

**Potomac Valley Swimming
Competition Committee Meeting
Overlee Community Center
January 8, 2020**

- Attendance – Blair Piddington-PVS, Evan Stiles-PVS, Tim Husson-PVS, Manga Dalizu-FAST, Solomon Robinson-TESC, Richard Romero-HACC, Mike Kraeuter-BWST, Beth Sellers-PGKS, Corey Wallace-PGPR, Greg Gordon-PGPR, Jorge Silva-TIBU, Marcus Robinson-TESC, Logan Arnold-GWU, Dan Rhinehart-LIFE, Chris Ros-YASD, Bob Walker-ASA, Ashley Fouse-STJS, Shawn Mansfield-VLAC, John Venit-PAC, Mark Murray-FBST, Heather Haddock-MAKO, Ian Handerhan-SDS, Brook Tay-DRAG, Tom Ugast-NCAP, Matt Salerno-FXFX, Matt Pelletier-FISH, John Tollefson-TOLL, Carol Wu-DRAG, David Miller-MSSC, Bill Marlin-PM, Priya Aurora-TANK, John Aldonas-NCAP, Rob Green-DCPR, Dan Jacobs-MACH, Erik Collins-SNOW, David Chu-MAC, Kyle Mcdonal-NCAP, Kent Williams-RMSC, Tim Kelly-NCAP, Dave DiNardo-PVS. (Call in): Jack Neill-PVS, Shandra Richardson-RIPS, Aaron Dean-OCCS, Morgon Henderson-Kunz-MACH
- Call to Order – The meeting was called to order by Age Group Chair, Blair Piddington at 7:00 pm
- Approval of Fall meeting minutes – **Motion to approve the 2019 Fall CCM Meeting Minutes, seconded and approved.**
- Guest speaker: Megan McMarrow and Marigke Landon – 3MC Swimming – a consulting group to help athletes, figure out a path on to how to swim in college. A brief introduction of their services was presented www.3mcswimming.com. Cards were left for coaches are interested.
- Board Reports
 - Senior Chair – Evan Stiles reported:
 - Travel reimbursement requests from Winter meets have been received. There were 35 for US Open, 4 for Winter Juniors and we expect 6 appeals. They have been submitted to the board and met the requirements.
 - Recognize we had 2 National Champs at US Open. Congratulations to those two swimmers and their coaches.
 - Age Group Chair – Blair Piddington reported:
 - Reminder for coach members: all 2020 registration need to be done and by January, The new Coaches Advantage Training (CAT) is due. Also please remember to complete and send in your concussion training certs.
 - It was asked: Is there going to be a consistent policy regarding the coach requirements and making sure all coaches/officials have their credentials at meets? The goal is for all meet referees and meet directors will follow up will be consistent at every meet. We are seeing strides and hope that checking deck pass at all meets become standard practice.
 - DC United, wanted to see if PVS was interested in a “swim night” similar to what we did with the Nationals. Several coaches expressed an interest, more information will be sent out as it comes.
 - Coaches Reps – no report submitted
 - General Chair – Tim Husson reported:
 - APT – there are currently a few glitches in getting the results into SWIMS. There seems to be a bit of delay to get it updated. If you

updated you APT it is not showing up in SWIMS, please let the registrar know and/or contact USA Swimming.

- Arlington Pool at Long Bridge is finally being build. They are about one year from opening. It will be good to have another pool in PVS territory.
- The St. James pool has been a great addition to PVS, the staff has been great to work with. PVS hosted the November Open there and it went well. There will be numerous club meets there and we hope to continue the relationships going forward.
- January Distance was last weekend – a bit smaller than previous years. Fairfax Foxes did a great job as the meet host. Tim noted 120 kids did their first 1000 and 60 did their first 1650.
 - Tim commented, in talking to coaches/clubs around the country, they are amazed that our LSC supports distance events in the way we do and have such well attended meets.
- In November we approved the new By-Laws, they were approved by USA Swimming and we are now in compliance. Please take some time to read over them. Under these ne by-laws, we will establish a Governance/Nomination Committee (we are combining the two committees) – the members are elected and will be voted on in May. Until then Tim will appoint the members. Additionally, there will also be a new Administrative Review Board, which will support the LSC administratively. These members will also be elected and voted on in May. Between now and then Tim will appoint – if you are interested, let Tim know. Any of these appointees will also have the opportunity to run for these positions in May.
- 2020 Club Excellence – PVS had 6 clubs on the list in top 200 clubs in the country – we also had the #1 team. Congrats to all those clubs.
- In December we added a new team (old team) Solomon Robinson is now back with Team Elite Swim Club. They will be training at Deanwood Aquatic Center in DC. Welcome back!
- Sectionals update/reminder – because of the lack of bids there are only two meets this spring. A Short Course meet in Christiansburg, and a Long Course meet Buffalo. You can pick one or the other. Because they are expecting both to be large, they will both follow a full 4 day meets (starting Thursday morning – March 26). The event order will be the same at summer Senior Zone meet, and a 200-medley relay will be added to the first day. The Meet Announcement is not available yet; however, the qualifying times are posted.
- Admin Chair – Jack Neill reported:
 - Thank you all for hard work on the pre/post meet recon reports! We are getting better and there are fewer issues/unregistered swimmers.
- Safe Sport Chair – Greg York reported:
 - MAAPP “bag tags” have been used at many of the December meets to identify those who are allowed to be on deck as a volunteer. Each tag includes the MAAPP policy, so all volunteers can read about it. Some meet directors did a terrific job and others, not so good. All clubs should be using these tags in the same way to help keep the decks safe. If equipment is ordered from PVS, then they will be included with the delivery. Clubs also have the option to purchase their own. Contact Mike O’Shaughnessy if you want a set or have any questions.
- DEI Chair – Rob Green reported:

