School	6:26.10	6:33.14	11
33.64	1:11.22 (37.58)	1:50.60 (39.38)	2:30.97 (40.37)	
3:12.40 (41.43)	3:54.11 (41.71)	4:35.17 (41.06)	5:16.41 (41.24)	
5:55.95 (39.54)	6:33.14 (37.19)			
9 Roberts-Shaw, Zoe	Woodgrove Swim Team	7:14.71	6:40.43	9
32.16	1:09.53 (37.37)	1:48.77 (39.24)	2:29.04 (40.27)	
3:10.20 (41.16)	3:52.95 (42.75)	4:36.30 (43.35)	5:18.91 (42.61)	
6:00.60 (41.69)	6:40.43 (39.83)			
10 Shah, Aanya	Heritage High School	6:37.61	6:41.75	7
34.34	1:13.37 (39.03)	1:53.83 (40.46)	2:34.87 (41.04)	
3:15.58 (40.71)	3:57.11 (41.53)	4:37.74 (40.63)	5:20.14 (42.40)	
6:01.70 (41.56)	6:41.75 (40.05)			
11 Barrios, Mia	Broad Run High School	6:51.66	6:45.74	6
34.13	1:12.31 (38.18)	1:52.99 (40.68)	2:35.00 (42.01)	
3:16.61 (41.61)	3:58.41 (41.80)	4:39.93 (41.52)	5:22.29 (42.36)	
6:05.16 (42.87)	6:45.74 (40.58)			
12 Steele, Stephanie	Tuscarora High School	7:04.14	6:49.16	5
35.11	1:13.92 (38.81)	1:55.18 (41.26)	2:36.85 (41.67)	
3:19.02 (42.17)	4:00.63 (41.61)	4:43.44 (42.81)	5:26.05 (42.61)	
6:08.59 (42.54)	6:49.16 (40.57)			
13 Goodhart, Caden	Rock Ridge High School	7:05.35	6:52.11	4
33.76	1:12.52 (38.76)	1:53.62 (41.10)	2:36.29 (42.67)	
3:18.55 (42.26)	4:00.78 (42.23)	4:43.17 (42.39)	5:26.54 (43.37)	
6:09.82 (43.28)	6:52.11 (42.29)			
14 Khanal, Aarya	Rock Ridge High School	7:01.73	7:01.69	3
35.47	1:16.11 (40.64)	1:58.38 (42.27)	2:41.78 (43.40)	
3:24.18 (42.40)	4:08.75 (44.57)	4:53.26 (44.51)	5:38.08 (44.82)	
6:22.13 (44.05)	7:01.69 (39.56)			
15 Bartlett, Harper	Loudoun Valley High School	7:04.16	7:02.46	2
35.69	1:15.89 (40.20)	1:58.05 (42.16)	2:41.68 (43.63)	
3:25.75 (44.07)	4:10.00 (44.25)	4:54.08 (44.08)	5:39.59 (45.51)	
6:24.04 (44.45)	7:02.46 (38.42)			
16 Juban, Sarah	Loudoun County High School	7:19.69	7:27.42	1
38.19	1:22.15 (43.96)	2:07.23 (45.08)	2:54.07 (46.84)	
3:40.15 (46.08)	4:25.92 (45.77)	5:12.22 (46.30)	5:58.79 (46.57)	
6:44.69 (45.90)	7:27.42 (42.73)			

2024 Region 4C Championship Meet - 2/10/2024**Results - VHSL Region 4C Championships****Event 17 Boys 200 Yard Freestyle Relay****1:33.83 VHSL VHSL Class 4 States****1:37.94 REG Region 4C**

