

2024 VCAC Championship Meet - 2/10/2024

Results

Event 1 Boys 200 Yard Medley Relay

VCAC: 1:39.39 # 2/3/2024 Trinity Christian School Trini
J Witdoeckt, J Kim, T Phillips, N Yun

VISAA QT: 1:57.18 @
Seton: 1:39.82 + 2/17/2006 Koehr, Cook, Morch, Koehr
TCSI!: 1:39.39 ! 2/3/2024 TCS! J. Witdoeckt, J. Kim, T. Phillips, N. Yun TCSI!-VA

Team	Relay	Seed Time	Finals Time	Points
1 Immanuel Christian High School	A	1:45.61	1:38.85 #	32
1) Wolf, Joshua SR	2) Wolf, Moses FR	3) Wolf, Caleb SR	4) Fiala, Caleb FR	
24.56 28.20 22.81 23.28				
2 Trinity Christian School	A	1:39.39	1:40.50 @	26
1) Witdoeckt, Jo 8	2) Kim, Justin SR	3) Phillips, Tyler SO	4) Yun, Noah SO	
25.89 28.23 22.98 23.40				
3 Seton High School	A	1:42.41	1:42.92 @	24
1) Koehr, Connor JR	2) Nguyen, Andrew JR	3) Martinez, Lionel FR	4) Brox, Michael JR	
26.43 29.89 24.09 22.51				
4 Saint John Paul the Great Cath	A	1:59.00	1:56.59 @	22
1) Smith, James SR	2) Koler, Eric SO	3) Mastrianni, Dominic SR	4) Koler, Evan JR	
35.76 27.89 28.57 24.37				
--- Seton High School	B	1:55.00	X1:53.94 @	
1) Martinez, Thiago UN	2) Bauer, Greg SO	3) Mantooth, Luke SR	4) Konstanty, Peter SR	
28.34 31.63 27.97 26.00				
--- Immanuel Christian High School	B	2:04.17	X1:57.85	
1) Anderson, Brenton FR	2) Morillo, Caleb SO	3) Rutkowski, Juan SR	4) Gade, Tyler SO	
31.87 30.25 30.27 25.46				
--- Trinity Christian School	B	2:07.82	X2:00.27	
1) Pearson, Nate SR	2) Robillard, Lucas 8	3) Wang, Luke SR	4) Cole, Carter SR	
32.61 31.53 30.68 25.45				

Event 2 Girls 200 Yard Medley Relay

VCAC: 1:52.65 # 2/13/2022 Seton Swimming SST
L Garvey, A Testani, C Condon, M Pennefather

VISAA QT: 2:14.01 @
Seton: 1:50.25 + 2/18/2011 Doonis, Rogers, Wunderly, Donohoe
TCSI!: 1:51.35 ! 1/6/2024 TCS! K. Womack, E. Klanderman, A. Witdoeckt, M. Bailey TCSI!-VA

Team	Relay	Seed Time	Finals Time	Points
1 Trinity Christian School	A	1:51.35	1:49.93!	32
1) Witdoeckt, Allie SR	2) Klanderman, Liz JR	3) Wiggins, Allie SO	4) Womack, Kristen SR	
27.13 31.45 26.95 24.40				
2 Seton High School	A	1:53.22	1:53.48 @	26
1) Aldeguer, Ariana FR	2) Condon, Clara JR	3) Paradise, Stella SR	4) Brox, Elodie JR	
28.60 32.66 27.62 24.60				
3 Oakcrest School Chargers	A	1:53.16	1:54.78 @	24
1) Rowan, Elliott 8	2) Bryan, Elizabeth SO	3) McNichols, Mae Mae FR	4) Erickson, Katelyn SO	
28.67 30.29 28.21 27.61				
4 Fredericksburg Christian High	A	2:05.89	2:02.54 @	22
1) Baroody, Isabel SO	2) Ellis, Hannah FR	3) Miller, Molly JR	4) Meadows, Payton SR	
33.11 29.81 30.23 29.39				
5 Immanuel Christian High School	A	2:12.03	2:10.14 @	20
1) Bruenjes, Anne UN	2) Connally, Bella FR	3) Myers, Lydia FR	4) Shumate, Kate FR	
34.78 37.55 32.16 25.65				

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(Event 2 Girls 200 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time	Points
6 Saint John Paul the Great Cath	A	2:19.80	2:16.49	18
1) Conway, Sam FR	2) Voith, Amy FR	3) Kay, Sandra SO	4) White, Cecilia SR	
38.45 37.67 32.44	27.93			
--- Seton High School	B	2:02.57	X2:02.84 @	
1) Fifield, Haley JR	2) Waldron, Rose JR	3) Garvey, Anastasia SO	4) Gibbons, Maggie SR	
31.95 35.44 29.86	25.59			
--- Fredericksburg Christian High	B	2:11.02	X2:11.51 @	
1) Roberson, Emma SO	2) Sebero, Emmah SO	3) Miller, Evie FR	4) Ryan, Gabbie SO	
39.93 32.65 31.51	27.42			
--- Oakcrest School Chargers	B	2:11.37	X2:14.27	
1) McDonnell, Maddie SO	2) Hazelwood, Lindley FR	3) Obeng, Stella 8	4) Van Meter, Juliet FR	
33.28 36.15 36.68	28.16			
--- Trinity Christian School	B	2:26.21	X2:17.26	
1) Schlieter, Eloise FR	2) Bang, Sophia 8	3) Yu, Renee SO	4) Brown, Lena 8	
34.59 39.21 33.04	30.42			
--- Fredericksburg Christian High	C	2:20.00	X2:28.67	
1) Blevins, Hannah SO	2) Dahlberg, Catherine 8	3) Chen, Alison 8	4) Blevins, Colby SO	
35.41 44.90 35.29	33.07			
--- Saint John Paul the Great Cath	B	NT	XDQ	
Stroke Infraction swimmer #2: One hand touch - breast				
1) Kattah, Kayla JR	2) Rauschelbach, Teagen FR	3) Miller, Ellie SO	4) Angarag, Alice SO	
45.48 54.73 35.69	29.46			

Event 3 Boys 200 Yard Freestyle

VCAC: 1:43.88 # 2/3/2024 Caleb Wolf

ICHS

VISAA QT: 2:01.47 @

Seton: 1:38.54 + 1/31/2010 S.J. Hill

TCSI!: 1:44.31 ! 2/18/2022 Josh Kim

TCSI-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Wolf, Caleb	SR	Immanuel Christian High School	1:43.88	1:44.50 @	16
24.31 26.49 26.90	26.80				
2 Yun, Noah	SO	Trinity Christian School	1:59.66	1:57.74 @	13
26.63 29.16 30.74	31.21				
3 Nguyen, Andrew	JR	Seton High School	2:03.76	2:03.62	12
27.91 30.56 32.23	32.92				
4 Borneman, Joe	JR	Seton High School	2:08.61	2:06.17	11
28.27 32.13 33.46	32.31				
5 Sokban, Daniel	FR	Seton High School	2:05.80	2:06.55	10
26.80 31.93 33.52	34.30				
6 Zahorchak, Michael	FR	Seton High School	2:15.52	2:12.96	9
28.85 33.60 35.86	34.65				
7 Ryan, Nathan	FR	Fredericksburg Christian High	2:19.32	2:18.27	7
30.50 35.60 36.16	36.01				
8 Abidin, Christian	SR	Trinity Christian School	2:27.88	2:22.52	5
30.06 35.55 38.54	38.37				
9 Gade, William	SO	Immanuel Christian High School	2:26.71	2:23.45	4
29.79 36.00 39.68	37.98				
10 Taylor, JT	FR	Immanuel Christian High School	2:39.01	2:44.18	3
35.27 39.03 46.04	43.84				
11 Gilman, Bryce	JR	Trinity Christian School	2:50.71	2:49.85	2
34.26 43.61 47.56	44.42				
12 White, Liam	SO	Immanuel Christian High School	3:00.77	2:58.07	1
35.01 42.20 50.52	50.34				
--- Chuquillangui, Jaidan	JR	Saint John Paul the Great Cath	NT	NS	

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Event 4 Girls 200 Yard Freestyle

VCAC: 1:53.80 # 2/1/2020 Annalise Cornett TCS!