- National Diversity Select Camp applications have been posted. This is a 4 day camp at Colorado Spring. USAS will fly the athletes out for the camp; they will experience; 2 swimming sessions/day, talks, guest speakers, etc. All applications are due by Feb 2. If an athlete is selected, they can bring a coach. Cut times are 13-14 Quad-A time. They take 48 athletes nationwide. Flash Mail will be sent out with more information.
 - Black History Meet: Feb 14-16 at Takoma. This year it will be a prelims/finals meet for the first time.
 - Strategic Planning Chair – Dave DiNardo reported that in May the PVS Strategic planning will no longer be a board elected position; but will merge with the new Governance Committee.
 - Operations Chair – nothing to submit
 - Officials Rep – nothing to submit
 - Athlete Reps – nothing to submit
 - National Level: Tom Ugast reported:
 - The next USA Swimming Board meeting in January
 - USA S will spend \$5,000,000 on Safe Sport at the club level – to help all clubs to be Safe Sport qualified. 10 of our PVS teams are certified. In the next 2 years, it would be great to see all PVS club Safe Sport certified. This is important for our athletes and coaches.
 - FLEX will also be discussed and what it will look like going forward. They have given it 2 years to see what works and what doesn't work and if it is helping to bring in new swimmers.
- Winter Champ Meet Recap
 - Winter Classic (PM) – 1150 athletes, plenty of volunteers, AAC won team title. All volunteers had MAAPP tags. It was a great meet.
 - Turkey Claus (MACH) – the meet went great at UMD, good air quality even with lots of bodies in and out of the facility. Lots of great, fast swimming.
 - NCAP Invite – the meet went great. All relays were mixed gender. 3 national titles. There were 43 clubs present.
 - Holiday Invite (RMSC) – a bit smaller venue, great swimming, 10 PVS clubs, fast swimming
- Club Meet Bids for 2020-2021 Season
 - **Motion to approve the 2020-2021 Club meet bids as presented, seconded and approved, and allowing the four clubs to move their meets.** [They will present these new dates at the spring CCM].
 - In the fall the 2020 14 & Under JO meet was set for the March 18-21, Four clubs also submitted bids for the same weekend. There was a discussion as to if we should leave JO's on the 18-21 weekend or move it up a week, to the 11-14 weekend. The rationale for moving it later was laid out.
 - **Motion to move 14 & U JO to March 11-14, 2021, seconded and defeated.**
- LC Zone Head and Assistant Head Coach – Blair reported that one coach submitted their name for Head Coach and one for Assistant Head Coach. Seeing there were no other nominations;
 - **Motion to accept for Lauren Kranz as Head Coach and RJ Pauling as Assistance Head Coach, by acclimation, seconded and approved.**
- Old Business