Team	Relay	Seed Time	Finals Time	Points
1 John Champe High School	A	1:29.74	1:29.32 VHSL	40
1) Rohr, Bryce H	2) Rice, Calen	3) Nguyen, Bi	4) Wergley, Cole	
21.93	44.33 (22.40)	1:07.16 (22.83)	1:29.32 (22.16)	
2 Tuscarora High School	A	1:34.05	1:33.64 VHSL	34
1) Mitchell, Shawn	2) Karg, Tyler	3) Weber, Christopher	4) Lukin, Myro	
23.81	47.35 (23.54)	1:10.51 (23.16)	1:33.64 (23.13)	
3 Dominion High School	A	1:32.15	1:34.22 REG	32
1) Guyton, Nick	2) Finke, William	3) James, Zach	4) Voigt, Mason	
22.55	46.42 (23.87)	1:10.49 (24.07)	1:34.22 (23.73)	
4 Heritage High School	A	1:36.65	1:35.86 REG	30
1) Cohrs, Miles	2) Davis, Brayden	3) Tansey, Liam	4) Van Tuyle, Aaron	
25.55	49.00 (23.45)	1:12.87 (23.87)	1:35.86 (22.99)	
5 Loudoun County High School	A	1:32.72	1:36.78 REG	28
1) Bell, Zachary	2) Crouse, Alan	3) Rosen, Daniel	4) Tjader, Kai	
23.34	47.57 (24.23)	1:11.93 (24.36)	1:36.78 (24.85)	
6 Broad Run High School	A	1:41.83	1:40.55	26
1) Tikhonov, Daniel	2) Smith, Max	3) Sian, Geo	4) Edwards, Jack	
25.43	50.33 (24.90)	1:15.58 (25.25)	1:40.55 (24.97)	
7 Woodgrove Swim Team	A	1:37.10	1:42.20	24
1) Campbell, Henry	2) Rand, Logan	3) McKinley, Conor	4) Benney, Vincent	
26.58	52.62 (26.04)	1:18.09 (25.47)	1:42.20 (24.11)	
8 Rock Ridge High School	A	1:33.23	1:42.59	22
1) Wadhvani, Rishi	2) Dhannode, Shriyan	3) D'Souza, Vern	4) Cabezas, Oliver E	
24.93	52.81 (27.88)	1:22.08 (29.27)	1:42.59 (20.51)	

Event 18 Girls 200 Yard Freestyle Relay**1:45.19 VHSL VHSL Class 4 States****1:50.81 REG Region 4C**

Team	Relay	Seed Time	Finals Time	Points
1 John Champe High School	A	1:48.63	1:46.91 REG	40
1) Thaivalappil, Maya E	2) Batu, Marella	3) Wong, Victoria I	4) Mathias, Olivia C	
25.55	53.51 (27.96)	1:21.99 (28.48)	1:46.91 (24.92)	
2 Loudoun Valley High School	A	1:47.66	1:48.40 REG	34
1) Cates, Noelle	2) Kelly, Brooke	3) Bell, Caroline	4) Bannerton, Avery	
26.55	55.77 (29.22)	1:23.55 (27.78)	1:48.40 (24.85)	
3 Broad Run High School	A	1:50.32	1:49.14 REG	32
1) Pakiela, Helena	2) Adler, Layla	3) Jalali, Ayla	4) Edwards, Avery	
26.12	52.06 (25.94)	1:20.96 (28.90)	1:49.14 (28.18)	
4 Heritage High School	A	1:51.89	1:50.44 REG	30
1) Vierkorn, Mia	2) Levin, Ava	3) Tansey, Willa	4) Cowan, Campbell	
27.68	55.57 (27.89)	1:23.34 (27.77)	1:50.44 (27.10)	
5 Woodgrove Swim Team	A	1:49.53	1:51.46	28
1) Roy, Noelle	2) Roberts-Shaw, Zoe	3) Shultz, Katherine	4) Meedel, Ella	
28.58	56.14 (27.56)	1:24.09 (27.95)	1:51.46 (27.37)	
6 Tuscarora High School	A	1:54.10	1:55.17	26
1) Collins, Madison	2) Knauer, Kelli	3) Karg, Emma	4) Fox, Jane	
26.66	1:26.75 ()	1:55.17 (28.42)	1:55.17 (28.42)	
7 Loudoun County High School	A	1:57.69	1:58.96	24
1) Cassidy, Anne	2) Cleary, Brianna	3) Graham, Molly	4) Khare, Reva	
30.14	59.90 (29.76)	1:29.97 (30.07)	1:58.96 (28.99)	

2024 Region 4C Championship Meet - 2/10/2024**Results - VHSL Region 4C Championships****(Event 18 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
8 Dominion High School	A	1:55.19	1:59.71	22
1) Albanese, Riley 27.77	2) Harman, Audrey 57.94 (30.17)	3) Finke, Lucy 1:26.65 (28.71)	4) Fraim, Sophia 1:59.71 (33.06)	

Event 19 Boys 100 Yard Backstroke**54.78 VHSL VHSL Class 4 States****1:01.86 REG Region 4C**