VISAA QT: 2:13.44 @

Seton: 1:55.74 + 2/18/2000 K. Shipko

TCSI!: 1:51.51 ! 1/6/2024 Allie Witdoeckt TCSI-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Witdoeckt, Allie	SR	Trinity Christian School	1:51.51	1:51.09!	16
25.73 27.84 28.73 28.79					
2 Miller, Evie	FR	Fredericksburg Christian High	2:05.61	2:03.42 @	13
28.24 30.88 32.90 31.40					
3 Paradise, Stella	SR	Seton High School	2:13.19	2:06.28 @	12
28.75 31.91 33.80 31.82					
4 McNichols, Mae Mae	FR	Oakcrest School Chargers	2:10.14	2:08.29 @	11
28.78 32.43 33.88 33.20					
5 Gibbons, Maggie	SR	Seton High School	2:14.01	2:09.48 @	10
29.44 32.33 34.00 33.71					
6 Hsieh, Maggi	FR	Trinity Christian School	2:18.43	2:13.82	9
29.91 33.92 34.81 35.18					
7 Schroer, Maggie	UN	Seton High School	2:15.94	2:14.62	7
29.02 33.69 36.14 35.77					
8 Cunningham, Lucy	JR	Seton High School	2:23.00	2:19.35	5
31.38 34.43 35.94 37.60					
9 Roberson, Emma	SO	Fredericksburg Christian High	2:18.60	2:20.90	4
31.26 35.08 37.88 36.68					
10 Bruenjes, Anne	UN	Immanuel Christian High School	2:21.55	2:21.94	3
33.73 35.39 37.09 35.73					
11 Yaroschak, Bella	SR	Trinity Christian School	2:25.65	2:23.41	2
30.49 35.72 38.83 38.37					
12 Bailey, Anna	8	Trinity Christian School	2:36.99	2:40.52	1
33.02 39.70 43.85 43.95					
13 Wyckoff, Drew	FR	Oakcrest School Chargers	2:54.11	2:44.85	
34.82 42.37 45.30 42.36					
14 Ryan, Fiona	SO	Oakcrest School Chargers	2:47.69	2:50.04	
	8	Oakcrest School Chargers	3:10.64	3:02.35	
38.77 46.31 50.37 46.90					
--- Eschmann, Brigita	8	Oakcrest School Chargers	NT	X2:34.30	
35.12 39.41 40.01 39.76					
--- Marte, Jaasiel	8	Fredericksburg Christian High	3:22.47	SCR	

Event 5 Boys 200 Yard IM

VCAC: 1:58.42 # 2/8/2020 Andrew Turbyfill FCS

VISAA QT: 2:18.04 @

Seton: 1:54.70 + 2/17/2008 N. Cook

TCSI!: 2:00.49 ! 2/3/2024 Justin Kim TCSI-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Martinez, Lionel	FR	Seton High School	2:00.35	1:59.46 @	16
25.64 30.87 35.10 27.85					
2 Kim, Justin	SR	Trinity Christian School	2:00.49	2:02.28 @	13
25.64 32.21 34.39 30.04					
3 Koler, Eric	SO	Saint John Paul the Great Cath	2:12.19	2:09.38 @	12
28.53 34.39 36.09 30.37					
4 Wilson, Max	JR	Seton High School	2:21.37	2:20.32	11
28.16 34.60 42.97 34.59					
5 Fiala, Caleb	FR	Immanuel Christian High School	2:23.37	2:20.99	10
30.53 37.59 41.38 31.49					

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(Event 5 Boys 200 Yard IM)

Name	Yr	School	Seed Time	Finals Time	Points
6 Kay, Patrick 31.53 37.21 44.38	UN	Seton High School	2:27.78 33.19	2:26.31	9
7 Bauer, Greg 31.89 39.74 43.25	SO	Seton High School	2:31.67 35.16	2:30.04	7
8 Wang, Luke 34.10 41.90 44.96	SR	Trinity Christian School	2:39.31 38.35	2:39.31	5
9 Bluey, Ben 36.14 43.70 49.52	FR	Immanuel Christian High School	2:44.29 36.36	2:45.72	4
10 Lam, Micah 34.06 48.22 50.39	FR	Immanuel Christian High School	2:48.71 39.19	2:51.86	3
11 Yu, Evan 31.88 48.75 51.09	FR	Trinity Christian School	2:58.23 46.05	2:57.77	2
12 Jang, Ian 45.87 44.52 50.54	FR	Trinity Christian School	3:07.47 44.86	3:05.79	1
--- Robillard, Lucas 30.70 39.49 40.73	8	Trinity Christian School	2:36.79 34.27	X2:25.19	
--- Burgess, Grey Shoulders past vertical toward breast - back 38.68 44.45 51.73	SO	Immanuel Christian High School	3:04.48 37.19	DQ	

Event 6 Girls 200 Yard IM

VCAC: 2:10.47 # 2/12/2023 Elizabeth Bryan OAK

VISAA QT: 2:29.40 @

Seton: 2:08.58 + 2/17/2023 A. Aldeguer

TCS!: 2:07.00 ! 12/16/2023 Allie Witdoeckt TCS!-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Bryan, Elizabeth 27.87 31.25 36.97	SO	Oakcrest School Chargers	2:03.52 31.12	2:07.21 #	16
2 Klanderman, Liz 28.86 34.56 38.83	JR	Trinity Christian School	2:19.20 33.70	2:15.95 @	13
3 Ellis, Hannah 28.71 33.60 40.87	FR	Fredericksburg Christian High	2:15.08 33.84	2:17.02 @	12
4 Hazelwood, Lindley 30.96 36.69 42.71	FR	Oakcrest School Chargers	2:30.50 34.22	2:24.58 @	11
5 Schlieter, Audrey 29.44 36.80 45.42	SO	Trinity Christian School	2:21.24 33.86	2:25.52 @	10
6 Condon, Clara 30.30 37.11 42.92	JR	Seton High School	2:21.98 35.42	2:25.75 @	9
7 Myers, Allie 30.57 37.97 45.24	8	Trinity Christian School	2:37.02 36.33	2:30.11	7
8 Garvey, Anastasia 32.70 38.06 45.01	SO	Seton High School	2:30.08 35.96	2:31.73	5
9 Williams, Maeve 33.56 38.63 46.09	JR	Saint John Paul the Great Cath	NT 36.24	2:34.52	4
10 Kay, Philomena 35.00 38.83 46.48	FR	Seton High School	2:33.79 34.75	2:35.06	3
11 Witdoeckt, Karis 30.94 36.48 48.69	JR	Trinity Christian School	2:33.88 39.58	2:35.69	2
12 Bingham, Lucia 34.52 41.86 49.93	JR	Seton High School	2:39.23 38.05	2:44.36	1
13 White, Cecilia 34.51 42.11 51.20	SR	Saint John Paul the Great Cath	NT 38.63	2:46.45	
14 Larson, Elle 37.27 47.77 50.93	SO	Oakcrest School Chargers	2:55.23 43.06	2:59.03	

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Event 7 Boys 50 Yard Freestyle