- Open Meets and Team participation – Blair commented; with the recent difficulty in finding a host for the January Open, he thought PVS should look at the Open meets and start a discussion as to how to proceed going forward. “What are the thoughts on the Open Meets? Do we do too many? What are ideas as to how to find hosts? Are we doing what is the best way for PVS?
 - It is in P&P that PVS hosts a specific number of Open meets, not just Championship meets.
 - The participations of PVS clubs varies from year to year, even one team, can make a big difference.
 - The smaller teams, that do not seem to participate in the club invites, they only go to the PVS Open meets.
 - Open meets are the only meets where the entries are reimbursable.
 - We will continue looking at the best way to serve all members of PVS.
- 2019 PVS LC Champ discussion – Open discussion; after the summer LC meets, one of the big take-aways, was that many of our Championships seem to have lost their excitement. How do we add excitement to the meets?
 - There were lots of discussion and ideas shared, we will continue to look at this and see how we can improve these meets going forward.
 - Mike Kraeuter (BWST) brought forth an idea where each club was allowed X number of swimmers (possibly based upon the club size – have different divisions). This could make the meet more competitive and therefore increase the excitement as it would be more of a team event.
 - How can we look outside the box and look at different formats.
 - What not ask the kids? What happens at the HS meets that the kids love?
 - When the meet is scored, we should post the scores, so all teams can see where they stand and get excited.
 - AT HS meets the best athletes come back and swim finals. But in PVS Champ meets, so often the top athletes scratch the finals.
 - VSI is still interested in doing a combined champ meets with us, either LC or SC.
 - Will take these ideas to the board and see what we can do to add a DJ, parades, etc.
- New Business
 - Bill Marlin reported: for the IMX meet – there has been issues with USA S with producing current IMX scores. If you are a club that is having trouble getting a report go to MY DECK PASS on your phone and click IMX Scores. If you have questions let him know.
 - Junior & Senior Champs – Officials have discussed Short Course/Long Course – in 2004 in the short course we did SC for prelims and LC for finals so swimmers could go for their cuts. This was when there was no Junior Champs. IF we were to do it now, then there would be Junior Champs in finals.
 - **Motion to Make the 2020 Senior Champs, short course for prelims and long course in finals (pending facility’s willingness/ability to do it), seconded and defeated.**
- Next meeting (Spring: May 13 – Wednesday)

2020-2021 Potomac Valley Swimming Meet Schedule

Date	Meet Name	Host	Location
Sept 26-27, 2020	MAKO Fall Invite	MAKO	GMU
Oct. 3, 2020	All Freestyle Meet	PAC	Fairland
Oct. 3, 2020	All Free Invite	DCPR	Takoma
Oct 9-11, 2020	October Kick off	RMSC	GISC
Oct 9-11, 2020	JPP Memorial Invite	SNOW	Claude Moore
Oct 10-11, 2020	Medley Ready Invite	OCCS	CPAC
Oct 10-11, 2020	Harvest Moon	HACC	Herndon AC
Oct. 16-18, 2020	PVS October Open	PVS	
Oct 17-18, 2020	Speedo Eastern States	PGPR Sharks	PGSLC
Oct 17-18, 2020	Ghouls & Goblins	PM	Audrey Moore
Oct. 23-24 2020	Medley Extreme	OCCS	CPAC
Oct 24-25, 2020	National Age Group	RMSC	MLK
Oct 24-25, 2020	Monster Mash	SDS	South Run
Oct 24-25, 2020	Fall Gator Mini	AAC	Wakefield HS
Oct. 24, 2020	Nuclear Racers	FAST	Fairland
Oct. 25, 2020	Rockhopper Penguin	PAC	Fairland
Oct. 31, 2020	Trick or Treat Mini (renamed)	DCPR	Turkey Thicket
Nov 6-8, 2020	Marlin invite	PM	UMD
Nov 7-8, 2020	Distance meet (1650&1000) -intrasquad	RMSC	OSC
Nov 7-8, 2020	Autumn Mini Meet	RMSC	OSC
Nov. 7-8, 2020	November Distance	DCPR	Takoma
Nov. 8, 2020	November Friendship Mini	YORK	Providence
Nov 13-15, 2020	PVS November Open	PVS	
Nov 13-15, 2020	November Invite	RMSC	GISC
Nov. 13-15, 2020	Fall Fest	OCCS	Freedom Center
Nov 20-22, 2020	Swim & Rock	SDS	Oak Marr
Nov. 21-22, 2020	Odd Ball Challenge	FAST	Fairland
Nov 29,2020	Pilgrim Mini	NCAP	Claude Moore
Dec 3-6, 2020	Turkey Claus	MACH	UMD
Dec 3-6, 2020	Sport Fair Winter Classic	PM	GMU
Dec. 4-6, 2020	Christmas Champs	MSSC	Fairland
Dec. 5-6, 2020	Reindeer Mini	YORK	Providence
Dec 10-13, 2020	Holiday Invite	RMSC	GISC
Dec 10-13, 2020	NCAP Invite	NCAP	UMD
Dec. 12-13, 2020	MAKO Holiday Invite	MAKO	GMU
Dec. 13, 2020	Frozen 5	MACH	The St. James
Dec. 19, 2020	Combo Distance meet	STJS	The St. James
Dec. 19, 2020	Splash and Dash	FAST	FairFeb