Name	School	Seed Time	Finals Time	Points
1 Koester, Griffin 25.98	Woodgrove Swim Team 53.73 (27.75)	54.17	53.73 VHSL	20
2 Gehley, Michael R 27.07	Broad Run High School 55.53 (28.46)	57.92	55.53 REG	17
3 Rice, Calen 27.64	John Champe High School 57.29 (29.65)	56.81	57.29 REG	16
4 Davis, Brayden 27.72	Heritage High School 57.78 (30.06)	59.01	57.78 REG	15
5 Akers, Eric 28.14	Loudoun County High School 58.02 (29.88)	58.50	58.02 REG	14
6 Fujino Sala, Alex A 27.49	Broad Run High School 58.33 (30.84)	58.50	58.33 REG	13
7 Egbert, Mason 28.23	Dominion High School 58.62 (30.39)	59.19	58.62 REG	12
8 Midda, Nikhil K 28.91	Rock Ridge High School 1:00.10 (31.19)	58.85	1:00.10 REG	11
9 Taylor, Christopher 31.08	John Champe High School 1:03.09 (32.01)	1:03.59	1:03.09	9
10 Davu, Ishaan 31.97	Dominion High School 1:06.11 (34.14)	1:06.71	1:06.11	7
11 Finke, William 32.11	Dominion High School 1:06.63 (34.52)	1:07.31	1:06.63	6
12 Suttie, Robert 32.57	Loudoun County High School 1:07.95 (35.38)	1:08.37	1:07.95	5
13 Smith, Aaron 31.87	Broad Run High School 1:08.08 (36.21)	1:10.30	1:08.08	4
14 Nardiello, Henry 34.00	Loudoun Valley High School 1:08.73 (34.73)	1:08.71	1:08.73	3
15 Hoffman, Noah 32.71	Tuscarora High School 1:08.93 (36.22)	1:08.86	1:08.93	2
16 Carlucci, Cameron 33.95	Loudoun Valley High School 1:11.90 (37.95)	1:10.17	1:09.92	1
17 Tikhonov, Daniel 33.38	Broad Run High School 1:13.25 (39.87)	1:16.74	1:11.90	
18 Brege, Tyler 33.38	Woodgrove Swim Team 1:13.25 (39.87)	1:11.41	1:13.25	

Event 20 Girls 100 Yard Backstroke**1:01.58 VHSL VHSL Class 4 States****1:12.08 REG Region 4C**

Name	School	Seed Time	Finals Time	Points
1 Bannerton, Avery 29.61	Loudoun Valley High School 59.81 (30.20)	58.69	59.81 VHSL	20
2 Cates, Noelle 30.47	Loudoun Valley High School 1:02.67 (32.20)	1:03.40	1:02.67 REG	17
3 Pakiela, Helena 31.06	Broad Run High School 1:04.65 (33.59)	1:05.48	1:04.65 REG	16

2024 Region 4C Championship Meet - 2/10/2024**Results - VHSL Region 4C Championships****(Event 20 Girls 100 Yard Backstroke)**

	Name	School	Seed Time	Finals Time		Points
4	Schlabach, Sydney	Dominion High School	1:07.48	1:07.49	REG	15
	32.88	1:07.49 (34.61)				
5	Tjader, Rylee	Loudoun County High School	1:08.54	1:08.04	REG	14
	32.15	1:08.04 (35.89)				
6	Davies, Hudsyn	Woodgrove Swim Team	1:11.83	1:11.12	REG	13
	33.38	1:11.12 (37.74)				
7	Pitts, Maya	Heritage High School	1:11.39	1:11.23	REG	12
	33.54	1:11.23 (37.69)				
8	Cornell, Becca	John Champe High School	1:11.44	1:11.39	REG	11
	34.01	1:11.39 (37.38)				
9	Khare, Reva	Loudoun County High School	1:13.65	1:12.53		9
	34.64	1:12.53 (37.89)				
10	Brougham, Addie	Dominion High School	1:16.56	1:12.84		7
	34.69	1:12.84 (38.15)				
11	John, Asha	Heritage High School	1:14.72	1:14.62		6
	36.36	1:14.62 (38.26)				
12	Harman, Audrey	Dominion High School	1:17.91	1:16.66		5
	37.53	1:16.66 (39.13)				
13	Smith, Catharine	Woodgrove Swim Team	1:17.21	1:17.40		4
	36.92	1:17.40 (40.48)				
14	Papageorgiou, Dina	Rock Ridge High School	1:17.99	1:19.22		3
	38.28	1:19.22 (40.94)				
15	Barraco, Addie	Tuscarora High School	1:24.75	1:23.32		2
---	Shetty, Lekha	John Champe High School	1:15.43	DQ		