VCAC: 21.89 # 2/3/2024 Joshua Wolf ICHS

VISAA QT: 24.14 @

Seton: 21.22 + 2/19/2010 S.J. Hill

TCSI!: 21.92 ! 2/3/2024 Tyler Phillips TCSI-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Phillips, Tyler	SO	Trinity Christian School	21.92	22.18 @	16
2 Brox, Michael	JR	Seton High School	22.57	22.30 @	13
3 Knewtson, Jack	SR	Fredericksburg Christian High	22.95	22.66 @	12
4 Halisky, Liam	JR	Seton High School	23.61	23.61 @	11
5 Jang, Elliot	SR	Trinity Christian School	24.33	25.15	10
6 Koler, Evan	JR	Saint John Paul the Great Cath	25.33	25.30	9
7 Mastrianni, Dominic	SR	Saint John Paul the Great Cath	25.86	25.66	7
8 Pearson, Nate	SR	Trinity Christian School	25.05	25.87	5
9 Gade, Tyler	SO	Immanuel Christian High School	26.81	26.18	4
10 Konstanty, Peter	SR	Seton High School	25.91	26.24	3
11 Ross, Andrew	FR	Fredericksburg Christian High	27.20	26.46	2
12 Cala, Philip	SO	Saint John Paul the Great Cath	27.01	26.60	1
13 Ryan, Nathan	FR	Fredericksburg Christian High	26.48	26.78	
14 Partridge, Luke	FR	Seton High School	26.56	27.15	
15 Anderson, Brenton	FR	Immanuel Christian High School	26.59	27.23	
16 Rutkowski, Juan	SR	Immanuel Christian High School	27.23	27.59	
17 Taylor, Scott	JR	Immanuel Christian High School	27.57	28.02	
18 Gebhardt, Lucas	8	Fredericksburg Christian High	26.93	28.35	
19 Smith, James	SR	Saint John Paul the Great Cath	28.83	29.31	
20 Sedaca, Jacob	SR	Trinity Christian School	32.80	32.24	
--- Ognek, Gabe	SR	Fredericksburg Christian High	27.51	X26.11	
--- Hoover, Caleb	JR	Trinity Christian School	28.31	X26.81	
--- Cunningham, Reid	SO	Saint John Paul the Great Cath	30.00	X31.16	
--- Riley, Jack	FR	Immanuel Christian High School	32.92	X32.25	
--- Pitner, Samuel	FR	Fredericksburg Christian High	33.06	X32.74	
--- Priebe, Joey	SR	Fredericksburg Christian High	45.06	X48.69	
--- Nguyen, Karsten	FR	Saint John Paul the Great Cath	30.98	XNS	
--- Green, Thomas	8	Fredericksburg Christian High	28.75	SCR	

Event 8 Girls 50 Yard Freestyle

VCAC: 24.20 # 2/8/2020 Brooke Williams TCSI!

VISAA QT: 26.96 @

Seton: 24.06 + 2/16/2018 A. Kenna

TCSI!: 24.12 ! 2/14/2020 Brooke Williams TCSI-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Davis, Gianna	JR	Saint John Paul the Great Cath	24.12	24.31 @	16
2 Womack, Kristen	SR	Trinity Christian School	25.29	25.20 @	13
3 Brox, Elodie	JR	Seton High School	25.31	25.22 @	12
4 Gibbons, Maggie	SR	Seton High School	26.24	26.22 @	11
5 Willis, Isa	FR	Saint John Paul the Great Cath	26.63	26.66 @	10
6 Bailey, Mary	SR	Trinity Christian School	26.92	26.78 @	9
7 Baroody, Isabel	SO	Fredericksburg Christian High	26.95	27.42	7
8 Erickson, Katelyn	SO	Oakcrest School Chargers	28.34	27.76	5
9 Gilbert, Maddie	8	Trinity Christian School	28.01	28.09	4
10 Mantooth, Avila	UN	Seton High School	28.55	28.12	3
11 Ryan, Gabbie	SO	Fredericksburg Christian High	28.23	28.37	2
12 Heinrichs, Charlotte	FR	Oakcrest School Chargers	28.19	28.40	1

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(Event 8 Girls 50 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
13 Magee, Amelia	SO	Oakcrest School Chargers	28.57	29.10	
14 Kissinger, Norah	SR	Oakcrest School Chargers	28.68	29.25	
15 Myers, Lydia	FR	Immanuel Christian High School	29.77	29.65	
16 Connally, Bella	FR	Immanuel Christian High School	29.18	29.69	
17 Sebero, Emmah	SO	Fredericksburg Christian High	29.31	29.74	
18 Meadows, Payton	SR	Fredericksburg Christian High	30.05	29.82	
19 Hurley, Elizabeth	UN	Seton High School	30.51	30.46	
20 Angarag, Alice	SO	Saint John Paul the Great Cath	30.45	30.57	
21 Brown, Lena	8	Trinity Christian School	31.59	30.68	
22 DuBois, Mariah	FR	Immanuel Christian High School	31.77	31.19	
23 Miller, Ellie	SO	Saint John Paul the Great Cath	32.84	32.20	
24 Taliaferro, Isabel	UN	Immanuel Christian High School	37.84	37.73	
--- Van Meter, Juliet	FR	Oakcrest School Chargers	29.16	X28.55	
--- Ryan, Fiona	SO	Oakcrest School Chargers	31.06	X30.67	
--- Bailey, Holly	SO	Trinity Christian School	34.78	X31.18	
--- Bang, Sophia	8	Trinity Christian School	33.34	X31.72	
--- Blevins, Colby	SO	Fredericksburg Christian High	34.58	X34.16	
--- Kattah, Kayla	JR	Saint John Paul the Great Cath	35.48	X34.89	
--- Larson, Zoe	SO	Oakcrest School Chargers	34.77	X35.00	
--- McCoppin, Kelly	JR	Saint John Paul the Great Cath	35.75	X35.97	
--- Meadows, Morgan	FR	Fredericksburg Christian High	35.73	X36.25	
--- Hoa Deal, Isabela	JR	Saint John Paul the Great Cath	49.62	XNS	

Event 9 Boys 1 mtr Diving

VCAC:	525.80	#	2/5/2022	Harper Thornett	TCS!
Seton:	207.40	+	1/19/2013	J. Doran	
TCSI:	320.25	!	1/8/2022	Harper Thornett	TCSI-VA

Name	Yr	School	Seed Time	Finals Score	Points
1 Koehr, Connor	JR	Seton High School	385.60	389.90 +	16
2 Fioramonti, Mick	SR	Seton High School	331.75	328.95 +	13
3 Oswald, Jacob	JR	Seton High School	290.35	286.20 +	12
4 Gonzalez, Max	JR	Seton High School	266.05	272.55 +	11
5 Robillard, Lucas	8	Trinity Christian School	213.90	219.20	10
6 Pearson, Nate	SR	Trinity Christian School	192.80	195.55	9
--- Sedaca, Jacob	SR	Trinity Christian School	58.95	X168.75	
--- Hwang, Matthew	SR	Trinity Christian School	68.00	X143.00	
--- Hoover, Caleb	JR	Trinity Christian School	258.45	DQ	
--- Wang, Luke	SR	Trinity Christian School	77.80	XDQ	
--- Kohlhaas, Gus	JR	Seton High School	267.25	XNS	

Event 10 Girls 1 mtr Diving

VCAC:	259.05	#	2/3/2024	Maria Miller	Seton
Seton:	152.55	+	2/12/2022	M.C. Waldron	
TCSI:	173.25	!	1/24/2024	Eliza Miller	TCSI-VA

Name	Yr	School	Seed Time	Finals Score	Points
1 Kissinger, Norah	SR	Oakcrest School Chargers	NP	301.70 #	16
2 Waldron, Rose	JR	Seton High School	255.30	263.75 #	13
3 Abela, Mary	FR	Oakcrest School Chargers	NP	261.60 #	12
4 Condon, Meghan	UN	Seton High School	242.40	253.55 +	11
5 Rauschelbach, Teagen	FR	Saint John Paul the Great Cath	315.70	244.30	10
6 Miller, Maria	SO	Seton High School	259.05	239.65 +	9
7 Guenther, Louise	SR	Oakcrest School Chargers	NP	213.30	7

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(Event 10 Girls 1 mtr Diving)