pending Redskins sched

or 11/13-15

Dec. 20, 2020	Candy Cane Mini	NCAP	Freedom Center
Jan. 2-3, 2021	PVS Janaury Distance	PVS	Lee District
Jan 2-3, 2021	Senior Circuit	AAC	Wakefield HS
Jan. 9-10, 2021	Green & Orange	MACH	The St. James
Jan 9-10, 2021	Snow Dude Mini	PM	Mt. Vernon
Jan. 9-10, 2021	MAKO Wintner Invite	MAKO	GMU
Jan. 9-10, 2021	IMX-Perience Meet	DCPR	Takoma
Jan. 10, 2021	Frosty Pentathlon	RMSC	GISC
Jan. 10-11, 2021	Polar Bear	SDS	South Run
Jan 15-17, 2021	Janaury Invite	RMSC	GISC
Jan 23-24, 2021	PVS Janaury Open	PVS	
Jan. 24, 2021	Polar Pentathlon	NCAP	Claude Moore
Jan 29-31, 2021	IMX Games	PM	UMD
Jan. 31, 2021	Little Blue Penguin Pentathlon	PAC	Fairland
Feb. 6-7, 2021	SNOW Qualifier	SNOW	Claude Moore
Feb. 6-7, 2021	FISH Bowl	FISH	Spring Hill
Feb. 7, 2021	February Friendship Mini	YORK	Providence
Feb. 7, 2021	Penguin Pentathlon Qualifier	PAC	Fairland
Feb. 12-14, 2021	Presidents Day	OCCS	Freedom Center
Feb 12-14, 2021	February Qualifier	NCAP	WARF
Feb. 12-14, 2021	Black History	DCPR	Takoma
Feb. 13-14, 2021	PM JO Qualifier	PM	Cub Run
Feb. 13-14, 2021	Gender Blender	RMSC	KSAC
Feb 13-14, 2021	Winter Gator Mini	AAC	Wakefield HS
Feb. 14, 2021	Munchkin Mania	FAST	Fairland
Feb. 14, 2021	PVS February Distance	PVS	Fairland
Feb. 19-21, 2021	February Invite	RMSC	MLK
Feb. 19-21, 2021	PVS 18 & U Qualifier	PVS	Lee District
Feb. 20-21, 2021	Machine JO Qualifier	MACH	The St. James
Feb. 27-28, 2021	Mini Champs	NCAP	Freedom Center
March 5-8, 2021	PVS SC Junior Champs	PVS	UMD
March 5-8, 2021	PVS SC Senior Champs	PVS	UMD
March 6-7, 2021	Mini Champs	RMSC	Olney
March 12-14, 2021	Cherry Blossom SC Champs	PAC	Fairland
March 18-21, 2021	PVS 14 & U Jos	PVS	UMD
March 19-21, 2021	Spring Finale	RMSC	GISC
March 19-21, 2021	March Madness	YORK	Oak Marr
March 20-21, 2021	Sprint to Summer Showdown	FXFX	PWSC
March 20-21, 2021	MAKO Spring Invite	MAKO	GMU

or 1/31

pending HS meet

or 3/11-14

these meets have the
move
We will confirm dates
CCM

March 26-28, 2021	Spring Champs	MSSC	Fairland
April 10-11, 2021	Spring Fever	FISH	The St. James
April. 11, 2021	Spring Penguin Meet	PAC	Fairland
April. 17-18, 2021	Spring Sprints	SDS	South Run
April 23-24, 2021	Machine LC Classci	MACH	The St. James
April. 24, 2021	Dive into Spring LC	PAC	Fairland
April 30-May 2, 2021	Spring Splash	OCCS	Freedom Center
April 30-May 2, 2021	Spring LC Classic	RMSC	KSAC
May 1-2, 2021	FISH Derby	FISH	GMU
May 1-2, 2021	Early Bird LC	MSSC	Fairland
May. 2, 2021	Mini Olympics	MACH	The St. James
May. 7, 2021	Kings Spring Fling Pentathlon	PGKS	PGCC
May. 7, 2021	SNOW SC Spring Classic	SNOW	Claude Moore
May. 8, 2021	Summer Splash SC	PAC	Fairland
May 7-8, 2021	SNOW LC Spring Classic	SNOW	Claude Moore
May 14-16, 2021	Marlins May Invite	PM	The St. James
May. 16, 2021	LC invite #1	DCPR	East Potomac
May 29-31, 2021	Maryland States	RMSC	Rockville
June 4-6, 2021	June LC	NCAP	Jeff Rouse
June 5-6, 2021	FISH June Invite	FISH	The St. James
June 13-14, 2021	PVS LC Distance	PVS	
June. 14, 2021	LC Invite #2	DCPR	East Potomac
June 18-20, 2021	SNOW LCM Invite	SNOW	Claude Moore
June. 20, 2021	PVS LC Open 1	PVS	
June. 27, 2021	PVS LC Open 2	PVS	
July 15-18, 2021	PVS LC Open Champs	PVS	
July 15-18, 2021	PVS LC 12 & U Champs	PVS	
July 22-25, 2021	PVS LC 13 & O Champs	PVS	