Event 21 Boys 100 Yard Breaststroke**1:02.48 VHSL VHSL Class 4 States****1:07.60 REG Region 4C**

	Name	School	Seed Time	Finals Time		Points
1	Regan, Joey	Dominion High School	1:00.15	59.21	VHSL	20
	27.47	59.21 (31.74)				
2	Wergley, Cole	John Champe High School	59.57	59.25	VHSL	17
	28.07	59.25 (31.18)				
3	Takach, Andrew J	Rock Ridge High School	1:00.55	1:00.18	VHSL	16
	28.24	1:00.18 (31.94)				
4	Lukin, Myro	Tuscarora High School	1:05.13	1:03.50	REG	15
	29.94	1:03.50 (33.56)				
5	Tjader, Kai	Loudoun County High School	1:06.65	1:06.11	REG	14
	30.85	1:06.11 (35.26)				
6	Tansey, Liam	Heritage High School	1:07.16	1:06.16	REG	13
	29.96	1:06.16 (36.20)				
7	Cohrs, Miles	Heritage High School	1:09.58	1:07.59	REG	12
	31.76	1:07.59 (35.83)				
8	James, Zach	Dominion High School	1:08.64	1:08.41		11
	31.62	1:08.41 (36.79)				
9	Smith, Max	Broad Run High School	1:08.77	1:08.46		9
	31.20	1:08.46 (37.26)				
10	Rosen, Daniel	Loudoun County High School	1:13.47	1:09.98		7
	31.58	1:09.98 (38.40)				
11	Domonkos, Levente	Dominion High School	1:10.91	1:10.73		6
	32.78	1:10.73 (37.95)				
12	Ferner, Ian	Broad Run High School	1:13.52	1:10.91		5
	33.01	1:10.91 (37.90)				

2024 Region 4C Championship Meet - 2/10/2024

Results - VHSL Region 4C Championships

(Event 21 Boys 100 Yard Breaststroke)

Name	School	Seed Time	Finals Time	Points
13 Crouse, Alan	Loudoun County High School	1:13.29	1:12.57	4
34.36		1:12.57 (38.21)		
14 Hill, Arleigh	Loudoun Valley High School	1:12.89	1:13.95	3
34.45		1:13.95 (39.50)		
15 Rand, Logan	Woodgrove Swim Team	1:16.54	1:15.89	2
35.24		1:15.89 (40.65)		
16 Campbell, Henry	Woodgrove Swim Team	1:18.77	1:18.94	1
36.15		1:18.94 (42.79)		

Event 22 Girls 100 Yard Breaststroke

1:10.07 VHSL VHSL Class 4 States

1:18.18 REG Region 4C

Name	School	Seed Time	Finals Time	Points
1 Mathias, Olivia C	John Champe High School	1:09.13	1:09.53	VHSL 20
32.24		1:09.53 (37.29)		
2 Albanese, Riley	Dominion High School	1:13.19	1:13.42	REG 17
33.61		1:13.42 (39.81)		
3 Gatlin, Emerson	Loudoun County High School	1:15.74	1:15.57	REG 16
35.78		1:15.57 (39.79)		
4 Sparbanie, Libby	Woodgrove Swim Team	1:16.47	1:16.05	REG 15
35.63		1:16.05 (40.42)		
5 Renehan, Kailey	Loudoun Valley High School	1:17.51	1:16.71	REG 14
34.67		1:16.71 (42.04)		
6 Levin, Ava	Heritage High School	1:24.89	1:20.65	13
37.97		1:20.65 (42.68)		
7 Cassidy, Anne	Loudoun County High School	1:22.05	1:20.94	12
38.44		1:20.94 (42.50)		
8 Swanson, Camilla	Woodgrove Swim Team	1:21.14	1:22.14	11
37.55		1:22.14 (44.59)		
9 Tansey, Willa	Heritage High School	1:22.85	1:23.69	9
39.71		1:23.69 (43.98)		
10 Roy, Noelle	Woodgrove Swim Team	1:22.40	1:23.93	7
39.50		1:23.93 (44.43)		
11 Phung, Thi	John Champe High School	1:22.65	1:24.63	6
38.41		1:24.63 (46.22)		
12 Kelly, Brooke	Loudoun Valley High School	1:24.09	1:24.99	5
39.64		1:24.99 (45.35)		
13 Karg, Emma	Tuscarora High School	1:26.85	1:26.49	4
39.82		1:26.49 (46.67)		
14 Batu, Marella	John Champe High School	1:24.92	1:28.07	3
41.37		1:28.07 (46.70)		