Name	Yr	School	Seed Time	Finals Score	Points
8 Russo, Anna	JR	Seton High School	230.65	207.20 +	5
9 Yu, Laela	SR	Trinity Christian School	61.45	143.05	4
--- Francis, Elizabeth	JR	Seton High School	231.35	X218.80 +	
--- Bailey, Mary	SR	Trinity Christian School	NP	X163.85	
--- Friddle, Suzie	JR	Oakcrest School Chargers	NP	DQ	
--- Hill, Emma	SO	Trinity Christian School	153.25	DQ	
--- Miller, Eliza	FR	Trinity Christian School	173.25	NS	

Event 11 Boys 100 Yard Butterfly

VCAC: 50.10 # 2/3/2024 Caleb Wolf ICHS

VISAA QT: 1:01.02 @

Seton: 51.76 + 1/16/2010 S.J. Hill

TCS!: 50.20 ! 2/3/2024 Tyler Phillips TCS!-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Phillips, Tyler 23.86 27.13	SO	Trinity Christian School	50.20	50.99 @	16
2 Wolf, Moses 26.15 30.41	FR	Immanuel Christian High School	58.59	56.56 @	13
3 Martinez, Thiago 27.49 32.31	UN	Seton High School	1:03.38	59.80 @	12
4 Borneman, Joe 26.58 33.82	JR	Seton High School	1:01.13	1:00.40 @	11
5 Cole, Carter 28.11 34.61	SR	Trinity Christian School	1:07.84	1:02.72	10
6 Mantooth, Luke 29.77 35.21	SR	Seton High School	1:04.11	1:04.98	9
7 Sokban, William 29.77 36.07	JR	Seton High School	1:06.55	1:05.84	7
8 Morillo, Caleb 29.23 36.70	SO	Immanuel Christian High School	1:07.09	1:05.93	5
9 Rutkowski, Juan 31.56 39.40	SR	Immanuel Christian High School	1:10.28	1:10.96	4

Event 12 Girls 100 Yard Butterfly

VCAC: 55.80 # 2/12/2023 Allie Witdoeckt TCS!

VISAA QT: 1:06.82 @

Seton: 58.51 + 12/16/2017 A. Kenna

TCS!: 55.46 ! 2/17/2023 Allie Witdoeckt TCS!-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Davis, Gianna 27.74 31.52	JR	Saint John Paul the Great Cath	1:00.68	59.26 @	16
2 Aldeguer, Ariana 28.10 31.43	FR	Seton High School	59.83	59.53 @	13
3 Rowan, Elliott 28.87 32.31	8	Oakcrest School Chargers	1:01.14	1:01.18 @	12
4 Schlieter, Audrey 29.87 33.69	SO	Trinity Christian School	1:03.56	1:03.56 @	11
5 Myers, Allie 30.81 36.10	8	Trinity Christian School	1:08.79	1:06.91	10
6 Myers, Lydia 33.83 37.44	FR	Immanuel Christian High School	1:12.48	1:11.27	9
7 Cinotti, Emaline 32.91 38.77	8	Oakcrest School Chargers	1:14.72	1:11.68	7

2024 VCAC Championship Meet - 2/10/2024

Results

(Event 12 Girls 100 Yard Butterfly)

Name	Yr	School	Seed Time	Finals Time	Points
8 Garvey, Anastasia 32.60 41.18	SO	Seton High School	1:10.55	1:13.78	5
9 Fifield, Haley 32.25 41.72	JR	Seton High School	1:12.41	1:13.97	4
10 Kay, Sandra 33.25 42.82	SO	Saint John Paul the Great Cath	1:19.06	1:16.07	3
11 Bingham, Lucia 35.15 41.73	JR	Seton High School	1:13.73	1:16.88	2
12 Heinrichs, Charlotte 34.80 42.50	FR	Oakcrest School Chargers	1:18.54	1:17.30	1
13 Anderson, Sarah 38.69 41.50	JR	Immanuel Christian High School	1:35.91	1:20.19	
14 Yu, Renee 33.58 54.14	SO	Trinity Christian School	1:21.76	1:27.72	
15 Bailey, Anna 40.70 49.01	8	Trinity Christian School	1:35.99	1:29.71	
16 Chen, Alison 40.62 50.01	8	Fredericksburg Christian High	1:34.33	1:30.63	
17 Nugent, Katie 45.35 57.85	JR	Oakcrest School Chargers	1:36.52	1:43.20	

Event 13 Boys 100 Yard Freestyle

VCAC: 47.81 # 2/3/2024 Joshua Wolf ICHS

VISAA QT: 53.09 @

Seton: 45.67 + 2/20/2010 S. J. Hill

TCS! : 47.60 ! 2/19/2022 Josh Kim TCS!-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Wolf, Joshua 22.89 24.59	SR	Immanuel Christian High School	47.81	47.48 #	16
2 Brox, Michael 23.93 25.61	JR	Seton High School	50.76	49.54 @	13
3 Kim, Justin 23.82 26.89	SR	Trinity Christian School	49.53	50.71 @	12
4 Fiala, Caleb 25.56 27.27	FR	Immanuel Christian High School	53.97	52.83 @	11
5 Knewtson, Jack 25.94 29.51	SR	Fredericksburg Christian High	52.41	54.70	10
6 Jang, Elliot 25.94 29.51	SR	Trinity Christian School	54.61	55.45	9
7 Halisky, Liam 25.98 30.43	JR	Seton High School	56.19	56.41	7
8 Sokban, Daniel 26.24 30.64	FR	Seton High School	55.44	56.88	5
9 Mastrianni, Dominic 28.72 30.68	SR	Saint John Paul the Great Cath	1:01.67	59.40	4
10 Sokban, William 27.92 31.60	JR	Seton High School	58.73	59.52	3
11 Gade, Tyler 28.45 31.25	SO	Immanuel Christian High School	1:00.78	59.70	2
12 Ross, Andrew 28.14 32.12	FR	Fredericksburg Christian High	1:01.88	1:00.26	1
13 Ogniek, Gabe 28.70 32.90	SR	Fredericksburg Christian High	1:03.47	1:01.60	
14 Gebhardt, Lucas	8	Fredericksburg Christian High	1:02.48	1:03.02	

2024 VCAC Championship Meet - 2/10/2024**Results****(Event 13 Boys 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time	Points
15	Burgess, Grey 30.46 33.25	SO	Immanuel Christian High School	1:04.75	1:03.71	
16	Smith, James 31.57 36.23	SR	Saint John Paul the Great Cath	1:06.03	1:07.80	
---	Zahorchak, Michael 28.61 30.48	FR	Seton High School	1:02.99	X59.09	

Event 14 Girls 100 Yard Freestyle

VCAC: 51.73 # 2/12/2023 Allie Witdoeckt TCS!
VISAA QT: 59.70 @
Seton: 52.05 + 2/16/2018 A. Kenna
TCSI!: 51.02 ! 2/17/2023 Allie Witdoeckt TCSI-VA

