

Potomac Valley Swimming Update – Friday, March 26, 2021

PVS Championship Series (Wave Meets) - Yesterday afternoon we started the last of the meets in the PVS SC Championship series. The Wave III meet features the top 11-14 year olds in PVS and is being help at two locations. Good luck to all the athletes! There is a Meet Central page for each meet that has all the information you will need. <u>Meet Central - Freedom Center</u> <u>Meet Central - Claude Moore</u>

I want to thank the meet hosts and all the volunteers who made the Wave I, Wave II, and Wave IV meets a success. And I want to thank the Technical Committee for doing lots of behind the scenes work to make these meets happen.

COVID-19 - Even though many of us are getting vaccinated against this virus and the weather is turning warmer, the cases are not decreasing. We all need to remain vigilant in wearing our masks and observing the social distancing and safety protocols at practices, meets and in our daily lives outside of the swimming community. We've come so far in this fight but we need to continue for a while longer. There will be an end to this at some point in the near future.

Stay safe! Stay healthy! Socially Distance! Wash your hands frequently! And, wear your mask!

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Potomac Valley Swimming Mission Statement

PVS supports and promotes excellence for all through competition, education, inclusion, and leadership in a safe, equitable environment.