Event 23 Boys 400 Yard Freestyle Relay

3:25.91 VHSL VHSL Class 4 States

3:45.86 REG Region 4C

Team	Relay	Seed Time	Finals Time	Points
1 John Champe High School	A	3:20.00	3:21.51	VHSL 40
1) Wergley, Cole	2) Rice, Calen	3) Nguyen, Bi	4) Rohr, Bryce H	
24.49	51.93 (51.93)	1:16.15 (24.22)	1:42.34 (50.41)	
2:06.25 (23.91)	2:33.77 (51.43)	2:57.20 (23.43)	3:21.51 (47.74)	
2 Loudoun County High School	A	3:32.47	3:21.96	VHSL 34
1) Chang, Kenneth	2) Armitage, Kyle	3) Bell, Zachary	4) Akers, Eric	
24.37	51.63 (51.63)	1:15.07 (23.44)	1:40.89 (49.26)	
2:04.59 (23.70)	2:31.20 (50.31)	2:55.73 (24.53)	3:21.96 (50.76)	

2024 Region 4C Championship Meet - 2/10/2024

Results - VHSL Region 4C Championships

(Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
3 Dominion High School	A	3:29.53	3:27.00 REG	32
1) Guyton, Nick	2) Ly, Jonathan	3) Finke, William	4) Regan, Joey	
23.81	48.91 (48.91)	1:13.52 (24.61)	1:40.54 (51.63)	
2:05.68 (25.14)	2:33.86 (53.32)	2:58.75 (24.89)	3:27.00 (53.14)	
4 Broad Run High School	A	3:29.19	3:27.48 REG	30
1) Atkinson, Cooper	2) Edwards, Jack	3) Fujino Sala, Alex A	4) Gehley, Michael R	
24.83	52.09 (52.09)	1:17.17 (25.08)	1:45.05 (52.96)	
2:09.61 (24.56)	2:37.47 (52.42)	3:01.19 (23.72)	3:27.48 (50.01)	
5 Tuscarora High School	A	3:35.39	3:30.50 REG	28
1) Mitchell, Shawn	2) Weber, Christopher	3) Karg, Tyler	4) Lukin, Myro	
25.43	52.35 (52.35)	1:17.45 (25.10)	1:45.21 (52.86)	
2:10.16 (24.95)	2:38.45 (53.24)	3:02.78 (24.33)	3:30.50 (52.05)	
6 Rock Ridge High School	A	3:32.12	3:34.19 REG	26
1) Chethan, Neel	2) Midda, Nikhil K	3) Weicker, Dylan	4) Takach, Andrew J	
23.55	49.27 (49.27)	1:15.85 (26.58)	1:45.29 (56.02)	
2:11.84 (26.55)	3:07.41 (1:22.12)	3:34.19 (26.78)		
7 Woodgrove Swim Team	A	3:36.92	3:35.51 REG	24
1) MacDuffie, Trevor	2) Benney, Vincent	3) Davies, Hayden	4) Koester, Griffin	
25.61	55.05 (55.05)	1:20.79 (25.74)	1:50.34 (55.29)	
2:16.82 (26.48)	2:47.24 (56.90)	3:10.22 (22.98)	3:35.51 (48.27)	
8 Heritage High School	A	3:41.74	3:53.40	22
1) Wood, Jax	2) Champ, Logan	3) Markatos, Adam	4) Vierkorn, George	
27.69	58.36 (58.36)	1:25.68 (27.32)	1:56.74 (58.38)	
2:55.08 (58.34)	3:21.69 (1:24.95)	3:53.40 (31.71)		