	Name	Yr	School	Seed Time	Finals Time	Points
1	Miller, Molly 26.42 28.71	JR	Fredericksburg Christian High	55.44	55.13 @	16
2	Shumate, Kate 26.54 29.00	FR	Immanuel Christian High School	56.82	55.54 @	13
3	Wiggins, Allie 26.72 29.20	SO	Trinity Christian School	57.38	55.92 @	12
4	Brox, Elodie 27.18 29.62	JR	Seton High School	57.39	56.80 @	11
5	Bailey, Mary 28.43 30.18	SR	Trinity Christian School	1:00.59	58.61 @	10
6	Willis, Isa 29.04 29.86	FR	Saint John Paul the Great Cath	57.92	58.90 @	9
7	McNichols, Mae Mae 28.41 30.52	FR	Oakcrest School Chargers	58.23	58.93 @	7
8	Koler, Isabella 29.19 30.68	SO	Saint John Paul the Great Cath	59.84	59.87	5
9	Schroer, Maggie 28.98 31.09	UN	Seton High School	1:00.90	1:00.07	4
10	White, Cecilia 30.28 32.21	SR	Saint John Paul the Great Cath	1:01.86	1:02.49	3
11	Van Meter, Juliet 31.18 32.81	FR	Oakcrest School Chargers	1:05.85	1:03.99	2
12	Bruenjes, Anne 31.43 32.93	UN	Immanuel Christian High School	1:05.68	1:04.36	1
13	Halisky, Sophia 30.05 34.87	UN	Seton High School	1:06.60	1:04.92	
14	Blevins, Hannah 31.85 33.31	SO	Fredericksburg Christian High	1:05.09	1:05.16	
15	Mantooth, Avila 31.42 34.22	UN	Seton High School	1:07.21	1:05.64	
16	Gilbert, Maddie 30.31 35.75	8	Trinity Christian School	1:03.03	1:06.06	
17	Dahlberg, Catherine 31.60 34.59	8	Fredericksburg Christian High	1:07.02	1:06.19	
18	Brown, Lena 31.99 35.01	8	Trinity Christian School	1:09.41	1:07.00	
19	McDonnell, Maddie 31.58 35.61	SO	Oakcrest School Chargers	1:06.66	1:07.19	
20	Obeng, Stella 31.72 35.61	8	Oakcrest School Chargers	1:06.55	1:07.33	

2024 VCAC Championship Meet - 2/10/2024

Results

(Event 14 Girls 100 Yard Freestyle)

	Name	Yr	School	Seed Time	Finals Time	Points
21	Blevins, Colby 36.95 39.59	SO	Fredericksburg Christian High	1:14.98	1:16.54	
---	Erickson, Katelyn 30.00 33.60	SO	Oakcrest School Chargers	1:06.83	X1:03.60	
---	Voith, Amy 32.05 35.04	FR	Saint John Paul the Great Cath	1:09.13	X1:07.09	
---	Zadnik, Maddie 33.28 36.48	SR	Seton High School	1:09.44	X1:09.76	
---	Larson, Elle 34.17 37.33	SO	Oakcrest School Chargers	1:13.05	X1:11.50	
---	Mochen, Catherine 33.40 39.80	JR	Oakcrest School Chargers	1:15.53	X1:13.20	
---	Wyckoff, Drew 33.75 40.49	FR	Oakcrest School Chargers	1:13.79	X1:14.24	
---	Erickson, Megan 37.54 44.85	8	Oakcrest School Chargers	1:18.47	X1:22.39	
---	Hoa Deal, Isabela	JR	Saint John Paul the Great Cath	1:44.70	XNS	
---	Marte, Jaasiel	8	Fredericksburg Christian High	1:23.83	SCR	

Event 15 Boys 500 Yard Freestyle

VCAC: 4:43.83 # 2/13/2010 S. Jameson Hill SST

VISAA QT: 5:41.90 @

Seton: 4:27.19 + 1/31/2010 S.J. Hill

TCSI!: 5:00.51 ! 2/3/2024 Jo Witdoeckt TCSI!-VA

	Name	Yr	School	Seed Time	Finals Time	Points
1	Wolf, Caleb 25.61 27.86 28.52 28.65 27.95	SR	Immanuel Christian High School	4:48.34 29.58	4:44.08 @	16
2	Martinez, Lionel 25.93 28.62 29.88 29.86 28.89	FR	Seton High School	4:58.91 30.74	4:56.18 @	13
3	Witdoeckt, Jo 26.51 29.70 30.68 31.07 29.89	8	Trinity Christian School	5:00.51 31.26	5:03.72 @	12
4	Yun, Noah 27.78 30.16 31.39 34.45 33.17	SO	Trinity Christian School	5:22.04 35.50	5:24.61 @	11
5	Martinez, Thiago 28.21 31.70 33.43 33.24 32.01	UN	Seton High School	5:29.59 34.99	5:29.35 @	10
6	Judge, Dominic 28.50 33.48 35.16 36.99 33.06	FR	Seton High School	5:57.79 36.98	5:51.19	9
7	Kay, Patrick 31.14 34.06 35.59 36.66 34.51	UN	Seton High School	6:05.57 37.73	5:55.72	7
8	Anderson, Brenton 29.92 33.64 34.86 37.73 35.66	FR	Immanuel Christian High School	5:56.98 37.87	5:57.39	5
9	Bluey, Ben 32.07 35.37 38.23 38.65 35.30	FR	Immanuel Christian High School	6:30.01 38.61	6:12.18	4

2024 VCAC Championship Meet - 2/10/2024

Results

(Event 15 Boys 500 Yard Freestyle)

	Name			Yr	School			Seed Time	Finals Time	Points
10	Hoover, Caleb			JR	Trinity Christian School			6:38.12	6:29.85	3
	32.68	37.91	39.17	39.92	40.48	40.21	41.11	40.96		
	40.33	37.08								
11	Abidin, Christian			SR	Trinity Christian School			7:20.79	6:59.64	2
	32.86	39.54	42.12	43.58	45.79	46.93				
	42.72	37.61								
12	Taylor, Scott			JR	Immanuel Christian High School			7:33.07	7:27.95	1
	34.48	36.25	40.48	2:19.37	3:17.37					

Event 16 Girls 500 Yard Freestyle

VCAC: 5:03.43 # 2/13/2021 Annalise Cornett

TCS!

VISAA QT: 5:58.88 @

Seton: 5:06.98 + 2/1/1999 K. Shipko

TCSI!: 4:58.71 ! 1/6/2024 Allie Witdoeckt

TCSI-VA

	Name			Yr	School			Seed Time	Finals Time	Points
1	Miller, Evie			FR	Fredericksburg Christian High			5:30.80	5:29.87 @	16
	29.21	31.74	32.10	33.12	34.28	33.53	34.26	34.15		
	34.10	33.38								
2	Shumate, Kate			FR	Immanuel Christian High School			5:41.47	5:32.69 @	13
	29.56	33.10	33.82	34.35	33.92	34.10	34.22	34.02		
	33.82	31.78								
3	Hazelwood, Lindley			FR	Oakcrest School Chargers			5:42.17	5:33.76 @	12
	30.93	32.73	33.37	33.83	34.41	34.34	33.93	33.99		
	33.99	32.24								
4	Paradise, Stella			SR	Seton High School			5:54.47	5:45.62 @	11
	30.07	33.80	34.50	35.03	35.86	36.27	35.81	36.39		
	36.24	31.65								
5	Wiggins, Allie			SO	Trinity Christian School			5:56.73	5:48.99 @	10
	28.39	32.04	33.50	34.71	36.12	37.64	36.45	37.19		
	37.29	35.66								
6	Schlieter, Eloise			FR	Trinity Christian School			6:18.57	6:11.56	9
	31.79	35.12	36.76	37.55	38.10	38.86	39.11	39.37		
	39.51	35.39								
7	Kay, Philomena			FR	Seton High School			6:18.42	6:16.83	7
	32.24	36.06	38.74	39.47	38.82	40.03	39.36	39.45		
	38.23	34.43								
8	Yaroschak, Bella			SR	Trinity Christian School			6:39.41	6:34.00	5
	32.93	37.23	38.82	39.25	39.21	40.19	41.85	42.01		
	41.74	40.77								
9	Cunningham, Lucy			JR	Seton High School			6:40.32	6:35.95	4
	34.58	37.17	38.70	39.91	40.87	41.19	40.82	42.04		
	40.56	40.11								
10	Fifield, Kyleigh			FR	Seton High School			6:43.86	6:38.26	3
	33.55	38.85	40.19	41.88	41.58	39.73	40.82	41.53		
	41.18	38.95								
11	Yu, Renee			SO	Trinity Christian School			7:06.92	7:03.93	2
	34.65	40.43	42.75	42.67	42.62	43.85	45.27	45.59		
	41.50	44.60								
12	Eschmann, Brigita			8	Oakcrest School Chargers			7:22.13	7:14.88	1
	37.57	43.35	44.33	45.07	45.52	44.96	45.13	45.77		
	43.38	39.80								
13	Yoshihara, Teresa			FR	Oakcrest School Chargers			7:30.22	7:33.95	
				46.52	4:44.33					
---	Szerszen, Catherine			FR	Oakcrest School Chargers			8:06.81	NS	

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Results

Event 17 Boys 200 Yard Freestyle Relay

VCAC: 1:30.43 # 2/3/2024

Trinity Christian School TCS!
N Yun, E Jang, J Kim, T Phillips

VISAA QT: 1:43.26 @

Seton: 1:30.07 + 2/19/2010

Hill, Koehr, Cook, Basinger

TCS!: 1:30.33 ! 2/19/2022

TCS! R. Hough, T. Phillips, TCS!-VA
J. Kim, J. Kim

Team	Relay	Seed Time	Finals Time	Points
1 Seton High School	A	1:31.40	1:31.45 @	32
1) Martinez, Lionel FR	2) Halisky, Liam JR	3) Koehr, Connor JR	4) Brox, Michael JR	
22.74 23.64 22.96	22.11			
2 Trinity Christian School	A	1:30.43	1:40.49 @	26
1) Jang, Elliot SR	2) Pearson, Nate SR	3) Abidin, Christian SR	4) Cole, Carter SR	
24.66 24.63 25.57	25.63			
3 Fredericksburg Christian High	A	1:43.44	1:41.21 @	24
1) Knewton, Jack SR	2) Ognek, Gabe SR	3) Ross, Andrew FR	4) Ryan, Nathan FR	
22.96 26.18 25.91	26.16			
4 Saint John Paul the Great Cath	A	1:43.37	1:41.80 @	22
1) Cala, Philip SO	2) Mastrianni, Dominic SR	3) Koler, Evan JR	4) Koler, Eric SO	
32.54 20.23 24.91	24.12			
5 Immanuel Christian High School	A	1:46.27	1:45.31	20
1) Anderson, Brenton FR	2) Rutkowski, Juan SR	3) Morillo, Caleb SO	4) Gade, Tyler SO	
27.08 27.35 25.10	25.78			
--- Seton High School	B	1:38.90	X1:37.47 @	
1) Mantooh, Luke SR	2) Sokban, Daniel FR	3) Wilson, Max JR	4) Borneman, Joe JR	
25.45 24.67 23.90	23.45			
--- Trinity Christian School	B	1:48.71	X1:45.35	
1) Hoover, Caleb JR	2) Yu, Evan FR	3) Wang, Luke SR	4) Robillard, Lucas 8	
27.29 26.54 25.55	25.97			
--- Immanuel Christian High School	B	1:51.65	X1:50.73	
1) Burgess, Grey SO	2) Gade, William SO	3) Taylor, Scott JR	4) Bluey, Ben FR	
27.68 27.17 27.96	27.92			
--- Fredericksburg Christian High	B	2:15.58	SCR	

Event 18 Girls 200 Yard Freestyle Relay

VCAC: 1:42.65 # 2/12/2023

Trinity Christian School TCS!
A Wiggins, R Buff, K Womack, A Witdoeckt

VISAA QT: 1:58.53 @

Seton: 1:40.05 + 2/19/2010

Doonis, Rogers, Talbott, Donohoe

TCS!: 1:40.11 ! 2/17/2023

TCS! A. Wiggins, K. Womack, A TCS!-VA
. Schlieter, A. Witdoeckt

Team	Relay	Seed Time	Finals Time	Points
1 Seton High School	A	1:44.69	1:42.96 @	32
1) Paradise, Stella SR	2) Schroer, Maggie UN	3) Gibbons, Maggie SR	4) Brox, Elodie JR	
26.38 26.59 25.52	24.47			
2 Trinity Christian School	A	1:44.33	1:44.95 @	26
1) Schlieter, Audrey SO	2) Bailey, Mary SR	3) Klanderman, Liz JR	4) Womack, Kristen SR	
26.57 26.26 26.76	25.36			
3 Saint John Paul the Great Cath	A	1:45.75	1:46.30 @	24
1) Williams, Maeve JR	2) Koler, Isabella SO	3) Willis, Isa FR	4) Davis, Gianna JR	
29.05 26.73 26.12	24.40			
4 Fredericksburg Christian High	A	1:56.52	1:53.15 @	22
1) Sebero, Emmah SO	2) Meadows, Payton SR	3) Ryan, Gabbie SO	4) Baroody, Isabel SO	
29.26 29.28 27.72	26.89			

2024 VCAC Championship Meet - 2/10/2024

Results

(Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
5 Oakcrest School Chargers	A	1:53.67	1:53.24 @	20
1) Erickson, Katelyn SO 28.84 28.47 27.78	2) Magee, Amelia SO 28.15	3) Heinrichs, Charlotte FR	4) Cinotti, Emaline 8	
--- Seton High School	B	1:53.97	X1:53.56 @	
1) Bingham, Lucia JR 28.34 29.83 27.93	2) Fifield, Kyleigh FR 27.46	3) Waldron, Rose JR	4) Kay, Philomena FR	
--- Trinity Christian School	B	1:56.53	X1:53.65 @	
1) Hsieh, Maggi FR 27.78 30.52 27.46	2) Yu, Renee SO 27.89	3) Myers, Allie 8	4) Gilbert, Maddie 8	
--- Oakcrest School Chargers	B	1:57.97	X2:00.06	
1) McDonnell, Maddie SO 30.31 32.06 29.12	2) Ryan, Fiona SO 28.57	3) Van Meter, Juliet FR	4) Kissinger, Norah SR	
--- Fredericksburg Christian High	B	1:59.64	X2:02.93	
1) Roberson, Emma SO 29.40 31.98 31.84	2) Chen, Alison 8 29.71	3) Dahlberg, Catherine 8	4) Blevins, Hannah SO	
--- Saint John Paul the Great Cath	B	2:29.02	X2:14.47	
1) Kattah, Kayla JR 36.34	2) McCoppin, Kelly JR 30.04	3) Miller, Ellie SO	4) Angarag, Alice SO	

Event 19 Boys 100 Yard Backstroke

VCAC: 53.44 # 2/4/2006 Kevin Koehr SST

VISAA QT: 1:02.90 @

Seton: 51.48 + 1/20/2006 K. Koehr

TCS!: 54.12 ! 12/1/2023 Tyler Phillips TCS-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Wolf, Joshua 25.20 27.31	SR	Immanuel Christian High School	53.41	52.51 #	16
2 Witdoeckt, Jo 27.35 29.85	8	Trinity Christian School	56.03	57.20 @	13
3 Koehr, Connor 28.80 31.28	JR	Seton High School	59.78	1:00.08 @	12
4 Wilson, Max 29.50 32.62	JR	Seton High School	1:02.11	1:02.12 @	11
5 Partridge, Luke 32.43 35.10	FR	Seton High School	1:08.53	1:07.53	10
6 Judge, Dominic	FR	Seton High School	1:09.12	1:09.07	9
7 Gade, William 35.96 38.01	SO	Immanuel Christian High School	1:14.40	1:13.97	7
8 Jang, Ian	FR	Trinity Christian School	1:20.95	1:22.43	5
9 Gilman, Bryce 41.88 47.85	JR	Trinity Christian School	1:32.71	1:29.73	4
--- Pearson, Nate	SR	Trinity Christian School	1:17.33	X1:13.49	
--- Taylor, JT Not on back off wall 43.12 49.76	FR	Immanuel Christian High School	1:45.01	DQ	
--- Riley, Jack Shoulders past vertical toward breast 44.25 58.73	FR	Immanuel Christian High School	1:48.99	DQ	

2024 VCAC Championship Meet - 2/10/2024**Results****Event 20 Girls 100 Yard Backstroke**

VCAC: 56.39 # 2/12/2023 Allie Witdoeckt TCS!