Event 24 Girls 400 Yard Freestyle Relay

3:49.92 VHSL VHSL Class 4 States

4:30.81 REG Region 4C

Team	Relay	Seed Time	Finals Time	Points
1 Woodgrove Swim Team	A	3:56.01	3:58.35 REG	40
1) Silverstein, Leah	2) Roy, Noelle	3) Meedel, Ella	4) Bober, Ella	
27.76	58.43 (58.43)	1:27.74 (29.31)	2:01.46 (1:03.03)	
2:29.40 (27.94)	3:03.00 (1:01.54)	3:29.28 (26.28)	3:58.35 (55.35)	
2 Loudoun Valley High School	A	4:02.98	3:58.70 REG	34
1) Cates, Noelle	2) Bell, Caroline	3) Kelly, Brooke	4) Bannerton, Avery	
27.83	57.88 (57.88)	1:26.93 (29.05)	1:59.22 (1:01.34)	
2:29.03 (29.81)	3:04.27 (1:05.05)	3:23.06 (18.79)	3:58.70 (54.43)	
3 John Champe High School	A	3:59.48	3:58.84 REG	32
1) Thaivalappil, Maya E	2) Enwiya, Eden	3) Wong, Victoria I	4) Mathias, Olivia C	
27.02	1:00.42 (1:00.42)	1:26.58 (26.16)	2:01.22 (1:00.80)	
2:29.55 (28.33)	3:01.23 (1:00.01)	3:28.47 (27.24)	3:58.84 (57.61)	
4 Broad Run High School	A	4:10.04	4:01.69 REG	30
1) Pakiela, Helena	2) Adler, Layla	3) Edwards, Avery	4) Barrios, Mia	
27.83	57.18 (57.18)	1:24.53 (27.35)	1:55.78 (58.60)	
2:25.26 (29.48)	2:58.17 (1:02.39)	3:27.83 (29.66)	4:01.69 (1:03.52)	
5 Loudoun County High School	A	4:10.26	4:05.11 REG	28
1) Lechelt, Reese	2) Smith, Ellie	3) Khare, Reva	4) Tjader, Rylee	
26.97	55.98 (55.98)	1:24.45 (28.47)	1:56.13 (1:00.15)	
2:26.04 (29.91)	2:59.86 (1:03.73)	3:29.56 (29.70)	4:05.11 (1:05.25)	
6 Heritage High School	A	4:16.54	4:25.99 REG	26
1) Godbold, Zoe	2) Adair, Lucy	3) Pitts, Maya	4) Shah, Aanya	
30.81	1:05.42 (1:05.42)	1:37.76 (32.34)	2:15.12 (1:09.70)	
2:45.74 (30.62)	3:20.62 (1:05.50)	3:51.44 (30.82)	4:25.99 (1:05.37)	

2024 Region 4C Championship Meet - 2/10/2024**Results - VHSL Region 4C Championships****(Event 24 Girls 400 Yard Freestyle Relay)**

Team	Relay				Seed Time	Finals Time	Points
7 Rock Ridge High School	A				4:29.38	4:26.35 REG	24
1) Narsin, Kriti	2) Khanal, Aarya	3) Weber, Emma	4) Takach, Ali				
30.44	1:05.06 (1:05.06)	1:37.73 (32.67)	2:14.99 (1:09.93)				
2:46.56 (31.57)	3:25.42 (1:10.43)	3:54.33 (28.91)	4:26.35 (1:00.93)				
8 Tuscarora High School	A				4:21.33	4:37.19	22
1) Mitchell, Cailin	2) Pham, Nicole	3) Bates, Naomi	4) Steele, Stephanie				
31.62	1:07.78 (1:07.78)	1:40.81 (33.03)	2:20.51 (1:12.73)				
2:53.52 (33.01)	3:30.11 (1:09.60)	4:01.81 (31.70)	4:37.19 (1:07.08)				
9 Dominion High School	A				4:36.88	4:41.53	18
1) Schlabach, Sydney	2) Brougham, Addie	3) Harman, Audrey	4) Fraim, Sophia				
32.67	1:08.98 (1:08.98)	1:41.15 (32.17)	2:14.58 (1:05.60)				
2:48.74 (34.16)	3:27.56 (1:12.98)	4:01.80 (34.24)	4:41.53 (1:13.97)				

Scores - WomenWomen - Team Rankings - Through Event 24

1. Woodgrove Swim Team	314	2. Loudoun County High School	271
2. John Champe High School	271	4. Loudoun Valley High School	251
5. Heritage High School	247	6. Broad Run High School	197
7. Tuscarora High School	171	8. Dominion High School	151
9. Rock Ridge High School	103		

Scores - MenMen - Team Rankings - Through Event 24

1. Dominion High School	347	2. John Champe High School	275
3. Loudoun County High School	266	4. Broad Run High School	255
5. Tuscarora High School	197	6. Heritage High School	194
7. Rock Ridge High School	190	8. Woodgrove Swim Team	178
9. Loudoun Valley High School	41		