VISAA QT: 1:06.85 @

Seton: 55.62 + 2/16/2018 A. Kenna

TCSI!: 56.39 ! 2/11/2023 Allie Witdoeckt TCSI-VA

	Name	Yr	School	Seed Time	Finals Time	Points
1	Witdoeckt, Allie 27.82 29.24	SR	Trinity Christian School	56.39	57.06 @	16
2	Aldeguer, Ariana 29.84 31.71	FR	Seton High School	59.92	1:01.55 @	13
3	Rowan, Elliott 30.35 31.35	8	Oakcrest School Chargers	1:00.25	1:01.70 @	12
4	Ellis, Hannah 30.21 32.06	FR	Fredericksburg Christian High	1:01.56	1:02.27 @	11
5	Womack, Kristen 30.37 31.95	SR	Trinity Christian School	1:03.16	1:02.32 @	10
6	Miller, Molly 30.25 32.47	JR	Fredericksburg Christian High	1:01.70	1:02.72 @	9
7	Fifield, Haley 32.22 35.17	JR	Seton High School	1:07.60	1:07.39	7
8	Witdoeckt, Karis 32.82 35.45	JR	Trinity Christian School	1:07.68	1:08.27	5
9	Schlieter, Eloise 34.12 35.64	FR	Trinity Christian School	1:12.83	1:09.76	4
10	Cinotti, Emaline 35.12 37.84	8	Oakcrest School Chargers	1:12.23	1:12.96	3
11	Magee, Amelia 36.39 40.52	SO	Oakcrest School Chargers	1:18.66	1:16.91	2
12	Fifield, Kyleigh 37.59 39.68	FR	Seton High School	1:23.14	1:17.27	1
13	Anderson, Sarah 39.06 39.85	JR	Immanuel Christian High School	1:25.09	1:18.91	
14	Hurley, Elizabeth 38.46 41.37	UN	Seton High School	1:17.47	1:19.83	
15	Angarag, Alice 38.83 42.57	SO	Saint John Paul the Great Cath	1:20.33	1:21.40	
16	Miller, Ellie 42.29 44.78	SO	Saint John Paul the Great Cath	1:30.92	1:27.07	
17	Meadows, Morgan 44.72 43.41	FR	Fredericksburg Christian High	1:24.15	1:28.13	
18	Larson, Zoe 44.14 49.28	SO	Oakcrest School Chargers	1:33.26	1:33.42	
19	McCoppin, Kelly	JR	Saint John Paul the Great Cath	1:41.10	1:42.47	
---	Kattah, Kayla	JR	Saint John Paul the Great Cath	1:44.56	XDQ	
	Shoulders past vertical toward breast 51.57 55.41					
---	Conway, Sam	FR	Saint John Paul the Great Cath	1:26.72	NS	

2024 VCAC Championship Meet - 2/10/2024**Results****Event 21 Boys 100 Yard Breaststroke**

VCAC: 1:00.48 # 2/3/2024 Justin Kim TCS!

VISAA QT: 1:08.79 @

Seton: 58.53 + 1/27/2007 N. Cook

TCS!: 1:00.48 ! 2/3/2024 Justin Kim TCS!-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Koler, Eric 28.42 31.62	SO	Saint John Paul the Great Cath	1:02.96	1:00.04 #	16
2 Wolf, Moses 29.68 33.23	FR	Immanuel Christian High School	1:02.89	1:02.91 @	13
3 Nguyen, Andrew 31.65 36.15	JR	Seton High School	1:07.98	1:07.80 @	12
4 Cole, Carter 31.42 36.95	SR	Trinity Christian School	1:10.24	1:08.37 @	11
5 Robillard, Lucas 32.09 36.37	8	Trinity Christian School	1:09.29	1:08.46 @	10
6 Morillo, Caleb 31.39 37.29	SO	Immanuel Christian High School	1:09.21	1:08.68 @	9
7 Mantooth, Luke 32.09 37.90	SR	Seton High School	1:10.05	1:09.99	7
8 Koler, Evan 31.86 38.20	JR	Saint John Paul the Great Cath	1:11.21	1:10.06	5
9 Yu, Evan 33.38 39.15	FR	Trinity Christian School	1:14.95	1:12.53	4
10 Bauer, Greg 34.74 37.93	SO	Seton High School	1:16.30	1:12.67	3
11 Wang, Luke 33.75 39.21	SR	Trinity Christian School	1:11.54	1:12.96	2
12 Cala, Philip 34.35 38.99	SO	Saint John Paul the Great Cath	1:16.28	1:13.34	1
13 Konstanty, Peter 36.00 41.71	SR	Seton High School	1:17.31	1:17.71	
14 Lam, Micah 39.47 45.57	FR	Immanuel Christian High School	1:23.02	1:25.04	
15 Cunningham, Reid 41.03 47.62	SO	Saint John Paul the Great Cath	1:33.00	1:28.65	
16 White, Liam 46.08 54.77	SO	Immanuel Christian High School	1:38.93	1:40.85	
17 Priebe, Joey --- Pitner, Samuel One hand touch 43.33 48.01	SR FR	Fredericksburg Christian High Fredericksburg Christian High	2:40.69 1:32.98	2:42.46 DQ	
--- Nguyen, Karsten	FR	Saint John Paul the Great Cath	1:34.90	XNS	
--- Green, Thomas	8	Fredericksburg Christian High	1:27.66	SCR	

Event 22 Girls 100 Yard Breaststroke

VCAC: 1:06.36 # 2/12/2023 Elizabeth Bryan OAK

VISAA QT: 1:16.38 @

Seton: 1:05.77 + 2/18/2022 A. Testani

TCS!: 1:10.03 ! 1/6/2024 Liz Klanderma TCS!-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Bryan, Elizabeth 31.14 35.05	SO	Oakcrest School Chargers	1:03.26	1:06.19 #	16
2 Klanderma, Liz 33.14 37.24	JR	Trinity Christian School	1:10.03	1:10.38 @	13

2024 VCAC Championship Meet - 2/10/2024**Results****(Event 22 Girls 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Finals Time	Points
3	Koler, Isabella 34.40 38.63	SO	Saint John Paul the Great Cath	1:12.92	1:13.03 @	12
4	Condon, Clara 34.63 39.64	JR	Seton High School	1:12.03	1:14.27 @	11
5	Hsieh, Maggi 35.21 41.48	FR	Trinity Christian School	1:17.57	1:16.69	10
6	Waldron, Rose 35.66 43.27	JR	Seton High School	1:16.44	1:18.93	9
7	Halisky, Sophia 36.27 43.34	UN	Seton High School	1:20.28	1:19.61	7
8	Yoshihara, Teresa 35.88 43.90	FR	Oakcrest School Chargers	1:21.21	1:19.78	5
9	Williams, Maeve 38.87 42.61	JR	Saint John Paul the Great Cath	1:17.12	1:21.48	4
10	Bailey, Holly 38.74 43.20	SO	Trinity Christian School	1:26.72	1:21.94	3
11	Mochen, Catherine 38.81 43.18	JR	Oakcrest School Chargers	1:23.45	1:21.99	2
12	Zadnik, Maddie 38.71 45.26	SR	Seton High School	1:29.57	1:23.97	1
13	Connally, Bella 39.67 45.10	FR	Immanuel Christian High School	1:23.68	1:24.77	
14	Obeng, Stella 39.13 45.97	8	Oakcrest School Chargers	1:23.39	1:25.10	
15	Bang, Sophia 42.91 44.25	8	Trinity Christian School	1:27.77	1:27.16	
16	Blevins, Hannah 43.47 48.86	SO	Fredericksburg Christian High	1:36.00	1:32.33	
17	DuBois, Mariah 45.31 53.38	FR	Immanuel Christian High School	1:41.53	1:38.69	
18	Taliaferro, Isabel 53.21 54.72	UN	Immanuel Christian High School	1:49.24	1:47.93	
---	Kay, Sandra 38.36 43.91	SO	Saint John Paul the Great Cath	NT	X1:22.27	
---	Guenther, Louise 40.66 45.81	SR	Oakcrest School Chargers	1:27.40	X1:26.47	
---	Voith, Amy 40.05 46.44	FR	Saint John Paul the Great Cath	1:26.74	X1:26.49	
---	Nugent, Katie 45.58 52.28	JR	Oakcrest School Chargers	1:42.39	X1:37.86	
---	Conway, Sam	FR	Saint John Paul the Great Cath	1:32.48	XNS	
---	Szerszen, Catherine	FR	Oakcrest School Chargers	1:41.33	XNS	

2024 VCAC Championship Meet - 2/10/2024

Results

Event 23 Boys 400 Yard Freestyle Relay

VCAC: 3:23.52 # 2/3/2024

Trinity Christian School
C Wolf, C Fiala, M Wolf, J Wolf

TCS!

VISAA QT: 3:59.45 @

Seton: 3:17.05 + 2/19/2010

Hill, Cook, Dunn, Basinger

TCS!: 3:19.08 ! 2/19/2022

TCS! R. Hough, T. Phillips,
J. Kim, J. Kim

TCS!-VA

Team	Relay	Seed Time	Finals Time	Points
1 Trinity Christian School	A	3:29.10	3:18.86!	32
1) Yun, Noah SO	2) Witdoeck, Jo 8	3) Kim, Justin SR	4) Phillips, Tyler SO	
24.41 50.86 24.37	51.11 23.41 49.64	22.30 47.25		
2 Immanuel Christian High School	A	3:23.48	3:23.76 @	26
1) Wolf, Caleb SR	2) Fiala, Caleb FR	3) Wolf, Moses FR	4) Wolf, Joshua SR	
23.68 49.33 25.22	53.19 24.88 52.48	23.15 48.76		
3 Seton High School	A	3:27.74	3:39.05 @	24
1) Sokban, Daniel FR	2) Wilson, Max JR	3) Borneman, Joe JR	4) Nguyen, Andrew JR	
26.22 56.29 25.43	54.39 25.58 53.72	25.73 54.65		
4 Fredericksburg Christian High	A	3:54.62	3:55.43 @	22
1) Ryan, Nathan FR	2) Ogniek, Gabe SR	3) Ross, Andrew FR	4) Knewtson, Jack SR	
28.51 1:00.68 28.37	1:01.28 27.83 1:00.61	24.74 52.86		
--- Seton High School	B	3:38.67	X3:49.92 @	
1) Bauer, Greg SO	2) Martinez, Thiago UN	3) Konstanty, Peter SR	4) Halisky, Liam JR	
27.72 57.85 26.13	55.47 26.56 58.26	26.61 58.34		
--- Trinity Christian School	B	4:36.07	X4:02.48	
1) Abidin, Christian SR	2) Hoover, Caleb JR	3) Jang, Ian FR	4) Jang, Elliot SR	
28.52 1:00.55 28.76	1:00.84 30.87 1:05.95	25.33 55.14		
--- Immanuel Christian High School	B	4:13.52	X4:19.44	
1) Bluey, Ben FR	2) Burgess, Grey SO	3) Gade, William SO	4) Lam, Micah FR	
30.33 1:03.06 31.49	1:06.36 29.95 1:03.15	32.29 1:06.87		

Event 24 Girls 400 Yard Freestyle Relay

VCAC: 3:46.07 # 2/12/2023

Trinity Christian School
A Witdoeck, R Buff, A Wiggins, A Schlieter

TCS!

VISAA QT: 4:38.24 @

Seton: 3:40.51 + 2/19/2010

DoonisRogers,ClaybrooksDonohoe

TCS!: 3:44.00 ! 2/17/2023

TCS! A. Wiggins, A. Schlieter,
K. Womack, A. Witdoeck

TCS!-VA

Team	Relay	Seed Time	Finals Time	Points
1 Trinity Christian School	A	3:44.23	3:45.40 #	32
1) Wiggins, Allie SO	2) Bailey, Mary SR	3) Schlieter, Audrey SO	4) Witdoeck, Allie SR	
27.12 56.33 27.80	58.05 27.94 59.37	24.35 51.65		
2 Saint John Paul the Great Cath	A	3:52.35	3:52.62 @	26
1) Williams, Maeve JR	2) Koler, Isabella SO	3) Willis, Isa FR	4) Davis, Gianna JR	
29.94 1:03.14 27.90	59.05 27.50 57.40	25.51 53.03		
3 Oakcrest School Chargers	A	3:49.03	3:53.16 @	24
1) Rowan, Elliott 8	2) Cinotti, Emaline 8	3) McNichols, Mae Mae FR	4) Bryan, Elizabeth SO	
28.45 58.73 29.95	1:02.54 27.43 58.57	25.52 53.32		
4 Seton High School	A	3:54.99	3:57.30 @	22
1) Aldeguer, Ariana FR	2) Garvey, Anastasia SO	3) Fifield, Haley JR	4) Schroer, Maggie UN	
27.27 1:25.43	32.75 28.05 59.99	27.82 59.13		
5 Fredericksburg Christian High	A	4:07.94	4:02.37 @	20
1) Ellis, Hannah FR	2) Meadows, Payton SR	3) Baroody, Isabel SO	4) Miller, Molly JR	
28.03 58.09 30.86	1:05.29 23.51 1:00.51	26.95 58.48		

2024 VCAC Championship Meet - 2/10/2024**Results****(Event 24 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
6 Immanuel Christian High School	A	4:13.04	4:15.07 @	18
1) Myers, Lydia FR	2) Connally, Bella FR	3) Bruenjes, Anne UN	4) Shumate, Kate FR	
30.42 1:05.20 30.76	1:06.31 30.56 1:04.35	27.60 59.21		
--- Trinity Christian School	B	4:16.23	X4:12.27 @	
1) Gilbert, Maddie 8	2) Witdoeckt, Karis JR	3) Myers, Allie 8	4) Hsieh, Maggi FR	
29.51 1:03.49 29.81	1:04.19 28.38 1:01.31	29.16 1:03.28		
--- Fredericksburg Christian High	B	4:15.24	X4:13.79 @	
1) Miller, Evie FR	2) Sebero, Emmah SO	3) Roberson, Emma SO	4) Ryan, Gabbie SO	
28.03 58.48 30.43	1:04.81 31.02 1:06.80	29.37 1:03.70		
--- Seton High School	B	4:17.44	X4:16.01 @	
1) Kay, Philomena FR	2) Bingham, Lucia JR	3) Mantooth, Avila UN	4) Cunningham, Lucy JR	
29.96 1:02.84 29.28	1:03.05 30.76 1:06.58	29.69 1:03.54		
--- Oakcrest School Chargers	B	4:23.87	X4:18.77 @	
1) Heinrichs, Charlotte FR	2) McDonnell, Maddie SO	3) Magee, Amelia SO	4) Hazelwood, Lindley FR	
30.93 1:04.38 30.75	1:07.04 30.57 1:06.78	28.94 1:00.57		
--- Fredericksburg Christian High	C	4:50.00	X5:02.37	
1) Dahlberg, Catherine 8	2) Blevins, Colby SO	3) Meadows, Morgan FR	4) Chen, Alison 8	
33.68 1:09.81 37.20	1:17.15 38.92 1:20.69	35.78 1:14.72		

Scores - Women**Women - Team Rankings - Through Event 24**

1. Trinity Christian School	310	2. Seton High School	309
3. Oakcrest School Chargers	229	4. Saint John Paul the Great Cath	160
5. Fredericksburg Christian High	154	6. Immanuel Christian High School	77

Scores - Men**Men - Team Rankings - Through Event 24**

1. Seton High School	414	2. Trinity Christian School	299
3. Immanuel Christian High School	245	4. Saint John Paul the Great Cath	99
5. Fredericksburg Christian High	78		